



Governor's Corner

Welcome to the 2008 Spring Newsletter. This is the time of year that all of us seem to have a lot going on - everything from graduations, to PCS moves and "hails and farewells," to the welcoming of new interns and residents to our Internal Medicine Training programs in San Diego, Bethesda and Portsmouth. It also is the period between the just completed national ACP meeting, Internal Medicine 2008, held in Washington, DC in May, and the upcoming Navy Chapter ACP Scientific Meeting, to be held in San Diego in October.

The semi-annual Board of Governors Meeting was held just prior to the Internal Medicine 2008 national meeting. A number of issues were discussed, again with the most significant being the issue of Chapter dues. As noted in the previous newsletter, this issue first came to the Governors' attention at the Spring 2007 Board of Governors Meeting, held just prior to the Internal Medicine 2007 Meeting in San Diego. A change in the annual member dues statement last year resulted in an overall chapter dues shortfall of approximately \$1.7 million, which was made up by national ACP funds. A task force was convened, and has met several times since then to address this issue. As was noted in the letter to all members from **Dr. Levine** and **Dr. Bronson**, the Board of Regents had decided that in order to adequately support chapters, local dues would be combined with national dues. Therefore, with your annual dues statement this year, your total bill includes both your national dues and chapter dues together. The task force will continue to monitor this issue. Of note, there was also a presentation by a representative of the ABIM, in an ongoing effort to foster a better working relationship with ACP.

Of interest to all internists is the ACP's increasing involvement in advocating for and testing of the Patient-Centered Medical Home (PCMH) model of care delivery. This care concept is based on the observation that the best quality of care is provided through patient-centered, physician-guided, cost-efficient, longitudinal care. Attributes of this model include promotion of relationships focused on continuous healing in a variety of care settings that take into account the needs of the patient, the skills of the care team and the overall resources available to both. The model incorporates the concept of a true healthcare team, consisting of at least one physician and a multidisciplinary team of associated health care professionals. The goal here is not to have the lead physician fulfill a "gatekeeper" role but instead to empower the lead physician to leverage the key aspects of the medical home to coordinate and facilitate the delivery of care to a patient. There are currently a number of pilot projects around the country that have instituted the PCMH model of care. **CDR Kevin Dorrance** and **LT Sunny Ramchandani**, two staff internists at National Naval Medical Center in Bethesda, Maryland, have been directly involved in the establishment of the first Navy Medicine Medical Home Team at their facility. An update on their progress is promised for the Navy Chapter ACP Scientific Meeting in San Diego in October.

As I stated in the last newsletter, I encourage you to forward your contributions for future newsletters to me anytime at Jeffrey.Cole@med.navy.mil. As this is your Chapter Newsletter, I encourage you all to forward anything of interest to our fellow chapter members for publication.

Again, I am looking forward to seeing you at the Navy Chapter ACP Scientific Meeting in San Diego, California (9 October 2008 through 11 October 2008).

CAPT JEFFREY B. COLE, MC, USN, FACP
GOVERNOR, NAVY CHAPTER ACP

ACP EVENTS: INTERNAL MEDICINE 2008

Internal Medicine 2008, the National ACP scientific meeting, was held in Washington, DC from Thursday, 15 May 2008 through Saturday, 17 May 2008, preceded by a two-day pre-course. At the annual ACP Business Meeting, **Dr. John Tooker**, MD, MBA, FACP, Executive Vice President and Chief Executive Officer, provided a summary of the current status and endeavors of the College. These items include:

- (1) Membership: Current membership in ACP exceeds 125,000, more than at any time in the past.
- (2) "Vision to 2015": The ACP's seven-year plan was unveiled, with a number of key focus areas addressed, including access to care, advocacy, care delivery, college finances, work force issues, dysfunctional payment system and management of chronic disease.
- (3) Physician Education Improvements: ACP has made a number of advances in this area, including:
 - ACP Internist, an updated version of the ACP Observer.
 - Journal Club PLUS On-line, an updated version of ACP's Journal Club.
 - The continued success and popularity of the "In The Clinic" feature for Annals of Internal Medicine.
 - The continued popularity of the journal ACP Hospitalist.
 - The continued popularity and success of MKSAP 14 - text, CD-ROM, on-line and audio versions.
- (4) Vision for Comprehensive Reform: ACP has stepped up efforts in the area of comprehensive healthcare reform, to include healthcare coverage for all, restructuring of the payment system and closing health quality gaps. This effort was highlighted by the publication of the seminal paper, "*Achieving a High Performance Healthcare System with Universal Access: What the US Can Learn from Other Countries.*"

Nine new ACP Fellows were on hand to march in the annual Convocation Ceremony, including **CAPT (sel) Kurt Henry**, **CDR Fred Yeo**, **LCDR John Bassett**, **LCDR Ramiro Gutierrez**, **LCDR Scott Itzkowitz**, **Dr. Adrienne Bossio**, **Dr. James Gulley**, **Dr. Bruce Ludwig** and **Dr. Demtrius Rizos**.

As a Chapter, the Navy Chapter ACP Associate members were well recognized at Internal Medicine 2008. Two of the 103 research posters were presented by **LCDR Chris Duplessis** and **LT Kristina St. Clair**, both from Naval Medical Center Portsmouth. Additionally, 10 of the 286 clinical vignette posters were presented by **LT Steven Armbruster** (2 posters), **LT Robert Gallagher**, **LT Kathleen Love**, **LT Rahim Remtulla** and **LT Julia Savitz**, all from National Naval Medical Center; and **LCDR Chris Duplessis**, **LT Nieka Harris**, **LT Jon McDivitt** and **LT Erik Modlo**, all from Naval Medical Center Portsmouth.

Last but not least, 1 of the over 30 "Doctors' Dilemma" teams chosen to compete at this national meeting was the team from National Naval Medical Center (**LT David Byers**, **LT Aaron Flanders** and **LT Greg Fuhrer**). The team performed well, but unfortunately was eliminated from competition in the first round in the face of some very stiff competition.

In all, Internal Medicine 2008 was a remarkable success. As a reminder, please register as soon as possible for Internal Medicine 2009, to be held in Philadelphia, PA from Thursday, 23 April 2009 through Saturday, 25 April 2009. For your convenience, please visit www.acponline.org to facilitate the registration process.

CAPT JEFFREY B. COLE, MC, USN, FACP
GOVERNOR, NAVY CHAPTER ACP

ASSOCIATES' UPDATE: NMCSD

The San Diego team suffered through a few brisk 50 degree days and now is back to a perfect spring finish for the academic year. The Diabetes Group Clinic which was developed and run by residents continues to be very successful in helping complex diabetics under the leadership of **LT Ian Lang**, **LT Theresa Clark** and **LT James Prahl**. **LCDR Len Philo**, **LT Shauna O'Sullivan**, **LT Travis Harrell**, **LT Karen Jacobson** and **LT Nancy Miller** are regular volunteers for the Tobacco Cessation Clinic (TCC). With a combination of lectures and individual physician counseling, the TCC has helped hundreds of patients quit and remain abstinent from tobacco use.

Many of the residents are actively engaged in research projects. **LCDR Andrew Lin** has completed publications with co-authors **CDR Jeffery Cavendish** and **LCDR Daniel Seidensticker**, including a book chapter, "*Use of Physical Shared Medical Appointments for Heart Failure Patients*" and a paper, "*A Pilot Study: Reports of Benefits from a Six- Month Multidisciplinary Shared Medical Appointment Approach in Heart Failure Patients.*" **LT Shauna O'Sullivan's** essay "*To the Doctor to Be*" was published in the Journal of Palliative Medicine.

When not working on research, the residents made good use of their time away from the hospital. The Internal Medicine softball team recently won the Captain's Cup championship. Under the leadership of **LCDR Andrew Lin**, team members were **LT Michael Scully**, **LT Karen Jacobson**, **LT Charles Eisenberg**, **LT Brett Chamberlin**, **LT Jen Goldberg**, **LT Jetson Nguyen**, **LT Thu-Thuy Kim** and **LT Travis Harrell**. **LT Alden Chiu**, **LT Nancy Miller**, **LT William Beer** and **LT Rebecca Still** and others continued to volunteer at St. Vincent de Paul clinic for the homeless and indigent San Diego population.

We are saying farewell to a stellar group of new Internists. **LT Nancy Miller** and **LT Patrick Henderson** head to Naval Hospital Okinawa. **CAPT Johnson Kay** will be on the island too, but attached to Kadena Air Base. **LT Adam Deising** will fight the cold winters at Naval Hospital Great Lakes and **LT Karen Jacobson** will enjoy the hurricane season at Naval Hospital Pensacola. **LT Rebecca Still** will be at Naval Hospital Twentynine Palms and **LCDR Andrew Lin** at Naval Hospital Pendleton. **LT Joel Sklar** travels to Lima, Peru to join the Naval Medical Research Center (NMRC). **LT James Prah** and **LT Thu-Thuy Kim** will both stay in San Diego to start fellowship training in Pulmonary/Critical Care and **LT Mark Tschanz** will be our Chief of Residents. We wish all of our graduating residents and interns the best and look forward to their successes in all future endeavors.

LT PATRICK WEBB, MC, USN, ACP ASSOCIATE
CHIEF OF RESIDENTS, NMCS

ASSOCIATES' UPDATE: NMCP

As the 2007-2008 Academic Year at Navy's "First and Finest" approaches its end, we look back on some of the highlights of what has been a tremendous 12 months and start planning for some of the excitement of the upcoming year. The December GME Selection Board list results reminded us of our increasing popularity as a training site. We will have 5 of our current interns, including **LT Justin Lafreniere**, **LT Rolf Graning**, **LT Alicia Warnock**, **LT Linda Dunn** and **LT Tiffany Cartner**, staying on to complete their IM residency with us. They will be joined by four others returning from the fleet to begin their PGY-2 years. Additionally we found out about the 18 newly graduated doctors who will be headed to Portsmouth for their internship - many of whom had rotated with us as medical students.

Of course, the current year isn't quite completed and we continue to enjoy an outstanding core of interns and residents, maintaining their high level of clinical training and still making us proud with their research contributions. In January we were represented by 6 of our residents, including **LT Jimmy Suvatne**, **LT Erik Modlo**, **LT Jon McDivitt** and **LT Rashad Wilkerson** at the Virginia ACP Associates' Day, all doing oral presentations. **LCDR Chris Duplessis** and **LT Christina St. Clair** were also there and were honored by being selected among the top presentations at the meeting, with **LCDR Chris Duplessis** ultimately winning the top prize overall. With his victory at the Virginia meeting, **LCDR Chris Duplessis** also presented his research at the national meeting, Internal Medicine 2008, last month in Washington, D.C. as did **LT Christina St Clair**, for her award winning research presentation from the Navy Chapter ACP Meeting in October. Also presenting at the National meeting were **LT Erik Modlo**, **LT Jon McDivitt**, and **LT Nieka Harris**. We also congratulated intern, **LT Ben Knepper** for his recognition at our hospital's research competition on his investigation of schizophrenia in the intensive care unit.

In addition to our academic and GME responsibilities, NMCP Internal Medicine has stayed active in other activities as well. Maintaining our commitment to community service, we had a successful March Madness fundraiser to benefit the Navy-Marine Corps Relief Society and several of our residents and staff members have been monthly volunteers at the nationally recognized Chesapeake Free Care Clinic, coordinated by **LT Tyler Warkentien**. Eagerly proving that we can have fun as well, 31 interns, residents, cardiologists and cardiology support staff donned their sunscreen and plaid pants for the First Annual Southern Open Heart Open golf tournament, organized by current interim Intern Coordinator and

Associate Program Director, **LCDR Joseph Sposato**.

Finally, it is time for us to say "good-bye" to our graduating senior residents: **LT Christine Arriola**, who is bound for USS FT. MCHENRY (LSD-43); **LT Sean Caufield**, who will be taking care of recruits at the Naval Hospital Great Lakes; **LCDR Chris Duplessis**, who will be spending the next year as the internist at Naval Hospital Guantanamo Bay, Cuba; **LT Dan Lawson**, who will be heading to Naval Medical Center San Diego as a staff internist; **LT Jessica Lee** travels north to Walter Reed Army Medical Center for a Nephrology fellowship; **LT Megan McGavern**, who will stay on as a staff internist here at NMCP; **LT Erik Modlo**, who will be a staff internist at the Naval Hospital in Pensacola; **LCDR Michael Spooner** (graduated in January), who will be joining the Cardiology fellowship program at Naval Medical Center San Diego; **LT Tyler Warkentien**, who will be an Infectious Disease fellow at Naval Medical Center San Diego; **CDR Brian Wells**, who will be Senior Medical Officer on USS HARRY S TRUMAN (CVN-75); **LT Rashad Wilkerson**, who will be traveling around the world to serve as a staff internist at the Naval Hospital Guam; and **LT Tod Morris**, who will be taking over for me as Chief of Residents here at Naval Medical Center Portsmouth as I head to Bethesda for fellowship in Gastroenterology.

As always, special end of the year recognition is warranted for our amazing program director, **CAPT (sel) Lisa Inouye**, our seemingly tireless program coordinator, **Ms. Patricia Shipley** and our spectacular department head and Navy Chapter Governor, **CAPT Jeffrey Cole**.

**LT DAVID FURMAN, MC, USN, ACP ASSOCIATE
CHIEF OF RESIDENTS, NMCP**

ASSOCIATES' CORNER: NNMCM

Residents from the National Naval Medical Center (NNMCM) were well represented at ACP national and chapter meetings in May. The Doctor's Dilemma team comprised of **LT Dave Byers**, **LT Greg Fuhrer** and **LT Aaron Flanders** performed well at Internal Medicine 2008, but were unable to advance past the first round. **LT Steve Armbruster** presented two posters at this national scientific meeting, while **LT Kate Love**, **LT Rahim Remtulla**, **LT Julia Savitz** and **LT Bob Gallagher** all presented their research in the poster competition. In May, NNMCM residents also fared well at the Spring DC ACP Chapter Meeting as **LT Kate Love** captured third place in the podium competition and **LT Lauren Weber** collected first prize for her case of thoracic sarcoma. NNMCM residents are also presenting their work at national subspecialty conferences. **LT Marisella Noorhasan** and **LT Greg Fuhrer** are preparing their research for presentation at the Endocrine Society's annual meeting in San Francisco in June.

LT Marisella Noorhasan and **LT Andres Nieto** continued the NNMCM tradition of clinical rotations overseas, allowing residents to experience diverse cultural, research and clinical opportunities. They each completed a month long research rotation in enteric infections in Lima, Peru. The Internal Medicine Residency Program also continues to diversify its curriculum at home as January marked the full-time incorporation of a community service rotation at Holy Cross Health Center where residents focus on continuity care and hospital follow-up of uninsured DC residents. The Internal Medicine Residency Program has also taken the landmark step of instituting a research track for residents in during the upcoming 2008-9 academic year. The track is designed to provide mentoring and statistical support as well as an education in the design of clinical research, with the goal of allowing our house staff to develop, conduct, and publish hypothesis-driven research.

As the academic year approaches its close, the Internal Medicine Residency Program would like to wish its departing house staff, "*Fair winds and following seas*" at their next duty stations. In addition to the eleven interns who will be supporting the fleet in operational billets, our graduating residents will enjoy diverse careers. **LT Scott Parrish** and **LT Dave Byers** will remain in the National Capital Area to complete fellowships in Pulmonary/Critical Care and Infectious Diseases, respectfully. **LT Farzad Nowrouzadeh** was selected for a full time out-service fellowship in Gastroenterology at the University of North Carolina (Chapel Hill). **CPT Susannah Cooper** will start a Hematology/Oncology fellowship at San Antonio Military Hospital Center (formerly Wilford Hall/BAMC). **LT Steve Armbruster** will join several former NNMCM residents as a staff internist at Naval Hospital Yokosuka, Japan. **LT Robert Dendall** will become a staff internist at Naval Hospital Guam while **LT Marisela Noorhasan** will practice medicine at Naval Hospital Jacksonville. Finally, **LT Christina Malekiani** will take over the position of Chief of Residents for the 2008-9 academic year.

As you can see the residents at NNMC continue to be active in the community, in competition, and in medical education at all levels. Finally, the Department of Internal Medicine looks forward to the exciting opportunity that awaits us as we break ground for the new hospital that will house the merged Walter Reed National Medical Center. We look forward to seeing our friends and colleagues in San Diego this fall for the annual Navy Chapter ACP Scientific Meeting.

**LT M. CASEY FLANAGAN, MC, USN, ACP ASSOCIATE
CHIEF OF RESIDENTS, NNMC**

DIGITAL CORNER - MICROSOFT HOME USE PROGRAM AND EMPLOYEE PURCHASE PROGRAM

As part of a new offering from Microsoft, Navy Medicine employees (active duty, civilian employees, and contractors working for Navy Medicine) who use a Navy Medicine PC with MS Office are eligible to participate in both the Home Use Program (HUP) and the Employee Purchase Program (EPP). These programs are available as a result of the Navy Medicine participation in an Enterprise Software License agreement between Microsoft and DoD Health Affairs (DoDHA).

The HUP program enables Navy Medicine employees to obtain a licensed copy of Microsoft Office to install and use on a home computer for a small one-time fee. You may continue using this HUP software while you are under Navy Medicine employment, as long as the software you use at work has active software assurance coverage. Please note that even though other software applications are available on the Microsoft HUP website for Navy Medicine, employees are only eligible for those products if they have been loaded on your office PC as part of the MHS Enterprise license agreement.

The EPP is a separate program that provides some of Microsoft's most popular consumer software and hardware at discounted prices. This offering includes products such as Microsoft Office XP Professional, Microsoft Windows XP Professional, Microsoft Money 2003 and some of the newest games and hardware. You may purchase up to three copies of any product available.

The instructions for using these benefits follow. Please note that you must use your employment email address (i.e., john.doe@med.navy.mil) to be allowed access to the Microsoft web site.

Navy Medicine Microsoft Home Use Program

As part of a new offering from Microsoft, any individual employed by Navy Medicine who uses a Navy Medicine domain PC with MS Office is eligible to participate in the Home Use Program (HUP).

This program enables you to get a licensed copy of Microsoft Office desktop applications to install and use on your home computer for a small one time fee. Navy Medicine employees are licensed to use MS Office under the DoDHA software assurance agreement with Microsoft, therefore all Navy Medicine employees who are assigned a Navy Medicine-owned PC are permitted to order MS Office. You will notice that other products such as Visio, Project, and Publisher will show up in the drop-down list, but you are only authorized to order those products if they have been loaded on your HA or TMA owned PC and have software assurance as art of the MHS Enterprise License. If you have any questions please check with the program administrator to determine your license eligibility.

For each product eligible for the Home Use Program, you may order a single copy of that product to install and use on a home computer. You may continue using this HUP software while you are under HA or TMA employment and as long as the software you use at work has active software assurance coverage.

Please note that some product and language versions may not be available at the time you place an order. For up-to-date information on the availability of Home Use Program software, please visit <http://microsoft.com/licensing> for details.

To access the Microsoft Home Use Program web site, please follow the steps below:

1. Go to <https://hup.microsoft.com/>
2. Select the country to which you wish your order to be shipped to and choose the language for viewing the order web site.
3. Enter your corporate email address and insert the following program code A2E2205CDE. Only your Navy Medicine email address will allow you proper access to this program. Note: This program code is assigned to our organization for

our sole use in accessing this site. You may not share this number with anyone outside our organization.

4. Microsoft will then reply by e-mail to your authorized account, with an authorization e-mail and ordering instructions.
5. Place your order on-line and it will be shipped to the location you have chosen. Please note that a fulfillment fee will be charged to cover packaging, shipping and handling costs.

Navy Medicine Microsoft Employee Purchase Program

As part of a new offering from Microsoft, any individual employed by Navy Medicine is eligible to purchase some of Microsoft's most popular consumer software and hardware at discounted prices. This offering includes products such as Microsoft Office XP Professional, Microsoft Windows XP Professional, Microsoft Money 2003 and some of the newest hardware. You may purchase up to three copies of any product available.

To access the Microsoft Employee Purchase Program web site, please follow the steps below:

1. Go to <https://epp.microsoft.com> and insert the following program code 34216CDD76
Note: This program code is assigned to our organization for our sole use in accessing this site. You may not share this number with anyone outside our organization.
2. Choose your preferred country and language.
3. Enter your Navy Medicine email address (any.member@med.navy.mil).
4. Place your order on-line and it will be shipped to you.

Please note that MSEPP member exclusive offers are valid only while supplies last. Orders cannot be shipped to PO boxes. Your Microsoft EPP purchases are conditioned on your employee status. See <https://epp.microsoft.com> for details.

LCDR BRIAN N. BOWES, MC, USN, ACP MEMBER
NAVAL HOSPITAL JACKSONVILLE

NAVY CHAPTER ACP 2008 SCIENTIFIC MEETING

The Navy Chapter ACP Scientific Meeting is scheduled to be held from Thursday, 9 October 2008 through Saturday, 11 October 2008. The theme for the meeting is "*Damn the Torpedoes - Full Speed Ahead!*" - the focus of which will be to not only recognize the great challenges facing us in Internal Medicine, but also to instill a proactive, forward-thinking, problem-solving attitude that will allow Navy Internal Medicine to continue to excel. **Robert G. Luke, MD, MRCP, MACP, ACP Regent** and renowned medical researcher, academician and clinician, has agreed to be the College Representative at the meeting.

The meeting will be held at the Horton Grand Hotel in San Diego, California, with blocks of rooms available at this site. The Awards Dinner will be held on board USS MIDWAY, located at Navy Pier in downtown San Diego. Please visit the Henry M. Jackson Foundation website (<https://www01.hjf.org/apps/internet/events2.nsf/eventView2/526FD0F2C7F847F28525743D006408A8>) for additional information regarding registration for both the Scientific Meeting and the Awards Dinner, in addition to lodging (go to the "Hotel" tab on the website). Military uniform for active duty Navy attendees at the Scientific Meeting will be Summer Whites; military uniform for active duty Navy attendees at the Awards Dinner will be Mess Dress Blues.

Additionally, please provide nominations for the Volunteerism Award, the Chapter Laureate Award, and the Sparks Award (Outstanding Internist at a Non-Teaching or Family Practice Training Hospital) to **LT Tom Hicks** (thomas.hicks@med.navy.mil) (Chairman, Awards Committee) by Monday, 11 August 2008.

Last, but certainly not least, all Associate Members are encouraged to provide abstracts for research and/or clinical vignettes for consideration for podium and poster presentations at the meeting. Please visit the Navy Chapter ACP website (http://www.acponline.org/about_acp/chapters/navy/abstract08.htm) to electronically submit an abstract. Please note the due date of Sunday, 17 August 2008 by midnight.

LCDR DANIEL F. SEIDENSTICKER, USN, ACP MEMBER, PROGRAM CHAIR, NAVY SCIENTIFIC MEETING 2008
CAPT JEFFREY B. COLE, MC, USN, FACP, GOVERNOR, NAVY CHAPTER ACP

Photo Gallery



New Navy Chapter Fellows and the Governor



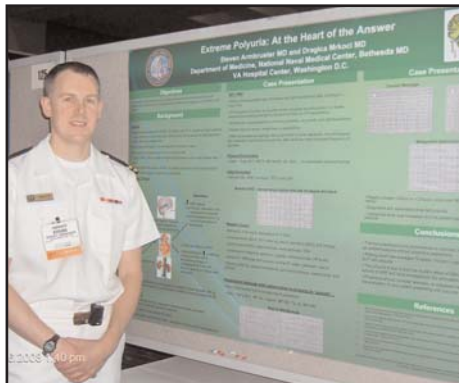
Navy "Doctors' Dilemma" Team -- LT Greg Fuhrer, LT David Byers, and LT Aaron Flanders



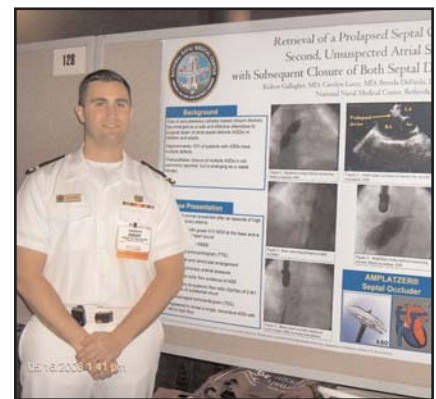
LCDR Chris Duplessis (NMCP) and his research poster



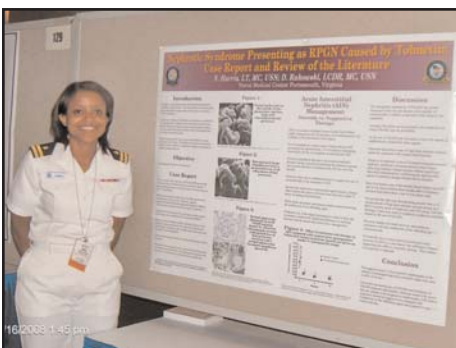
LT Kristina St. Clair (NMCP) and her research poster



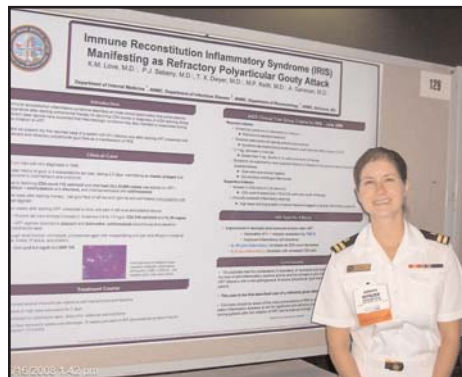
LT Steven Armbruster (NNMC) and one of his two clinical vignette posters



LT Robert Gallagher (NNMC) and his clinical vignette poster



LT Nieka Harris (NMCP) and her clinical vignette poster



LT Kathleen Love (NNMC) and her clinical vignette poster

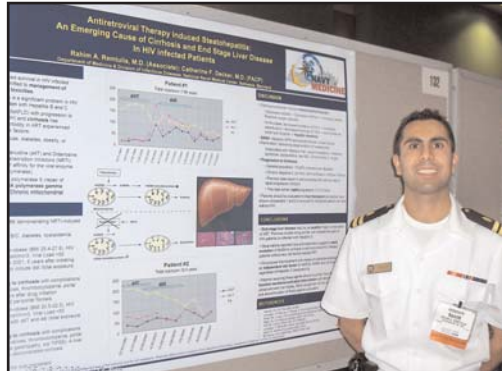


LT Jon McDivitt (NMCP) and his clinical vignette poster

Photo Gallery, continued



LT Erik Modlo (NMCP) and his clinical vignette poster



LT Rahim Remtulla (NNMC) and his clinical vignette poster



Lt Julia Savitz (NNMC) and her clinical vignette poster