



Type 2 Diabetes Screening Recommendations from the American Diabetes Association

Consider screening every 3 years in all persons beginning at age 45 years

Consider screening more frequently and at an earlier age in persons who:

Are overweight (body mass index >25)

Are physically inactive

Have first-degree relatives with diabetes

Are Hispanic-, African-, or Asian-American, Native American, or Pacific Islander

Have a history of gestational diabetes or delivered a baby with a birth weight \geq 9 lb

Are hypertensive (\geq 140/90 mm Hg)

Have low high-density lipoprotein-cholesterol value (\leq 35 mg/dL)

Have high triglyceride value (\geq 250 mg/dL)

Have polycystic ovary syndrome

Have acanthosis nigricans

Had impaired fasting glucose or impaired glucose tolerance on previous testing

Have history of vascular disease

Adapted from: American Diabetes Association Standards of Medical Care in Diabetes. Diabetes Care. 2005;28:S5-S7.

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