

Governor's Welcome

I am honored to serve as your Governor for the great state of North Carolina. I am excited about the possibilities for NC ACP and will require the support and assistance of all members to have NC ACP become all that it can be.

As you know, ACP is a member-driven organization and in the North Carolina Chapter we have over 3000 members. The Chapter would like to reach out to our membership and encourage all members to participate in the leadership and governance of our organization. I invite you to get involved and stay connected with our chapter--participation in chapter activities is a good way for your concerns to be heard and addressed, while also supporting promotion to ACP Fellowship.

We currently have available positions on our chapter council. We are looking for a diverse group of physicians with an interest in fostering excellence and professionalism in the practice of medicine. If you have an interest in serving your colleagues as a council member or in some other way, please contact Alan Skipper at askipper@ncmedsoc.org. Be sure to let us know your area of interest and give us a way to contact you with further information.

In addition, save the date now for our annual chapter scientific meeting which offers CME credit as well as a chance to meet and network with your colleagues. I hope you will plan to attend our next meeting. It will be held on January 29-30, 2010 at Washington Duke Inn in Durham.

As internists, we are constantly learning, adapting, educating, and advocating. I encourage you to get involved in our chapter to continue ACP's commitment to the quality and effectiveness of health care.

For more information about the North Carolina Chapter, visit our Web site at <http://www.acponline.org/chapters/nc>.

Sincerely,

Rex M. McCallum, MD, FACP, Governor, North Carolina Chapter

In This Issue

Governor's Message	1
Chapter Activities	1
Educational Opportunities	2
Chapter Awards	2
Chapter Membership	3
Recruit-a-Colleague	4
Help Recruit Medical Students and Residents for ACP Membership	5
Update Your Contact Information	mail panel
How to Reach Us	mail panel

CHAPTER ACTIVITIES

Local National Associates Abstract Competition Winner

The chapter would like to congratulate a local winner of the National Associates Abstract Paper Competition who presented his award-winning work in the Clinical Vignette Category at Internal Medicine 2009 held in Philadelphia, PA.

Jonathan B. Cohen, MD

Moses H. Cone Memorial Hospital Program, Greensboro, NC

Abstract Title: *Strongyloidiasis in a Patient with Severe Psoriasis Requiring Etanercept, Importance of Screening Immunosuppressed Patients who have Traveled to Endemic Regions.*

EDUCATIONAL OPPORTUNITIES

Save the Date for Future Chapter Meetings!

2010 ACP North Carolina Chapter Meeting

January 29-30, 2010

Washington Duke Inn, Durham, NC

2011 ACP North Carolina Chapter Meeting

January 28-29, 2011

Washington Duke Inn, Durham, NC

Please contact **Nancy Lowe** at NLowe@ncmedsoc.org with any questions regarding the meeting.

The most popular learning formats from the Internal Medicine meeting offered at only \$50 for ACP members! Combine CME and leisure time in Orlando, FL.



Travel discounts are available.

August 7-8, 2009

Orlando, FL

Location: Walt Disney World

Learn more online

http://www.acponline.org/meetings/summer_session/?pr30

CHAPTER AWARDS

At this year's chapter meeting, we salute and honor local physicians who are long-standing and loyal supporters of the College, have rendered distinguished service to the Chapter, and have upheld the high ideals and professional standards for which the College is known for.

Laureate Award Recipient

Marco Alemán, MD, FACP



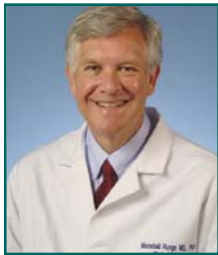
Marco is a native of Peru who was raised in Lima, New York City and Chicago. He is an internist who has worked in the jungles of Peru, a staff-model HMO and academic medicine. He is a graduate of the University of Illinois at Chicago School of Medicine and the Internal Medicine residency program at Rush University Medical Center in Chicago. As a 1994-5 fellow at the Michigan State University Primary Care Faculty Development Fellowship Program, he focused on curriculum development. For the last eighteen years, he has enjoyed teaching clinical medicine to undergraduates and housestaff. He is the Director of the Teaching & Learning component of the UNC General Medicine Faculty

Development program for the last three years. In his other various roles, he mentors students, housestaff and junior and senior faculty.

Currently his interests in medical education have led him to direct the UNC Introduction to Clinical Medicine course and co-develop and direct the Medical Spanish and Culture course that has since been incorporated into CAMPOS, the Comprehensive Advanced Medical Program of Spanish, a four-year program at the UNC SOM. He also co-directs an exchange program with a Peruvian medical school. He is passionate about primary care, international health and wants to help reduce health disparities in part by improving cultural competency in learners. He is part of a group that was recently awarded a grant to develop a Center for Latino Regional and Global Health at UNC. He enjoys running, playing soccer, listening to music and spending time with his wife, **Cindy**, daughter **Emily** and son **Daniel**.

Laureate Award Recipient

Marschall Stevens Runge, PhD, MD, FACP



Marschall Stevens Runge, PhD, MD, FACP was born in Austin, Texas. He received his undergraduate and doctorate degrees from Vanderbilt University and his MD from Johns Hopkins University. He completed a cardiology fellowship at Massachusetts General Hospital. His academic appointments included positions at Harvard Medical School, Emory University, and the University of Texas at Galveston before joining the University of North Carolina at Chapel Hill in 2000 as Professor and Chairman, Department of Medicine, a position he holds today. In 2004 he became President of UNC Physicians at UNC-Chapel Hill, and in 2006 became Vice Dean for Clinical Affairs, School of Medicine, at UNC-Chapel Hill. Dr. Runge chaired the Association of Professors of Medicine Research Committee and currently serves on the American Heart Association Executive Council for Basic Sciences. He is a member of numerous associations including the American Heart Association, American Association for the Advancement of Science, American College of Cardiology, American Society for Investigative Pathology, American Federation for Medical Research, and is a fellow of the American College of Physicians. He holds five U.S. patents. Dr. Runge and his wife, **Susan Riggs Runge, MD**, have three grown children and live in Chapel Hill.

Volunteerism Award Recipient

Yogesh K. Patel, MD, FACP



Yogesh K. Patel, MD, FACP (a.k.a. "Yogi") was born in India and raised in Michigan. After graduating from Wayne State University School of Medicine in 1989 in Detroit, he completed his Internal Medicine residency at Northwestern University / McGraw Medical Center in Chicago. In 1992, he moved to Concord, NC to practice Internal Medicine for the Clinic Network. Throughout his career, he has been involved with improving the quality of the delivery of healthcare in various capacities. These include serving and chairing the Board of a local Home Care Agency Board, directorships of his clinic and the local Southern Piedmont Community Care Plan.

Recognizing the limitations of healthcare delivery system, especially for those with chronic conditions, he envisioned ways for improving it. In 2002, chairing the Disease Management Advisory Council, he led the initiative to system-wide improvement of the care of the diabetic patient throughout the network of over 100 providers and over 8000 patients utilizing a data registry and evidence-based medicine approaches. This being successful, other chronic conditions like congestive heart failure and pediatric asthma followed the model created.

Ironically, in 2002, he was diagnosed with a chronic condition: Young Onset Parkinson Disease (YOPD), and recently has shifted his focus to a more personal nature. He has served and now chairs the Board of the Parkinson Association of the Carolinas. In addition, he has advocated on Capitol Hill and is constantly looking for ways for improving the healthcare system by mentoring and inspiring others. Some of his words to live by are, "the seemingly impossible can be achieved by the free spirit, determination, and collaboration."

Dr. Patel and his wife have with three children.

CHAPTER MEMBERSHIP

Here are the current membership numbers for the North Carolina Chapter:

- Masters-----	12	- Fellows -----	605
- Members -----	1596	- Associates -----	546
- Medical Student Members -----	325	- Affiliates-----	4
Total Membership -----	3088		

New Masters

Congratulations to **William B. Applegate**, Winston Salem, and **Nortin M. Hadler**, Chapel Hill. They have been awarded Master of the College. They were inducted at the convocation ceremony during the ACP Internal Medicine Meeting. To be considered for Mastership, the candidate must have made a notable contribution to medicine. This includes but is not limited to teaching, outstanding work in clinical medicine (research or practice), contributions to preventive medicine, improvements in the delivery of health care, or contributions to medical literature.

Advance to Fellowship:

There are more Fellows in North Carolina than ever before, but there are many more who should be Fellows. There are different tracks you may follow to advance to Fellowship in the ACP. Contact the Governor at McCal001@MC.DUKE.EDU if you are interested in becoming a Fellow, or if you know someone who should apply.

Congratulations to Our New North Carolina ACP Fellows!

Jonathan J Berry, MD FACP - Greensboro

Michael M Hirsch, MD FACP - Hickory

Abu N Salahuddin, MBBS FACP - Fayetteville

Martin W Webb, MBCh FACP - Greensboro

Lisa M Gangarosa, MD FACP - Chapel Hill

Girish Mishra, MD FACP - Winston Salem

Larry A Stroud, MD FACP - New Bern

Welcome New Members:

The North Carolina Chapter is pleased to welcome our new Members who were elected to ACP Membership in the last six months.

Ravi R Avva, MD -Greensboro

Sulochana Devi Cherukuri, MBBS - Greenville

Vanosia S Faison, MD - Durham

Edward P Hu, MD - Raleigh

Sheri D Lim, DO- High Point

Kyle P Meade, MD -Charlotte

Charu Nanda, MD - Morrisville

Sharon Suson Rubin, MD- Durham

Shubi Shahida, MD - Raleigh

Padmaja Vasireddy, MD - Pfafftown

Susan Berendzen, MD -Durham

James C Cho, MD-Raleigh

Maria M Fakadej, MD - Clayton

Innocent A Iroetugo, MBBS - High Point

Sudipta Mazumder, MBBS - Charlotte

Michael R Metcalf, MD - Charlotte

Ifeyinwa J Okonkwo, MBBS - Fayetteville

Rajesh Sakala, MD - Charlotte

Kaycee M Sink, MD - Winston Salem

Recruit-a-Colleague

Those of you who are already Members or Fellows can receive a major discount on next year's dues by bringing new people into our organization. Find out more about the Recruit-a-Colleague program (http://www.acponline.org/acp_news/misc/recruit_colleague.htm).

The need for a strong voice to speak on behalf of medicine and, in particular, internal medicine has never been greater than it is today. It is critically important that we unify to address the specific needs of our medical specialty. There are advocacy efforts to champion, practice management issues to simplify, and a time-honored profession to foster. There is strength in numbers. Together, we can change the direction of internal medicine.

Ask your colleagues to join ACP today. To thank you for your time and effort, we offer the following recruitment program. Between April 1, 2009 and March 31, 2010:

- Recruit one colleague and receive a \$100 credit toward your 2010-11 annual dues.

- Recruit two colleagues and receive an additional \$100 credit toward your 2010-11 annual dues.
- Recruit three colleagues and enjoy free annual dues in 2010-11.

Plus, for every Member recruited within the promotional period, you will receive an entry into a grand-prize drawing for a trip to Internal Medicine 2011 in San Diego, California that includes registration, airfare (up to \$500), and four days of hotel accommodations.

To be considered a "recruited" Member, your colleague must:

- Be a nonmember who is eligible for the "full" ACP Member category and pay \$100 or more in dues.
- Submit a Membership application, along with his or her dues payment, between April 1, 2009 and March 31, 2010.
- Write your name in the recruiter box on the top of the Membership application**.

Send a recruitment e-mail to a colleague today, or download and print a Membership application to personally deliver. You may also request a Membership Inquiry Kit from Customer Service at 800-523-1546, ext. 2600, (M-F 9 a.m. - 5 p.m. ET).

It is the collective effort that makes a difference. Call on the support of your colleagues today.

Help recruit medical students and residents for ACP membership!

ACP is currently in the midst of two major recruitment programs, one for medical students and one for Associates. The Internal Medicine Interest Group Sponsorship Program (IMIG) and the Recruit-a-Resident Program reward medical schools and residency programs that recruit their students and residents to become ACP members.

Medical schools that participate in the IMIG Sponsorship Program will receive funding from ACP to use toward their club activities. Participating schools will receive \$300 in funding in September, and have the opportunity to earn additional funding based on their ACP membership numbers as of December 31. At the close of the program, schools with less than 30% ACP student member participation receive an additional \$1 per student member. Schools with 30% or greater participation will receive \$2 per student member. Total sponsorship for an individual IMIG cannot exceed \$1,000 (including the \$300 initial funding.) To participate in the program, eligible schools must complete the online application by August 1, 2009 at http://www.acponline.org/medical_students/resources/interest_groups/.

The Recruit-a-Resident (RaR) Program rewards residency programs that recruit 90% or more of their categorical residents for Associate membership. All of the Associates must be members in good standing. Residency programs that reach the 90% goal by December 31, 2009 will receive free educational products from the College. This year's rewards include, 2009 MKSAP® Update for Residents, an interactive product featuring more than 100 multiple-choice questions from MKSAP 14 Self-Assessment Updates. The program will test your knowledge of recent changes and best practices in internal medicine. In addition, each resident will receive handouts from Internal Medicine 2009, which include content from the meeting sessions. For details about the Recruit-a-Resident program, please visit us online at http://www.acponline.org/residents_fellows/resources/recruit_a_resident/.

We would sincerely appreciate your help in encouraging the schools and programs in your chapter to participate in these programs.

If you have any questions or would like additional information, please contact **Katie Buell**, Coordinator, Membership Programs and Services at kbuell@acponline.org or by calling 800-523-1546 ext. 2611.

UPDATE YOUR CONTACT INFORMATION

If your address has recently changed, ACP would like to know. Please visit ACP's Member Connection (<http://www.acponline.org/private/mbrconn/>) to verify that we have your most recent contact information.

HOW TO REACH US

Rex M. McCallum, MD, FACP

Governor, ACP North Carolina Chapter

North Carolina Chapter of ACP

P.O. Box 27167

Raleigh, NC 27611

E-mail: McCal001@MC.DUKE.EDU

Alan Skipper

Executive Director

North Carolina Chapter of ACP

P.O. Box 27167

Raleigh, NC 27611

Office: (919) 833-3836

Fax: (919) 833-2023

Email: askipper@ncmedsoc.org