

Upcoming Events

Save the Date

Ohio Chapter Annual Scientific Meeting, Friday, October 17, 2008
 Greater Columbus Convention Center, Columbus

Prog. Chair, Eric Warm, MD, FACP

Ohio Chapter Annual Abstract Competition October 17, 2008
 For abstract submission guidelines visit the Ohio Chapter website,
www.acponline.org/chapters/oh

2008 Associate Abstract Competition, Co-Chairs, Kim Jordan, MD, FACP and Linda Ha, MD, FACP
 2008 Medical Student Abstract Competition
 Chair, Troy Bishop, MD, FACP

In This Issue

Governor's Report1
 New Initiatives1
 Leadership Day 20082
 New Fellows.....2
 Upcoming Chapter Reception at IM 20083
 Access to Health Care3
 Your Electronic Town Hall.... 3
 Health Reform: Where the Presidential Candidates Stand.....4
 Young Physicians 2008 Leadership Day Essay Contest4
 Advancement to Fellowship.....5
 Recognizing Outstanding Members 2007 Ohio Chapter Award Winners5
 2007 Abstract Winners.....5
 Annual Ohio Chapter Abstract Competition Results5

Governor's Report



The Value of the Chapter

(I sent this message at the New Year via the Chapter Portal to all members of the Ohio ACP who have a good email address registered with our national office. I'm reprinting it here, for those who did not get this email at New Year's)

New years' greetings to the Ohio Internal Medicine Community. It's been a busy year for the Ohio Chapter of ACP. I wanted to reflect on the value of the ACP Chapter, and challenge you all to help me further enhance this. We had a record number of members visit our congressional delegation at Leadership Day this year; an incredible number of ongoing contacts with Congress from our Key Contacts; and behind-the-scenes work in Ohio from our Health and Public Policy Committee members to advocate on behalf of Internists and our patients. We had a successful Annual Meeting in Columbus October 11-12, 2007. More members participated - attending and getting involved in the meeting, with use of Audience Response during talks and in program evaluation; in the inaugural Practice Innovations session; speaking out at the Town Hall; and presenting or judging Student and Associate Abstracts. The Ohio ACP Chapter plays a vital role in the Internal Medicine community, and one that I hope to expand. We provide many opportunities for members.

- Collegiality at chapter and national meetings.
- Involvement in Chapter committees

ranging from those that support student and resident projects, to Health and Public Policy.

- Recognition of colleagues in practice, teaching, and volunteerism, via Fellowship in the ACP and Chapter Awards. We are one of the leading chapters in advancing members to fellowship. The workshop on this at the recent Chapter Meeting was well attended, and I encourage you to apply!
- Educational programs that feature scientific updates, diagnostic challenges and Internists' role in solving them, practice innovations that foster quality improvement and patient safety, our role in public policy, and medical students and associates efforts to capture the excitement of Internal Medicine in abstracts.
- Involvement at regional and national levels in advocacy for Internal Medicine and our patients.
- Recognition of our public servants who strive to foster access to health care, and equity in government and society's interaction with physicians. Help me, as your ACP representative from Ohio, inform national debates on Health Care Access, Payment Reform, Workforce Issues, ABIM Maintenance of Certification, and other areas of concern to you. Send me your input!

New Initiatives

We're rolling out new opportunities for involvement of Young Physicians (defined by ACP as those within 16 years of medical school graduation - by that definition, I'm officially an "older" physician). We're unveiling a Leadership Day Essay

Contest (see article later in this newsletter), to ramp up enthusiasm for involvement in advocacy. The winner will have expenses paid to Leadership Day (which this year precedes IM 2008, in Washington, DC May 13-14, with Congressional visitations May 14). We have a revitalized Membership Committee, with heavy representation by Young Physicians. At the October 12, 2007 Ohio Chapter Meeting, we had a Practice Innovations session - while not restricted to Young Physicians, this session featured unique solutions to practice problems, and was open to all members. Quality Improvement was featured in some of these presentations. We will likely feature this as a continuing session in future Chapter meetings. There is a national abstract session for Young Physicians at IM 2008 this spring, featuring Quality Improvement and Patient Safety projects.

Leadership Day 2008

Leadership Day 2008 (May 13-14, 2008) will be held in Washington, DC immediately prior to IM 2008. Though we have increased attendance from members from around 100 members 7 years ago to over 300 in 2007, it is anticipated that we may have a much larger contingent of physicians visiting their congressional representatives this year. Each chapter has constructed an initial list of members to be attending; often drawn from chapter Health and Public Policy committees, Governor's Councils, and committed Key Contacts. The following members from Ohio are slated to attend:

- **Christopher Allen**, MD (Chair-Elect of Council of Associates)
- **David Bronson**, MD, FACP
- **Jackie Coloe** (Vice-Chair of Council of Student Members)
- **Robert Crook**, MD (Associate)
- **Helen Koselka**, MD, FACP (Chair of Ohio ACP HPPC)
- **Mark E. Mayer**, MD, FACP
- **Murli Manohar**, MD, FACP

Interested in attending Leadership Day?

ACP Services, which hosts Leadership Day, anticipates up to 500 members participating this year. Those wishing to participate, but are not part of the delegation chosen by the Governor and Chapter HPPC, should indicate their wish to join in the program and visitations. Ideally, they should contact both the Washington, DC office and their respective Governor). We want to pair first-time attendees with seasoned members of the delegation, so that we can best focus our efforts. Please contact **Shuan Tomlinson**, at 800-338-2746, ext 4547, or stomlinson@acponline.org and notify me as well, email

mayerm@ccf.org or at 216-445-5310. Get your requests in early; due to space constraints for our meeting places, and at Congress, we will probably not be able to accommodate more than 4-6 additional members of the delegation from Ohio.

New Fellows from the Ohio Chapter

We are blessed to have so many members interested in, and qualified to advance to Fellowship in ACP. Since April, 2007, the following Ohio members advanced to FACP status

April 2007

Musa A. Ajala, MD, FACP
Amador S. Delamerced, MD, FACP
Michael R. Gedeon, MD, FACP
Rashmi Goyal, MD, FACP
Brian J. Harte, MD, FACP
David A. Hoffman, DO, FACP
Garey H. Noritz, MD, FACP
Andrew Opritza, MD, FACP
Terrence L. Pansino, MD, FACP
Michael J. Tan, MD, FACP
Stephanie N. Tan, MD, FACP

July 2007

Barry A. Brook, MD, FACP
Terrence J. Carrigan, MD, FACP
Michael J. McFarlane, MD, FACP
Christian E. Nasr, MD, FACP
Emilio V. Perez-Jorge, MD, FACP
John P. Robinson, DO, FACP
Ronald S. Shapiro, MD, PhD, FACP
Jeffrey Brian Thurston, DO, FACP

October 2007

Charles W. Brunelle, MD, FACP
Ifeanyi E. Elueze, MD, PhD, FACP
Karen R. Horowitz, MD, FACP
Gerard A. Isenberg, MD, FACP
Arvind Y. Krishna, MD, FACP
Nathan Levitan, MD, FACP
Bradley R. Mathis, MD, FACP
Kishor P. Patel, MBBS, FACP
Robert William Sabota, MD, FACP
Ralph D. Trochelman, MD, FACP

January 2008

Yvonne Braver, MD, FACP
Steven Burdette, MD, FACP
George S. Deepe, MD, FACP
Gerald Dorn II, MD, FACP
Peter J. Embi, MD, FACP
Adetokunbo O. Esho, MBBS, FACP

Linda P. Ha, DO, FACP

Diana J. Pi, MD, FACP

April 2008 - Several applications are pending official election at ACP in April.

Upcoming Chapter Reception at IM 2008

Please plan on attending the Ohio Chapter Reception at IM 2008 on Friday, May 16, 2008, at the Grand Hyatt Washington, DC (1000 H St. NW) from 6:00-8:00 p.m. This year, instead of co-sponsoring a reception with several other chapters, we've arranged co-sponsorship with several institutions and medical schools from Ohio. Look for more information in future mailings.

Access to Health Care (to Coverage and to the Right Physician)

As noted in past communications, one of my long-term professional priorities is to help improve Health Care Access. Nearly 50 million Americans do not have coverage for health care. Many more are underinsured - for example, when Ohio Medicaid freezes physician reimbursement for over 7 years, while spending on a once-broken/resurrected managed care system, and the past Governor (of Ohio, not Ohio ACP) rejects a proposed medical home model for chronically ill patients that would have saved money and extended coverage to more - it is easy to see how this coverage is insufficient, for too few.

I think Universal Coverage is overdue. It needn't be single-payer, though that model has its proponents. Switzerland has a model with supplemental coverage available, and multiple insurers, yet covers all its citizens at about 2/3 the cost per person of the US system. Former Governor Kitzhaber of Oregon (architect of the Oregon Health Plan experiment) has it right. He proposes taxpayer-funded Universal coverage for basic services; with supplemental coverage for those with means (similar to guaranteed public education, with private options). As long as the basic coverage is sufficient, and permits the most cost-effective and evidence-based care for all, we'll have made an improvement. The cost of not covering all our citizens is greater than the cost of basic coverage for all.

Featured in this month's Annals of Internal Medicine; Achieving a High-Performing Health System with Universal Access, by Jack Ginsburg, Fred Ralston, and the ACP Health and Public Policy Committee.

www.annals.org/cgi/content/full/0000605-200801010-00196v1

The report compares aspects of high-performing health systems with universal access from across the globe (and our own VA system), and offers lessons for reform of

the U.S. system. It addresses student debt burden, and the under-recognition of the value of a solid Primary Care base on our worsening workforce crisis.

It is apparent to me that universal insurance coverage without an adequate primary care workforce is a sham. We have long been spending too little on preventive and chronic care, and too much on diagnostic and other procedures and illness care. The paper outlines steps to ensure revitalization of our workforce; steps that I've held to be self-evident for years. We should publicly finance a large portion, if not all, undergraduate medical education, with service-connected scholarships, with an adequate number reserved for primary care positions. Congress recently sent a budget bill to the president with a reduction in the National Health Service Corps budget (while other health programs got a modest increase). Another backwards step in Congress, and one of many reasons we need to stay engaged in advocacy.

Ensuring adequate reimbursement for the skillful, coordinated, cost-effective care given by primary care and principal care physicians, including General Internists and many Internal Medicine Subspecialists, is the second critical workforce reform component. The ACP has come out with positions on reimbursement for the extensive pre-work and post-work involved in chronic care, and on a medical home model to help achieve this. There are pilots getting underway in private insurance, and public pilots set for 2009. We must keep beating the drum to have what the Internist does get better recognized.

I was a member of the national ACP Health and Public Policy Committee from 2002-2006, preceding my term as Ohio ACP Governor. I applied for, and was given, a place back on the HPPC in 2008. I am excited about this opportunity, as it will allow me a greater chance to help shape ACP's agenda to address the needs of Internists and our patients.

Your Electronic Town Hall (sort of...)

Well, OK, it's not a newsgroup. But I take your responses to emails via the Chapter Portal, to Newsletters, or random email communications seriously. I had an exchange recently after the New Years' Portal email, a member asking why I was optimistic, as the General Internist has been battered and bruised from many quarters over the past 15 or 20 years. After getting past my Quixotic streak, we had a healthy exchange, in which I expressed the inevitability of some of the reforms I outlined above.

Health Reform: Where do the Presidential Candidates Stand?: www.acponline.org/advocacy/election08

Find out where the candidates stand on the key components covered in the Jan 1 Annals paper on "Achieving a High-Performance Health Care System with Universal Access:"

- Achieve Universal Health Insurance Coverage
- Reform Health Care System to be Built on Foundation of Primary Care, supported by Workforce and Payment Policies
- Create Positive Incentives to Encourage Patients to Be Prudent Purchasers of Health Care
- Reduce the Costs of Health Care Administration
- Support Interoperable Health Information Technology Infrastructure
- Encourage Public and Private Investments in Medical Research

Customized, side-by-side comparisons of health care proposals by the candidates can be accessed at a site maintained by the Kaiser Family Foundation: www.health08.org

Customize by clicking on the link on the upper left hand if this site's home page: 2008 Presidential Candidate Health Care Proposals: Side-by-Side Summary

Ohio Chapter Young Physicians 2008 Leadership Day Essay Contest "Advocacy In Action" Mission

To enhance the professional development and quality of life for young physicians, fostering their involvement in College activities, and ensuring that their needs are being met. For more information, www.acponline.org/cyp/?hp

Leadership Day

Our ACP Ohio delegation to Leadership Day has been energized in the past few years, with the addition of medical students, associates, and young physicians. We would like to expand opportunities for young physicians to get involved in advocacy. This year, we are initiating a Leadership Day Essay Contest.

The winner will join the Ohio Chapter Delegation and participate in Leadership Day events, May 13-14, 2008.

Participants must meet the following criteria to be eligible.

- A member of the American College of Physicians and eligible to vote in Ohio.
- A "Young Physician" is within 16 years of graduating medical school and who is not a Medical Student or Associate Member of ACP.

For more information, www.acponline.org/cyp/?hp

- A member of the Key Contact Program www.acponline.org/hpp/advocacy/survey.htm
- Winning is contingent upon being able to participate in Leadership Day, Washington, DC May 13 - 14, 2008 in Washington, DC.

Rules

Select one of the three following issues and why you are interested in advocating for:

- 1.) Replacing the SGR with a More Equitable and Predictable Physician Payment System
- 2.) Restructuring Physician Reimbursement to Emphasize Quality Improvement, Care Coordination and Prevention (as featured in the Patient Centered Medical Home model)
- 3.) Improved access to care (improved coverage and/or workforce reform)

Essay must not exceed 400 words. (Including the essay title) You may only submit one essay. **Essay Contest opens on January 21, 2008. Deadline: February 22, 2008 at midnight. Participants will be notified of the results by e-mail by March 14, 2008.**

Judging

Essays will be judged by members of the Ohio Chapter Council of Young Physicians and members of the Governor's Advisory Council. If the first place winner is unable to participate in the 2008 Leadership Day the author with the next highest score will be invited.

Essay Format

State which issue you are interested in advocating for: eg. Restructuring Physician Reimbursement to Emphasize Quality Improvement, Care Coordination and Prevention (as featured in the Patient Centered Medical Home model)

Essay

Essay must not exceed 400 words. (Including the title) Provide the following contact information at the end of your essay:

Name, E-mail address, Home address, Mobile or Office Phone Number

Submit your Essay

Your essay should be formatted in word document, e-mailed to **Carla Biggert**, biggerc@ccf.org. Also, please contact her if you have any questions.

Winner

The author of the winning essay will join the Ohio Chapter Delegation and participate in the 2008 Annual ACP Leadership Day, May 13-14, 2008 in Washington DC. The author will receive \$1,000 for travel expenses to participate in Leadership Day.

College Poster Display for Winner and Runners-up

The winner and the five runners-up will be invited to present their essays in poster format at the Annual Ohio Chapter Scientific Meeting, Greater Columbus Convention Center, October 17, 2008.

Additional recognition

The six essays will be posted on the Ohio Chapter website www.acponline.org/chapters/oh/

Advancement to ACP Fellowship

Consider applying for advancement or inviting a colleague to apply. www.acponline.org/college/membership/join_fellow

Recognizing Outstanding Members

We have many wonderful internists in Ohio who are deserving of recognition! The Awards Committee for the Ohio Chapter would like your help identifying members for either Chapter or ACP national awards. Please send your suggestions to **Joseph Myers, MD, FACP**, e-mail Myersj@summa-health.org

2007 Ohio Chapter Award Winners

Volunteerism and Community Service Award - **B. Mark Hess, MD, FACP**, Master Teacher Award- **Michael Rich, MD, FACP**

2007 Abstract Winners to Compete in Washington, DC, at IM 2008

The Ohio Chapter of ACP is honored to sponsor winners of the Ohio Chapter Abstract Competition 10/12/07 to present at IM 2008 in Washington, DC in May 2008. Associate Member, **Joo Lee, MD** (Riverside Methodist Hospital) will present "*Tuberculosis and a Case of Abdominal Pain*" and Medical Student Member, **Doug Nguyen**, (University of Cincinnati) will present "*Correlation of the Asthma Control Test with Exhaled Nitric Oxide.*"

Annual Ohio Chapter Abstract Competition, October 2007- Results

Congratulations to the following Associate and Medical Student Members!

Associates: Oral Competition

1st Place: **Joo Lee** (Riverside Methodist Hospital) Tuberculosis and a Case of Abdominal Pain

2nd Place: **Colleen Fink** (Mt. Carmel Hospital Systems) Benefit of Consecutive Clostridium Difficile Assays

3rd Place: **Kerry Canady** (Riverside Methodist Hospital) Ataxia in a Patient with Alzheimer's Disease

4th Place: **Rupesh Raina** (Case Western Reserve University, Member of the Associate Council) Resident's Perspective of Women's Health Curriculum in Internal Medicine

Clinical Vignette Poster Winners:

1st Place: **Christina Liscynsky**: (The Ohio State University) Pulmonary Complications in Untreated Common Variable Immunodeficiency Disorder

2nd Place: **Christopher Rucker**: (Akron General Hospital) Duloxetine: A Cause of Hypertensive Urgency

3rd Place: **Eric Gamboa**: (Akron General Hospital) Fournier's Gangrene as a Possible Side Effect of

Bevacizumab (Avastin) Therapy for Resected Colorectal Cancer: A Case Report.

4th Place: **Gina Moody**: (Riverside Methodist Hospital) A Devastating Case of Herpes Simplex Encephalitis

5th Place: **Qasim Khalil**: (Jewish Hospital) Bilateral Renal Vein Thrombosis Causing Anuric Renal Failure-- A Complication of Inferior Vena Cava Filter in a Patient with Hypercoagulable State

Research Poster Winners:

1st Place: **Steven Bobula** (University of Cincinnati) Mismanagement of HIV-1 Infected Adults with Acute Febrile Illnesses by Cd4+ Count Risk Stratification Performing Health.

2nd Place: **Elizabeth Jungst** (University of Cincinnati) The Long Block: A Model for Continuity in Resident Practice

Clinical Vignette Merit Awards:

Tulika Singh (St Elizabeth Health Center) Isolated Vocal Cord Lesion Caused by Cryptococcus Humicolus in an Immunocompetent Adult

Surabhi Madhwal (Cleveland Clinic) Heparin-Induced Thrombocytopenia Masquerading as Intra-Cardiac Vegetations

Melissa Soltis (SUMMA) Pseudomembranous Colitis Caused by Staphylococcus Aureus: A Zebra Among a Herd of Horses.

Rajalakshmi Esakky (Huron) Neurosarcoidosis Presenting with Acute Change in Mental Status

Ankur Parikh (Riverside Methodist Hospital) Polyarteritis Nodosa and Hepatitis B Infection

Research Merit Awards:

Adolfo Pena (Good Samaritan) Physician's Beliefs Toward Certainty, Authority, and Source of Knowledge

Andrea Murphy (University of Cincinnati) Differences in Resident Perception of an Ambulatory Long Block: Primary Care versus Subspecialty

Medical Students-Research Poster Winners

1st Place: **Doug Nguyen**, (University of Cincinnati) Correlation of the Asthma Control Test with Exhaled Nitric Oxide

2nd Place: **Kasey Kinkaid**, (University of Cincinnati) A Regional Collaborative To Reduce Surgical Site Infections

3rd Place: **Morgan Koepke**, (NEOUCOM) Over-utilization of Proton Pump Inhibitors in a Residency Clinic

4th Place: **Jason Wang**, (NEOUCOM) Innovative 16 Hour Maximum Call Redesign Success Confirmed with Use of Hospital Information Technology

5th Place: **Daniel Kim**, (OSU) Histone Deacetylase

Inhibition Modulates Tumor-Specific Innate and Cellular Immunity

6th Place: **Donald Misquitta**, (NEOUCOM) Cardiovascular Events and Mortality in Chronic Kidney Disease Patients Treated with Epoetin or Darbepoetin Alfa

Clinical Vignette Poster Winners

1st Place **Joseph Ceremele**, (University of Cincinnati) Relapse, Recurrence or New Infection, a Tale of Three Mycobacteria

2nd Place: **Martha Orabella**, (University of Cincinnati) Rapidly Progressive Aspergilloma and Cavitory Lung Lesions in a 72 Year Old Man with Significant Work Exposure

3rd Place: **Erica Stovsky**, (NEOUCOM) Integrating a Longitudinal Palliative Care Curriculum in Undergraduate Medical Education

4th Place: **Sudy Jahangiri**, (SUMMA) Acute Staphylococcus Aureus Endocarditis: Early/Rapid Diagnosis by Recognition of the Classical Peripheral

5th Place: **Jeanie Wang**, (NEOUCOM) Fatal Hepatic Necrosis from Fluconazole in a Previously Healthy 63 Year Old Female