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## Appendix A

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# Resources for Clinicians and Patients

We recommend that clinicians use the following resources for further learning, as well as for providing referrals and support for patients. Resources are organized by chapter topic.

### Chapter 1: Clinicians and the Care of Sexual Minorities, and Chapter 2: Demography and the LGBT Population

#### Literature on LGBT Health and Healthcare

- American Public Health Association.** Lesbian, gay, bisexual, and transgender health issues: selections from the American Journal of Public Health. American Public Health Association; 2001.
- Bonvicini KA, Perlin MJ.** The same but different: clinician-patient communication with gay and lesbian patients. *Patient Education and Counseling.* 2003;51:115-22.
- Centers for Disease Control and Prevention.** Sexual behavior and selected health measures: men and women 15-44 years of age, United States, 2002. Available at <http://www.cdc.gov/nchs/products/pubs/pubd/ad/361-370/ad362.htm>.
- Dean L, Meyer IH, Robinson K, et al.** Lesbian, gay, bisexual, and transgender health: findings and concerns. *Journal of the Gay and Lesbian Medical Association.* 2000;4:101-51.
- Diamant AL, Wold C, Spritzer K, et al.** Health behaviors, health status, and access to and use of health care: a population-based study of lesbian, bisexual, and heterosexual women. *Archives of Family Medicine.* 2000;9:1043-51.
- Gay and Lesbian Medical Association.** Healthy People 2010: Companion Document for Gay, Lesbian, Bisexual, and Transgender Health. San Francisco, CA; 2001. Available at <http://www.glma.org>.
- Harcourt J, ed.** Current Issues In Lesbian, Gay, Bisexual, and Transgender Health. Haworth Press; 2004.
- Institute of Medicine, Solarz AL, eds.** Lesbian Health: Current Assessment and Directions for the Future. The National Academies Press; 1999.
- Kaiser Permanente National Diversity Council and the Kaiser Permanente National Diversity Department.** A Provider's Handbook on Culturally Competent Care: Lesbian, Gay, Bisexual and Transgendered Population. San Francisco CA; 2000.
- Knight D.** Health care screening for men who have sex with men. *Am Fam Physician.* 2004;69:2149-56.
- Makadon HJ.** Improving health care for the lesbian and gay communities. *N Engl J Med.* 2006;354:895-7.
- Makadon H.** Primary care of gay men. UpToDate 2006, Version 14.2.

- Makadon HJ, Mayer KH, Garofalo R.** Optimizing primary care for men who have sex with men. *JAMA*. 2006;296:2362-5.
- Meyer IH.** Prejudice, social stress, and mental health in lesbian, gay and bisexual populations: conceptual issues and research evidence. *Psychological Bulletin*. 2003;129:674-7.
- Meyer IH, Northridge ME, eds.** *The Health of Sexual Minorities: Public Health Perspectives on Lesbian, Gay, Bisexual and Transgender Populations*. Springer; 2006. Includes: Mayer K, Mimiaga M, VanDerwarker R, et al. Fenway Community Health's model of integrated community-based LGBT care, education and research.
- National Lesbian and Gay Health Association and Mautner Project for Lesbians with Cancer.** Removing barriers to health care for lesbian, gay, bisexual, and transgendered clients: a model provider education program; 1997.
- Peterkin A, Risdon C.** *Caring for Lesbian and Gay People: A Clinical Guide*. University of Toronto Press; 2003.
- Potter JE.** Do ask, do tell. *Annals Internal Medicine*. 2002;137:341-3.
- White J, Levinson W.** Primary care of lesbian patients. *J Gen Int Med*. 1993;8:41-7.
- Wolitski R, Stall R, Valdiserri R, eds.** *Unequal Opportunity: Health Disparities Among Gay and Bisexual Men in the United States*. Oxford University Press; in press.

## Background Reading on LGBT Populations

- Faderman L.** *Odd Girls and Twilight Lovers: A History of Lesbian Life in the Twentieth Century*. Penguin; 1992.
- Duberman M.** *About Time: Exploring the Gay Past*. Plume; 1991.
- Feinberg L.** *Transgender Warriors: Making History from Joan of Arc to Dennis Rodman*. Beacon Press; 1997.
- Hutchins L, Kaahumanu L, eds.** *Bi Any Other Name: Bisexual People Speak Out*. Alyson Publications; 1991.
- Ochs R, Rowley SE.** *Getting Bi: Voices of Bisexuals Around the World*. Bisexual Resources Center; 2005.

## General LGBT Health Web Sites

### **GayHealth**

<http://www.gayhealth.com>

### **GLBT Health from the Department of Public Health, Seattle and King County, WA**

<http://www.metrokc.gov/health/glbtc>

### **Gay and Lesbian Medical Association**

<http://www.glma.org>

### **LGBTHealthChannel**

<http://www.lgbthealthchannel.com>

### **The Mautner Project**

<http://www.mautnerproject.org>

### **National Coalition for LGBT Health**

<http://www.lgbthealth.net>

## General LGBT Information and Support Web Sites

### **Bisexual Resource Center**

<http://www.biresource.org>

### **Gaydata.org**

<http://www.gaydata.org>

### **Human Rights Campaign**

<http://www.hrc.org>

### **National Gay and Lesbian Task Force**

<http://www.thetaskforce.org>

### **National Association of LGBT Community Centers**

<http://www.lgbtcenters.org>

### **Parents, Families, and Friends of Lesbians and Gays**

<http://www.pflag.org>

## LGBT Health Centers

The following list of health centers have a principal mission to provide primary care to LGBT communities. Please note that this is a partial list and that many more healthcare facilities, clinical practices, and hospitals across the nation have expertise, or are developing expertise, in LGBT care.

### **Fenway Community Health, Boston, Mass**

<http://www.fenwayhealth.org>

(617) 267-0900

### **Callen-Lorde Community Health Center, New York, NY**

<http://www.callen-lorde.org>

(212) 271-7200

### **Whitman-Walker Clinic, Washington, DC**

<http://www.wwc.org>

(202) 797-3500

### **Chase-Brexton Health Services, MD**

<http://www.chasebrexton.org>

### **Howard Brown Health Center, Chicago, Ill**

<http://www.howardbrown.org>

(773) 388-1600

### **Montrose Clinic, Houston, TX**

<http://www.montroseclinic.org>

(713) 830-3000

### **L.A. Gay and Lesbian Center, Los Angeles, Calif**

<http://www.lagaycenter.org>

(323) 993-7400

## Resources for LGBT Racial and Ethnic Minorities

### **FO' brothas.com**

<http://www.fobrothas.com>

### **The Gay and Lesbian Latino AIDS Education Initiative, Philadelphia, Penn**

<http://www.galaei.org>

### **Gay Asian Pacific Support Network, San Francisco, Calif**

<http://www.gapsn.org>

### **Gay Asian Pacific Alliance**

<http://www.gapa.org>

### **Hispanic AIDS Forum, New York, NY**

<http://www.hafnyc.org>

### **Latin American Health Institute, Boston, Mass**

<http://www.lhi.org>

### **Latino Gays and Lesbians Online**

<http://www.latinoglo.com>

### **List of organizations that specialize in healthcare for black gay men and lesbians**

<http://www.blk.com/resources/o-health.htm>

### **QV Magazine: Links to Latino LGBT agencies and support organizations**

<http://www.qvmagazine.com/gaylatinolinks.html>

### **Utopia: Asian Gay and Lesbian Resources**

<http://www.utopia-asia.com/>

## LGBT Support Hotlines

### **Gay, Lesbian, Bisexual and Transgender Helpline**

(888) 340-4528

Monday through Friday, 6pm-11pm, Eastern Time

Serves all ages. Provides information, referrals, and support on coming out, HIV/AIDS, safer sex and relationships, and locating GLBT groups and services

### **Peer Listening Line (staffed by youth 25 and under)**

(800) 399-PEER

Monday through Friday, 6pm-11pm, Eastern Time

Staffed by youth 25 and under. Provides information, referrals, and support on coming out, HIV/AIDS, safer sex and relationships, and locating GLBT groups and services

**GLBT National Help Center Hotline**

(888) the-GLNH

Monday through Friday, 4pm-midnight, Eastern Time

Saturday, 12pm-5pm, Eastern Time

Serves all ages. Provides peer counseling, information and local resources

**GLBT National Youth Hotline**

(800) 246-PRIDE

Monday through Friday, 8pm-midnight, Eastern Time

Staffed by youth 25 and under. Provides peer counseling, information and local resources

## Chapter 3: Coming Out: The Process of Forming a Positive Identity

### Books About the Coming Out Experience

**Bass E, Kaufman K.** *Free Your Mind: The Book for Gay, Lesbian, and Bisexual Youth and Their Allies.* HarperCollins; 1996.

**Boenke M, ed.** *Trans-Forming Families: Real Stories about Transgendered Loved Ones.* Walter Troom; 1999.

**Borhek MV.** *Coming Out to Parents: A Two-way Survival Guide for Lesbians and Gay Men and Their Parents.* The Pilgrim Press; 1993.

**Fortunato J.** *Embracing the Exile: Healing Journeys for Gay Christians.* Seabury Press; 1982.

**Fricke A.** *Reflections of a Rock Lobster: A Story of Growing up Gay.* Consortium Book Sales & Dist, 1995.

**Griffin CW, Wirth MJ, Wirth AG.** *Beyond Acceptance: Parents of Lesbians & Gays Talk About Their Experiences.* St. Martin's Press; 1996.

**Holmes S, Tust J.** *Testimonies: Lesbian and Bisexual Coming Out Stories.* Alyson Publications; 2002.

**Kailey M.** *Just Add Hormones: An Insiders Guide to the Transsexual Experience.* Beacon Press; 2005.

**Miner J, Connoley JT.** *The Children Are Free: Reexamining the Biblical Evidence on Same-sex Relationships.* Jesus Metropolitan Community Church; 2002.

**Penelope J, Wolfe SJ.** *The Original Coming Out Stories.* Crossing Press; 1989.

**Pierce Buxton A.** *The Other Side of the Closet: the Coming Out Crisis for Straight Spouses and Families.* John Wiley and Sons; 1994.

**Signorili M.** *Outing Yourself: How to Come Out As Lesbian or Gay to Your Family, Friends and Coworkers.* Fireside; 1995.

### Coming Out: Organizations and Web sites

**Parents, Family and Friends of Lesbians and Gays (PFLAG)**

<http://www.pflag.org>

**Human Rights Campaign—Coming Out Pages**

[http://hrc.org/Template.cfm?Section=Coming\\_Out](http://hrc.org/Template.cfm?Section=Coming_Out)

**Web sites with coming out stories:**

<http://www.comingoutstories.com>

<http://www.rslevinson.com/gaylesissues/comingoutstories/blcoming.htm>

<http://www.avert.org/comingoutstories.htm>

<http://www.lesbianworlds.com/out/>

<http://www.outpath.com/>

<http://www.bibble.org/gay/stories/comingout.html>

## Chapter 4: Addressing LGBTQ Youth in the Clinical Setting

### Literature on the Care of LGBTQ Youth

**Ryan CC, Futterman D.** Lesbian and Gay Youth: Counseling and Care. Columbia University Press; 1998.

**Perrin E.** Sexual Orientation in Child and Adolescent Health Care. Springer; 2002.

### Organizations and Web Sites for Youth

**Afraidtoask.com**

<http://www.afraidtoask.com>

**Advocates for Youth**

<http://www.advocatesforyouth.org>

(202) 419-3420

**Campus Pride**

<http://www.campuspride.org>

(704) 277-6710

**Gay, Lesbian & Straight Education Network (GLSEN)**

<http://www.glsen.org>

(212) 727-0135

**Gay-Straight Alliance Network**

<http://www.gsanetwork.org>

(415) 552-4229

**The Hetrick-Martin Institute, Home of the Harvey Milk High School**

<http://www.hmi.org>

(212) 674-2400

**Lavender Youth Recreation and Information Center (LYRIC)**

<http://www.lyric.org>

(415) 703-6150

**The National Youth Advocacy Coalition (NYAC)**

<http://www.nyacyouth.org>

(800) 541-6922

Office: (202) 319-7596

**Sexual Minority Youth Assistance League (SMYAL)**

<http://www.smyal.org>  
(202) 546-5940

**Youth Resource**

<http://www.youthresource.com>  
(202) 419-3420

**Teenwire.com**

<http://www.teenwire.com>

**Youth Guardian Services**

<http://www.youth-guard.org>  
(877) 270-5152

**Hotlines for Youth**

**GLBT National Youth Hotline**

(800) 246-PRIDE  
Monday through Friday, 8pm-Midnight, Eastern Time

**National Runaway Switchboard**

(800) 231-8946  
24 hour; 7 days/week

**Peer Listening Line**

(800) 399-PEER  
Monday through Friday, 6pm-11 pm, Eastern Time

**Trevor Helpline Crisis Intervention for LGBTQ Youth**

(800) 850-8078  
24 hour; 7 days/week

## **Chapter 5: LGBT Couples and Families with Children**

### **Literature on LGBT Couples and Families**

*LGBT Couples*

**Boyd H.** *My Husband Betty: Love, Sex, and Life with a Crossdresser.* Thunder Mouth's Press; 2003.

**Clunis DM, Green GD.** *Lesbian Couples: A Guide to Creating Healthy Relationships.* Seal Press; 2005.

**Erhardt V.** *Head Over Heels: Wives Who Stay with Cross-Dressers and Transsexuals.* The Hayworth Press; 2007.

**Lahey KA, Alderson K.** *Same-Sex Marriage: The Personal and the Political.* Insomniac Press; 2004.

*LGBT Parents and Prospective Parents*

**Aizley H.** *Buying Dad: One Woman's Search for the Perfect Sperm Donor.* Alyson Publications; 2003.

- Aizley H.** *Confessions of the Other Mother: Non-Biological Lesbian Mothers Tell All.* Beacon Press; 2006.
- Alternative Families Project.** *Children, Lesbians, and Men: Men's Experiences as Known and Anonymous Sperm Donors.* Men's Resource Center of Western Massachusetts; 1994. To order, write to The Alternative Families Project, 442 Warren Wright Road, Belchertown, MA 01007.
- Benkov L.** *Reinventing the Family: The Emerging Story of Lesbian and Gay Parents.* Crown Trade Paperbacks; 1994.
- Boenke M.** *Trans Forming Families: Real Stories about Transgendered Loved Ones.* Walter Trook Publishing; 1999.
- Brill S.** *The New Essential Guide to Lesbian Conception, Pregnancy & Birth.* Alyson Books; 2006.
- Brill S.** *The Queer Parent's Primer: A Lesbian and Gay Families' Guide to Navigating the Straight World.* New Harbinger Publications; 2001.
- Chan RW, Raboy B, Patterson CJ.** Psychosocial adjustment among children conceived via donor insemination by lesbian and heterosexual mothers. *Child Development.* 1998;69:443-57.
- Coll CG, Surrey JL, Weingarten K, eds.** *Mothering Against the Odds: Diverse Voices of Contemporary Mothers.* The Guilford Press; 1998.
- Ehrensaft D.** *Mommies, Daddies, Donors, Surrogates: Answering Tough Questions and Building Strong Families.* The Guilford Press; 2005.
- Galluccio J, Galluccio M.** *An American Family.* St. Martin's Press; 2001.
- Garner A.** *Families Like Mine: Children of Gay Parents Tell It Like It Is.* HarperCollins; 2004.
- Hicks S, McDermott J.** *Lesbian and Gay Fostering and Adoption: Extraordinary Yet Ordinary.* Jessica Kingsley Publishers; 1999.
- Howey N, Samuels E.** *Out of the Ordinary: Essays on Growing Up with Gay, Lesbian, and Transgender Parents.* St. Martin's Press; 2000.
- Johnson S, O'Connor E.** *For Lesbian Parents: Your Guide to Helping Your Family Grow Up Happy, Healthy, and Proud.* Guilford Press; 2001.
- Lev A.** *The Complete Lesbian and Gay Parenting Guide.* Berkley Books; 2004. (More inclusive of transgender parents than many other books on the subject.)
- Mallon GP.** *Gay Men Choosing Parenthood.* Columbia University Press; 2004.
- McGarry K.** *Fatherhood for Gay Men: An Emotional and Practical Guide to Becoming a Gay Dad.* Haworth Press; 2003.
- Melina L.** *Making Sense of Adoption: Conversations and Activities for Families Formed Through Adoption, Donor Insemination, Surrogacy and In Vitro Fertilization.* Harper & Row; 1989.
- Pepper R.** *The Ultimate Guide to Pregnancy for Lesbians: How to Stay Sane and Care for Yourself from Preconception Through Birth.* Cleis Press Inc.; 2005.
- Pies C.** *Considering Parenthood.* Spinsters, Inc.; 1988.
- Rizzo C, et al, eds.** *All The Ways Home: Parenting and Children in the Lesbian and Gay Communities: A Collection of Short Fiction.* New Victoria Publishers, Inc.; 1995.
- Saffron L.** *It's A Family Affair: The Complete Lesbian Parenting Book.* Diva Books; 2001.
- Savage D.** *The Kid: What Happened After My Boyfriend and I Decided To Go Get Pregnant.* Penguin Putnam, Inc.; 2000.
- Slater S.** *The Lesbian Family Life Cycle.* Free Press; 1995.
- Snow JE.** *How It Feels to Have Gay and Lesbian Parents: A Book by Kids for Kids of All Ages.* Harrington Park Press; 2004.
- Strah D, Margolis S.** *Gay Dads: A Celebration of Fatherhood.* Penguin Group; 2003.

*Children of LGBT Parents*

**Elwin R, Paulse M.** *Asha's Mums*. Women's Press; 1990.

**Jeness A.** *Families: A Celebration of Diversity, Commitment and Love*. Houghton Mifflin; 1990.

**Newman L, Crocker R.** *Gloria Goes to Gay Pride*. Alyson Press; 1991.

**Newman L.** *Heather Has Two Mommies*. Alyson Publications; 1990.

**Valentine J.** *One Dad, Two Dads, Brown Dads, Blue Dads*. Alyson Press; 1994.

**Valentine J.** *The Daddy Machine*. Alyson Press; 1992.

**Valentine J.** *Two Moms, The Zark, and Me*. Alyson Press; 1993.

**Willhoite M.** *Daddy's Roommate*. Alyson Press; 1990.

## Videos on LGBT Couples and Families

**Both of My Moms' Names Are Judy.** Lesbian and Gay Parents Association; 1995. Available from (415) 522-8773, lgpasf@aol.com

**Lifetime Commitment: A Portrait of Karen Thompson.** Kiki Zeldes; 1994. Available from New Day Films, 22-D Hollywood Avenue, Ho-ho-kus, NJ 07423, (201) 652-6590:

**It's Elementary: Talking About Gay Issues in School.** Debra Chasnoff & Helen S. Cohen; 1996.

**That's a Family!** Debra Chasnoff & Helen S. Cohen; 2000.

## Organizations and Web Sites for LGBT Couples and Families

**Alternative Family Matters**

<http://www.alternativefamilies.org>

(617) 576-6788

**COLAGE: Children of Lesbians and Gays Everywhere**

<http://www.colage.org>

(415) 861-KIDS

**Families like Ours**

<http://www.familieslikeours.org>

(206) 441-7602

**Family Diversity Projects Inc.**

<http://www.familydiv.org>

(413) 256-0502

**Family Pride Coalition**

<http://www.familypride.org>

(202) 331-5015

**Freedom to Marry**

<http://www.freedomtomarry.org>

(212) 851-8418

**Human Rights Campaign—FamilyNet**

<http://www.hrc.org/familynet>

(202) 628-4160

**Organization of Parents Through Surrogacy (OPTS)**

(847) 782-0224

<http://www.opts.com>

**Parents, Family and Friends of Lesbians and Gays (PFLAG)**

<http://www.pflag.org>

(202) 467-8180

**Prospective Queer Parents**

<http://www.queerparents.org>

**Rainbow Families**

<http://www.rainbowfamilies.org>

(612) 827-7731

**Straight Spouse Network**

<http://www.ssnetwk.org>

(510) 595-1005

**Women's Educational Media**

<http://www.womedia.org>

(415) 641-4616

(800) 405-3322

Alternative Insemination Resources

**Fenway Community Health, Alternative Insemination Program**

<http://www.fenwayhealth.org>

(617) 927-6243

**California Cryobank Inc.**

<http://www.cryobank.com>

**New England Cryogenic Center**

<http://www.necryogenic.com>

**The Sperm Bank of California**

<http://www.thespermbankofca.org>

**Xytex Corporation**

<http://xytex.com>

## Chapter 6: Late Adulthood and Aging: Clinical Approaches

### Organizations and Web Sites on Aging

**American Society on Aging: Lesbian & Gay Aging Issues Network**

<http://www.asaging.org/LGAIN>

**The Gay and Lesbian Association of Retiring Persons TM (GLARP)**

<http://www.gaylesbianretiring.org>  
(310) 709-8743 or (310) 722-1807

**Gay and Lesbian Elder Housing**

<http://www.gleh.org>  
(323) 954-3900

**The LGBT Aging Project: Older Lesbian Energy**

<http://www.lgbtagingproject.org/ole.php>  
(781) 275-7701

**National Gay and Lesbian Task Force: Aging Issues**

<http://www.ngltf.org>

**Primetimers**

<http://members.aol.com/gendervariant/prime/>

**Senior Action in a Gay Environment (SAGE)**

<http://www.sageusa.org>  
(212) 741-2247

**Stonewall Communities (senior housing)**

<http://www.stonewallcommunities.com>  
(617) 369-9090

## **Chapter 7: Health Promotion and Disease Prevention**

### **Health Promotion Organizations and Web Sites**

**US Preventive Services Task Force (USPSTF)**

<http://www.ahrq.gov/clinic/uspstfix.htm>

**Guide to Community Preventive Services: Evidence-based recommendations for programs and policies to promote population health.**

<http://www.thecommunityguide.org>

**The Mautner Project, the National Lesbian Health Center**

<http://www.mautnerproject.org>

**Put Prevention Into Practice: A Step-by-Step Guide to Delivering Clinical Preventive Services: A Systems Approach**

<http://www.ahrq.gov/ppip/manual>

## LGBT Smoking Cessation Programs

### **Gay American Smokeout**

<http://www.gaysmokeout.net>  
(206) 938-8828

### **The Last Drag, San Francisco**

<http://www.lastdrag.org>  
(415) 339-7867

### **The LGBT Smoke-Free Project, LGBT Community Center**

<http://www.gaycenter.org>  
(212) 620-7310

### **QueerTIPs for LGBT Smokers, A Stop Smoking Class for LGBT Communities**

Contact Greg Greenwood at (415) 597-9164 or email  
[ggreenwood@psg.ucsf.edu](mailto:ggreenwood@psg.ucsf.edu).

### **Smoking Cessation Program, LA Gay and Lesbian Center**

<http://www.lagaycenter.org>  
(323) 860-7305

## Chapter 8: Mental Health: Epidemiology, Assessment, and Treatment

### Literature on LGBT Mental Health

**Browning C, Reynolds AL, Dworkin SH.** Affirmative psychotherapy for lesbian women. *The Counseling Psychologist*. 1991;19:177-95.

**Cabaj RP, Stein TS, eds.** *Textbook of Homosexuality and Mental Health*. American Psychiatric Publishing; 1996.

**Davies D, Neal C.** *Therapeutic Perspectives on Working with Lesbian, Gay and Bisexual Clients*. Open University Press; 2000.

**Domenici T, Lesser RC, eds.** *Disorienting Sexuality*. Routledge; 1995.

**Drescher J.** *Psychoanalytic Therapy and the Gay Man*. Analytic Press; 1998.

**Group for Advancement of Psychiatry (GAP), Committee on Human Sexuality.** *Homosexuality and the Mental Health Professions: The Impact of Bias*. Analytic Press; 2000.

**Jones BE, Hill MJ, eds.** *Mental Health Issues in Lesbian, Gay, Bisexual and Transgender Communities*. *Review of Psychiatry*. 2002;21:4. Oldham JM, Riba MB, series editors, American Psychiatric Publishing.

**Magee M, Miller DC.** *Lesbian Lives: Psychoanalytic Narratives Old & New*. Analytic Press; 1997.

**Martell C, Safren S, Prince S.** *Cognitive Behavioral Therapy with Lesbian, Gay and Bisexual Clients*. The Guilford Press; 2004.

**Omoto A, Kurtzman H.** *Sexual Orientation and Mental Health*. American Psychological Association; 2006.

**Perez R, DeBord K, Bieschke K.** *Handbook of Counseling and Psychotherapy with Lesbian, Gay and Bisexual Clients*. American Psychological Association; 2000.

**Shannon JW, Woods WJ.** Affirmative psychotherapy for gay men. *The Counseling Psychologist*. 1991;19:197-215.

**Shidlo A, Schroeder, M, Drescher J, eds.** *Sexual Conversion Therapy: Ethical, Clinical, and Research Perspectives*. Haworth; 2001.

## Mental Health Organizations and Web Sites

### **American Psychological Association (APA)**

Lesbian, Gay, & Bisexual Concerns Office

<http://www.apa.org/pi/lgbic>

(202) 336- 6041

### **Association for Gay, Lesbian, & Bisexual Issues In Counseling**

<http://www.aglbic.org>

### **Association of Gay and Lesbian Psychiatrists (AGLP)**

<http://www.aglp.org>

(215) 222-2800

### **Gay and Lesbian International Therapist Search Engine (GLITSE)**

<http://www.glitse.com>

### **National Association of Social Workers (NASW)**

National Committee on Lesbian, Gay, & Bisexual Issues

<http://www.socialworkers.org>

(202) 408-8600

## Chapter 9: Substance Use and Abuse

### Literature on Substance Abuse

**A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals.** US Department of Health and Human Services. Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment. 2001. DHHS Publication No. (SMA) 01-3498. Available at <http://www.nalgap.org/PDF/Articles/csat.pdf>.

**Kettelhack G.** *Vastly More Than That: Stories of Lesbians & Gay Men in Recovery*. Hazelden; 1999.

**Kominars K.** *Accepting Ourselves and Others—A Journey Into Recovery From Addictive and Compulsive Behaviors for Gays, Lesbians, and Bisexuals*. Hazelden; 1996.

**NALGAP 1994 Prevention Policy Statement and Prevention Guidelines.** National Association for Gay and Lesbian Addiction Professionals; 1994. Available at [http://www.nalgap.org/PDF/Resources/NALGAP\\_94\\_Prev\\_Policy\\_Guidelines.pdf](http://www.nalgap.org/PDF/Resources/NALGAP_94_Prev_Policy_Guidelines.pdf)

### Substance Abuse Organizations and Web Sites

#### **National Association for Gay and Lesbian Addiction Professionals**

<http://www.nalgap.org>

(703) 465-0539

**National Institute on Drug Abuse**

<http://www.nida.nih.gov>  
(301) 443-1124

**Substance Abuse & Mental Health Services Administration**

<http://www.samhsa.gov>  
(202) 619-0257

Alcohol and Drug Treatment Facilities  
Specializing in LGBT Populations

**Alternatives: Gay treatment of drugs and alcohol abuse, depression, mental illness, or anxiety, Los Angeles, CA**

<http://www.alternativesinc.com>  
(800) Dial-Gay

**Fenway Community Health: Mental health and addiction services, Boston, MA**

<http://www.fenwayhealth.org>  
(617) 927-6202

Includes counseling, acupuncture detox program, and support groups.

**Freedom Rings at Lakeview Health, Jacksonville, FL**

<http://www.gay-rehab.com>  
(800) 231-1820

Drug and alcohol rehabilitation for LGBT people.

**Pride Institute (multiple locations)**

<http://www.pride-institute.com>  
(800) 547-7433

Hours: 24 hours/day, 7 days/week

Chemical dependency/mental health referral and information hotline for lesbian, gay, bisexual, and transgender communities.

## **Chapter 10: Trauma and Violence: Recognition, Recovery, and Prevention**

### Literature on Violence Prevention

#### *Domestic Violence*

**Island D, Letellier P.** Men Who Beat the Men Who Love Them. Haworth Press; 1991.

**Leventhal B, Lundy S, eds.** Same-Sex Domestic Violence: Strategies for Change. Sage; 1999.

**Lobel K, ed.** Naming the Violence: Speaking out about Lesbian Battering. Seal Press; 1986.

**McClellan JC, Gunther J, eds.** A Professional Guide to Understanding Gay and Lesbian Domestic Violence. Edwin Mellen Press; 1999.

**Pitt E, Dolan-Soto D.** Clinical considerations in working with victims of same-sex domestic violence. Journal of the Gay and Lesbian Medical Association. 2001;5(4):163-9.

- Renzetti CM.** Violent Betrayal: Partner Abuse in Lesbian Relationships. Sage Publications; 1992.
- Ristock JL.** Responding to lesbian relationship violence: an ethical challenge. In: Tutty L, Goard C, eds. Reclaiming Self: Issues and Resources for Women Abused by Intimate Partners. Fernwood Publishing; 2002.
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### *Hate Crimes*

- DeCecco JP, ed.** Bashers, Baiters & Bigots: Homophobia in American Society. Harrington Park Press; 1985.
- Herek GM, Berrill KT, eds.** Hate Crimes: Confronting Violence Against Lesbians and Gay Men. Sage; 1992.
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- Forum with Michael Krasny on Hate Crimes Against Gays, Lesbians, Bisexuals, and Transgenders, Featuring Greg Herek, Podcast on KQED-FM Northern California.** Broadcast on July 18, 2006. Available at <http://www.kqed.org/epArchive/R607180900>.

### *Sexual Assault*

- Scarce M.** Male on Male Rape: The Hidden Toll of Stigma and Shame. Basic Books; 1997.
- When Men Are Raped.** Columbus OH: Ohio State University Rape Education and Prevention Program; 1997. Available from 464 Ohio Union, 1739 High Street, Columbus OH 43210.

## Violence Prevention Organizations and Web Sites

### **Family Violence Prevention Fund**

<http://www.fvpf.org>  
(415) 252-8900

### **Fenway Community Health, Violence Recovery Program.**

<http://www.fenwayhealth.org>.  
(617) 927-6250

### **Gay Men's Domestic Violence Project**

<http://www.gmdvp.org>  
(617) 354-6056

### **Hatecrime.org**

<http://www.hatecrime.org>

### **MaleSurvivor**

<http://www.malesurvivor.org>

### **National Coalition of Anti-Violence Programs, New York, NY**

<http://www.ncavp.org>  
(212) 714-1184

**National Domestic Violence Hotline**

1-800-799-7233 (24 hours)

<http://www.ndvh.org>

**National Gay and Lesbian Task Force**

<http://thetaskforce.org>

(202) 393-5177

**The Network/La Red: Ending abuse in lesbian, bisexual women's and transgender communities.**

<http://www.thenetworklared.org>

(617) 695-0877

**Rape, Abuse, Incest National Network**

<http://www.rainn.org>

(202) 544-1034

**Sexual Assault Hotline**

(800) 656-HOPE (24 hours)

## Chapter 11: Sexual Health

### Literature on Sexual Health

**Caster W, Kramer BR, May J.** *The Lesbian Sex Book: A Guide for Women Who Love Women.* 2nd ed. Alyson Publications; 2003.

**Massachusetts Department of Public Health, The Fenway Institute.** Prevention and management of sexually transmitted diseases in men who have sex with men: a toolkit for clinicians, 2004. Available at [www.aidsetc.org/pdf/p02-et/et-17-00/msm\\_toolkit.pdf](http://www.aidsetc.org/pdf/p02-et/et-17-00/msm_toolkit.pdf).

**Silverstein C, Picano F.** *The Joy of Gay Sex: Revised and Expanded.* 3rd ed. HarperCollins; 2004.

### Sexual Health Organizations and Web Sites

**The Body: The Complete HIV/AIDS Resource.**

<http://www.thebody.com>

Safer sex guidelines and resources: <http://www.thebody.com/safesex/safer.html>

**Centers for Disease Control and Prevention**

Sexually Transmitted Infections, including updated treatment guidelines:

<http://www.cdc.gov/std>

Revised guidelines for HIV testing, counseling and referral: <http://www.cdc.gov/MMWR/preview/mmwrhtml/rr5019a1.htm>

**GayHealth.com**

<http://www.gayhealth.com>

STI information: <http://www.gayhealth.com/templates/sex/std/index.html>

**HIVInsite**

<http://www.hivinsite.ucsf.edu>

**LesbianSTD.com**

<http://www.lesbianstd.com>

**National and state AIDS hotlines from [aidshotline.org](http://www.aidshotline.org) (list)**

[http://www.aidshotline.org/crm/asp/refer/state\\_hotlines.asp](http://www.aidshotline.org/crm/asp/refer/state_hotlines.asp)

**National Minority AIDS Council**

<http://www.nmac.org>

(202) 483-6622

**National CDC STD/HIV Hotline**

(800) 342-2437

**National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention**

<http://www.cdc.gov/nchstp/od/nchstp.html>

**Project Inform**

<http://www.projectinform.org>

Hotline: 800-822-7422

## Chapter 12: Introduction to Transgender Identity and Health; and Chapter 13: Medical and Surgical Management of the Transgender Patient

### Literature on Transgender Health

**Brown ML, Rounsley CA.** *True Selves: Understanding Transsexualism—For Families, Friends, Coworkers, and Helping Professionals.* Jossey-Bass; 2003.

**Feldman JL, Goldberg J.** *Transgender Primary Medical Care: Suggested Guidelines for Clinicians in British Columbia Vancouver Coastal Health.* Vancouver, BC; 2006. Available at <http://www.vch.ca/transhealth/resources/library/tcpdocs/guidelines-primcare.pdf>.

**Harry Benjamin International Gender Dysphoria Association.** *The standards of care for gender identity disorders.* 6th Version, 2001. Available at <http://www.wpath.org/Documents2/socv6.pdf>.

**Israel GE, Tarver DE.** *Transgender Care: Recommended Guidelines, Practical Information and Personal Accounts.* Temple University Press; 1997.

**International Journal of Transgenderism.** The official journal of the World Professional Association for Transgender Health. Available at <http://www.haworthpress.com/store/product.asp?sku=J485>.

**Leli U, Drescher J, eds.** *Transgender Subjectivities: A Clinician's Guide.* Haworth Press; 2004.

**Lev AI.** *Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and Their Families.* Haworth Press; 2004.

### Transgender Personal Stories

**Bornstein K.** *Gender Outlaw: On Men, Women, and the Rest of Us.* Vintage; 1995.

**Finney Boylan J.** *She's Not There: A Life in Two Genders.* Broadway Books; 2003.

**Green J.** *Becoming a Visible Man.* Vanderbilt University; 2004.

## Transgender Health Organizations and Web Sites

### **Fenway Community Health: Transgender Health Program**

<http://www.fenwayhealth.org>

(617) 927-6223

### **Notes on Gender Role Transition by Ann Vitale, PhD**

<http://www.avitale.com>

### **International Foundation for Gender Education**

<http://www.ifge.org>

(781) 899-2212

### **Transgender Care**

<http://www.transgendercare.com>

### **Transsexual Women's Resources**

<http://www.annelawrence.com/twr>

### **The World Professional Association for Transgender Health, Inc. (formerly HBGDA)**

<http://www.wpath.org>

(612) 624-9397

## Transgender Education and Advocacy Organizations and Web sites

### **Alliance for Gender Awareness**

<http://www.genderawareness.com>

(877) GENDER 1

### **Gender Public Advocacy Coalition**

<http://www.gpac.org>

(202) 462-6610

<http://www.gender.org>

### **National Center for Transgender Equality**

<http://www.nctequality.org>

(202) 903-0112

### **Transgender Law and Policy Institute**

<http://www.transgenderlaw.org>

Email: [query@transgenderlaw.org](mailto:query@transgenderlaw.org)

## Transgender Support Organizations and Web Sites

### **Compass (New England female-to-male transgender group)**

<http://geocities.com/ftmcompass>  
(781) 899-2212

**Becky Allison, MD, Friends and Family Issues**

<http://www.drbecky.com/trans.html>

**FTM International**

<http://www.ftmi.org>

**Hudson's FTM Comprehensive Resource Guide**

<http://www.ftmguide.org>

**Society for a Second Self (cross-dressers)**

<http://www.tri-ess.org>

**Transsexual Roadmap**

<http://www.tsroadmap.com>

**Transgender Crossroads**

<http://www.tgcrossroads.org>

**The Transitional Male**

<http://www.thetransitionalmale.com>

**Transgender Forum's Community Center (list of local community groups in the US)**

<http://www.transgender.org>

## Chapter 14: Disorders of Sex Development: Clinical Approaches

### Literature on Disorders of Sex Development/Intersex Health

**Balen AH, Creighton SM, Davies MC, et al, eds.** *Pediatric and Adolescent Gynecology: A Multidisciplinary Approach.* Cambridge University Press; 2004.

**Consortium on the Management of Disorders of Sex Development.** Clinical guidelines for the management of disorders of sex development. Intersex Society of North America; 2006. Available at <http://www.dsdguidelines.org>.

**Consortium on the Management of Disorders of Sex Development.** Handbook for parents. Intersex Society of North America; 2006. Available at <http://www.dsdguidelines.org>.

**Dreger, Alice.** *Intersex in the Age of Ethics.* University Publishing Group; 1999.

**Hughes IA, Houk C, Ahmed SF, Lee PA, LWPES Consensus Group, ESPE Consensus Group.** Consensus statement on the management of intersex disorders. *Arch Disease Child.* 2006; 91:554-63.

**Lee PA, Houk CP, Ahmed SF, Hughes IA, the International Consensus Conference on Intersex Working Group.** Consensus statement on management of intersex disorders. *Pediatrics.* 2006;118:e488-500.

**Parens E.** *Surgically Shaping Children: Technology, Ethics, and the Pursuit of Normality.* The Johns Hopkins University Press; 2006.

**Preves S.** *Intersex and Identity: The Contested Self.* Rutgers University Press; 2003.

**Systema SE.** *Ethics and Intersex.* Springer; 2006.

## Videos on Intersex

Discovery Channel (Phyllis Ward). Is it a Boy or a Girl? First broadcast March 26, 2000. Available for purchase from <http://www.isna.org>.  
NOVA. Sex: Unknown. First broadcast October 30, 2001. Available for purchase from WGBH Boston Video at 1-800-255-9424.

## Intersex Organizations and Web Sites

### **American Association for Klinefelter Syndrome Information and Support (AAKSIS)**

<http://www.aaksis.org>  
(888) 466-KSIS

### **American Psychological Association Online: Answers to Your Questions About Individuals with Intersex Conditions**

<http://www.apa.org/topics/intersex.html>

### **Androgen Insensitivity Support Group**

<http://www.medhelp.org/ais>

### **Bodies Like Ours: Intersex Information and Peer Support**

<http://www.bodieslikeours.org/forums/>

### **CARES Foundation, Inc. (Congenital Adrenal Hyperplasia Research Education & Support)**

<http://www.caresfoundation.org>  
(973) 912-3895

### **Intersex Initiative**

<http://www.intersexinitiative.org>

### **Intersex Society of North America**

<http://www.isna.org>

### **Turner Syndrome Society**

<http://www.turner-syndrome-us.org>  
(832) 249-9988  
(800) 365-9944

### **xyTurners**

<http://www.xyxo.org>

## Chapter 15: Taking a Comprehensive History and Providing Relevant Risk-Reduction Counseling

### Education and Awareness Materials

#### **CDC Division of Viral Hepatitis: MSM Information Center**

<http://www.cdc.gov/ncidod/diseases/hepatitis/msm>

Includes:

- Prevent STDs among MSM pocket cards and posters
- Protect Yourself from Hepatitis booklet

### **Fenway Community Health**

<http://www.fenwayhealth.org>

Resources section includes the following brochures:

- Safer Sex (inclusive of LGBT people)
- Safer Sex for Bisexuals and their Partners
- Talking about Safer Sex with Your Patients

### **Gay and Lesbian Medical Association**

<http://www.glma.org>

Resources for Patients section includes:

- List of top 10 things gay men, lesbians, and transgendered patients should discuss with their healthcare provider

Resources for Providers and Researchers section includes:

- Guidelines for the care of lesbian, gay, bisexual, and transgender patients

### **Gay, Lesbian, Bisexual, and Transgender Health Access Project**

<http://www.glbthealth.org>

Includes:

- Community Standards of Practice for the Provision of Quality Health Care Services to Lesbian, Gay, Bisexual, and Transgender Clients
- Materials (such as posters and stickers) to create welcoming health-care environments

### **Lesbian Resource Center**

<http://www.trianglerc.org>

Includes:

- Safer sex kit and brochure
- Healthcare provider training in culturally competent care

### **Web Sites: How to Put on Male and Female Condoms**

<http://www.friendtofriend.org/condom/usage.html>

<http://www.phoenixcenteronline.com/reality.htm>

<http://www.ripnroll.com/femalecondoms.htm>

## **Chapter 16: Legal Issues of Importance to Clinicians**

LGBT Rights: Organizations and Web Sites

**American Civil Liberties Union Lesbian and Gay Rights and AIDS Project**

<http://www.aclu.org/lgbt>  
(212) 549-2627

**Gay and Lesbian Advocates and Defenders (GLAD)**

New England-based, but has national resources, including standards concerning custody disputes in the LGBT community.

<http://www.glad.org>

GLAD Legal infoline (legal questions related to sexual orientation, gender identity, or HIV status):

Boston Area: (617) 426-1350

New England: 1-800-455-GLAD

Monday-Friday, 1:30-4:30pm, Eastern Standard Time, English and Spanish

**Gay and Lesbian Alliance Against Defamation (GLAAD)**

<http://www.glaad.org>

(323) 933-2240

**Gender Public Advocacy Coalition**

<http://www.gpac.org>

(202) 462-6610

**Human Rights Campaign**

<http://www.hrc.org>

(202) 628-4160

(800) 777-4723

**Human Rights Watch (on LGBT rights)**

<http://www.hrw.org/doc/?t=lgbt>

(212) 290-4700

**LAMBDA Legal Defense and Education Fund (LLDEF)**

<http://www.lambdalegal.org>

(212) 809-8585

**National Black Justice Coalition**

<http://www.nbjcoalition.org>

(202) 349-3755

**National Center for Lesbian Rights**

<http://www.nclrights.org>

(415) 392-6257

**National Center for Transgender Equality**

<http://www.nctequality.org>

(202) 903-0112

Hate Crimes: Organizations and Web Sites

**Federal Bureau of Investigation Hate Crime Statistics**

<http://www.fbi.gov/ucr/hc2005>

**HateCrime.org**

<http://www.hatecrime.org>

**Matthew Shepard Foundation**

<http://www.matthewshepard.org>

(307) 237-6167

**National Coalition of Anti-Violence Programs, New York, NY.**

<http://www.ncavp.org>

(212) 714-1184

Marriage and Partnership Rights: Organizations and Web Sites

**Freedom to Marry Coalition**

<http://www.freedomtomarry.org>

(212) 851-8418

**Marriage Equality USA**

<http://www.marriageequality.org>

(510) 496-2700

**Partners Task Force for Gay and Lesbian Couples**

<http://www.buddybuddy.com/partners.html>

**California Domestic Partnership Registry**

<http://www.ss.ca.gov/dpregistry/>

**Connecticut Civil Unions:**

<http://www.infoline.org/InformationLibrary/Documents/civilunionsct.asp>

**Vermont Civil Unions:**

<http://www.sec.state.vt.us/otherprg/civilunions/civilunions.html>

Parental Rights: Organizations and Web Sites

**American Psychological Association: Lesbian and Gay Parenting**

<http://www.apa.org/pi/parent.html>

**COLAGE: Children of Lesbians and Gays Everywhere**

<http://www.colage.org>

(415) 861-KIDS

**Family Pride Coalition**

<http://www.familypride.org>

(202) 331-5015

**Human Rights Campaign—FamilyNet**

<http://www.hrc.org/familynet>

(202) 628-4160

Advance Directives: Web Sites

**Financial Planning Toolkit: Statutory Power of Attorney and Medical Treatment Forms**

[http://www.finance.cch.com/tools/poaforms\\_m.asp](http://www.finance.cch.com/tools/poaforms_m.asp)

Provides proxy forms for all states

**Time Magazine Online Edition: Living Will Resources.**

[http://www.time.com/time/covers/1101050404/schiavo\\_webguide.html](http://www.time.com/time/covers/1101050404/schiavo_webguide.html)

Provides a state-by-state directory of laws governing living wills.

**US Living Will Registry**

<http://www.uslivingwillregistry.com>

Individuals can complete and store their advance directives with the registry, which will then distribute the directives to health care providers when requested.