

# New Hampshire Chapter GOVERNOR'S NEWSLETTER

**ACP**  
AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

Fall 2003

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*Governor, New Hampshire Chapter*



## COMBINED NH/VT SCIENTIFIC MEETING

The fall meeting held at the Hanover Inn on Oct. 10th was a tremendous success. Total attendance was nearly one hundred. The main dining room of the Hanover Inn was a lovely spot for the meeting; the food and late-afternoon wine and cheese reception were great, and the weather could not have been better for the peak of foliage season.

Speakers included **Dr. Gerald Spindel**, an ophthalmologist from Derry who spoke on common eye problems seen in everyday practice; **Dr. Mike Sarson** of Keene spoke on PET scanning. **Drs. Christopher Grace and Virginia Hood**, both from Burlington, discussed hospital acquired infections and nephrolithiasis. **Dr. Chris Holmes** moderated the Associates' and Students' Poster Contest and Presentations, and **Mark Levine** led a Panel discussion. **Dr. Lynne Kirk**, recent chairman of the ACP Board of Governors lead the College Update and Town Meeting, and **Bob Doherty**, Sr. Vice President of the College for Governmental Affairs and Public Policy spoke on the Washington office of ACP and the role of the physician in Advocacy.

Preliminary plans are underway for the Oct. '04 meeting. If you have any suggestions for topics, please e-mail Bob Englund at [Robert.J.Englund@Hitchcock.org](mailto:Robert.J.Englund@Hitchcock.org) or call at 847-9727.

## NH ACP COUNCIL

We welcome **Elaine Silverman** from DHMC who joined the council this past summer, as well as two new Associate Members, **Lisa Call** and **Sally Scott**, both IM Residents at DHMC. Welcome to **Dana Merrithew** who has returned to the council after a hiatus of several years. Deb Scott has had to resign because of increasing professional and family responsibilities, but she assures us that she will stay active in chapter activities. Lin Brown, Peter Walkley, Bob Block, Ed Yourtee, Dick LaFleur, Dave Towne, Hal and Fran Friedman, and Bob Englund continue on the Council.

We had a very productive meeting at the Centennial Inn in Concord on Nov. 13th. It was decided that **Elaine Silverman** will head up the Health and Public Policy Committee. **Dick LaFleur** will chair the Membership Committee; **Lisa Call** and **Sally Scott**-Associates Activities, **Ted Yuo** and **Jinny Ching**-Student Activities, **Lin Brown** and **Bob Block**-Scientific Meeting Committee. We are recruiting an ACP representative to the New Hampshire Medical Society.



## CHAPTER EXCELLENCE AWARD

We proudly accepted this award which was presented at the recent Scientific Meeting.

## MEMBERSHIP

Currently we have 3 Masters, 88 Fellows, and 257 Members, with small increases in these numbers over last year. The number of Associates and Students is down, but we are implementing a plan in which the NH Council pays \$50.00 of the \$99.00 annual registration fee. Lisa Call and Sally Scott are heading up an Associate recruiting program at Lebanon. We also continue to support the Medical Student Interest Group.

## LEADERSHIP DAY

The Council has approved the allocation of funds for our participation in Leadership Day in Washington D.C. on May 18th and 19th, 2004. This is an opportunity for NH ACP physicians to meet with our Congressmen and Senators and their senior staff people to discuss the issues of universal health care, Medicare reform, liability reform, etc. Four of us attended last year, and the same group is interested in returning in the spring of '04. If others wish to be a part of this in the future please let Bob know.

## EXPANDED ADVOCACY INITIATIVE

We would encourage all ACP members to become more active in contacting your legislators regarding the health and public policy issues such as the proposed prescription drug plan which is linked to physician Medicare reimbursement. It is incredibly easy to send an e-mail to Senators and Congressmen by working through the Legislative Action Center of the <[acponline.org](http://acponline.org)> website. Just click on "Advocacy" on the left column of the ACP homepage. Then click on "Legislative Action Center." Generic letters are prepared for your review and individual revision. All you have to do is to type in your zip code, and you get the names and addresses of your Senators and Representatives. Review and modify the sample letter, and click to send them on.



### PLEASE SEND US YOUR E-MAIL ADDRESS

As time goes on, we are doing more and more communication by e-mail. For example we would like to pass the "Legislative Alerts" on to you for your action (e-mails to legislators, as above). Please send your e mail address on to **[Robert.J.Englund@Hitchcock.org](mailto:Robert.J.Englund@Hitchcock.org)**.

## TWO HELPFUL WEBSITES:

**PIER** (Patient Information and Education Resource). It appears that not many of you are using PIER on a regular basis. It is available free to members, and is easily accessed through the <[acponline.org](http://acponline.org)> website. Physicians who use it find it to be very valuable in reviewing a topic for etiology, pathophysiology, diagnosis, and evidence based treatment of a condition.

Also, the ACP Foundation contributes to another free website <[medlineplus.gov](http://medlineplus.gov)>. The Library of Medicine maintains this user-friendly, commercial-free website; it is highly rated by Consumer Report and contains no quackery. It provides particularly good information to patients who have questions about general and specific topics in medicine.

## OBSERVER WEEKLY

I hope you are all getting this free e-mail which is sent out of the ACP office each Tuesday afternoon. It is a weekly update of new developments in Medicine, representing clinical, political and college issues. If you are not receiving it, just send a note to <[edoyle@acponline.org](mailto:edoyle@acponline.org)>.

## ANNUAL SESSION APRIL 22-24 2004- NEW ORLEANS

Make the most of Annual Session and your visit to New Orleans. In addition to the Scientific courses given, come early and take advantage of the Pre-Session courses offered (April 20-21). Then make some time to enjoy the city itself, as there are a variety of activities to take pleasure in.



Over 260 sessions provide comprehensive coverage of internal medicine, the subspecialties, and issues in practice management and health care policy. Whatever your learning style or educational interest, the Scientific Program offers something for you.

After a hard day of work and learning, take some time to check out the wonderful city you are visiting. Enjoy the jazz influenced music- which is the heartbeat of New Orleans- as well as its world famous Southern food and hospitality. Additionally, New Orleans offers architecture with a Spanish and French influence, and various art galleries to enjoy. For those who are able, bring the family- there are several activities for children as well.

Don't miss out! Make sure to start planning for Annual Session. Check out your brochure and sign up soon. This is one trip you don't want to miss!

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## NEW ACP WEB SITE IDENTIFIES EMERGING HEALTHCARE ISSUES

ACP members now have access to a Web site that identifies emerging healthcare issues and anticipates trends over the next few years.

The ACP Environmental Assessment (EA) project identifies trends in the healthcare environment that are important to internal medicine and the College. It describes and documents important issues so that they may be considered in ACP's strategic planning process for each fiscal year. It also serves as an up-to-date information resource for ongoing issues and topics in medicine and health.

The EA is formatted as a series of predictive statements, accompanied by citations for the evidence on which the statements are based. Statements identify and describe important issues and predict the likely course of events in areas such as care delivery, the insurance industry, biomedical research funding, graduate and continuing medical education, technology in medical practice, physician workforce, a variety of professional and practice issues, public health, and the demography of the U.S. patient population. The project is updated annually.

View the ACP Environmental Assessment online at: <http://ea.acponline.org>.

—VISIT OUR CHAPTER WEB SITE—

<http://www.acponline.org/chapters/nh>