

Missouri Chapter GOVERNOR'S NEWSLETTER

ACP
AMERICAN COLLEGE OF PHYSICIANS
INTERNAL MEDICINE | *Doctors for Adults*

Winter 2005

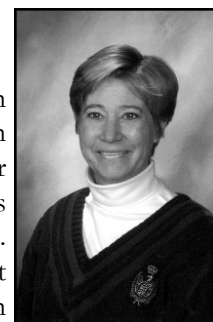
Anne Winkler, MD, PhD, FACP, FACR
Governor, Missouri Chapter

IN THIS NEWSLETTER

	Page
Governor's Message	1
Dr Fleming Elected Governor-Elect	2
2005 Missouri Chapter Meeting	3
Health and Public Policy Committee	3
Missouri Chapter Awards	3
What's New	4
2006 Missouri Chapter Meeting	4
April CME at MSMA Convention	4
Calendar	5
Poster Contest	5
National Nominations	6
Medicare Part D	6
Poster Ad Hoc Committee Meets	6
Thanks!!	6
100,000 Lives Campaign	7
Foundation Health Tips	7
Ballot	8

FROM YOUR GOVERNOR.....

The Fall Board of Governors' meeting was held in Providence, RI from Sept.21-25, 2005. The main emphasis of the meeting was the Pay for Performance (P4P) issues and the ways ACP is taking a leading role in guiding this initiative. Please keep in mind that ACP is in the forefront with this issue, in part due to our ongoing reputation for appropriate and thoughtful ideas and in part due to the need for the physician to be at the center of these decisions. Key points that ACP is stressing in the development of any P4P plan are: measures must be evidenced-based, transparent, developed by the medical profession and not impose excessive burden. Efficiency measures should be based on evidence of under use, overuse and misuse and not on statistical cost comparisons of claims submitted. Measures should be based foremost on quality: cost savings may result from better quality but must not be at its expense. Measures should be validated through multi-stake holder process and measures, ratings and report cards need to be risk-adjusted. Finally measures should be phased in gradually and physicians should be able to share in savings generated by improved quality.



In addition, it was evident at this meeting that physician volunteer efforts to help with the medical care resulting from the hurricane were not easily expedited by the federal, state and local policies that are already in place. The governors from the Mississippi and Louisiana Chapters who experienced the disasters first hand as well as from other states who had members trying to aid in the delivery of health care to the hurricane and flood victims said that there is a large gap between policy and implementation. Not only were there the expected issues of licensure and malpractice coverage but also the Red Cross and Medical Services Corps had no mechanism to deal with volunteer physicians. I think as a state chapter we need to address this (physician volunteers and overall health care delivery during disasters) within our state just as the ACP is looking at how to help on a national level. Please note that ACP already has responded by informational links on the ACP website and waiving of dues for physicians in the impacted areas and have suggested the

<http://www.acp-missouri.org/>

following for implementation: create a fund to benefit member victims, collect equipment supplies for member victims, match IM employment opportunities in other parts of the country, establish a panel of physicians prepared to respond to disasters in the future, and work with other agencies to develop plans for future disasters.

The following resolutions passed, some with modification: patient safety posters at the national conference introduced by the Missouri chapter, encouraging chapters to include student activities, encouraging chapters to develop distinct student categories at abstract competition, encouraging chapters to schedule regional chief resident meetings, eliminating automatic dues reduction at age 65, approving mandatory chapter dues, encouraging medical schools to increase clinical teaching faculty, including ACP sponsored update series at subspecialty meetings, increasing student and associate subsidies to the chapters, developing a panel of volunteer physicians for disaster response, waiving dues for ACP members when in disaster area, supporting tax deductions for living organ donors, creating ACP policy to address ethical questions regarding drug development and marketing, ensuring audits of physicians include underpayment reports, developing ACP policy that assists internists in achieving appropriate reimbursement, supporting legislation to limit drug direct to consumer advertising and exploring alternative models for comprehensive care services.

The following resolutions did not pass: educating seniors about SGR, improving peri-hospital care, appointing committee for the practice management center, transitioning from drug samples to vouchers, inviting legislators to council meetings, assessing educational needs of internists, expanding ACP website, changing the tag line, providing associates with PEIR access and developing plans for medical response to disasters.

If there are any questions regarding background or the discussion of these resolutions, don't hesitate to ask me via phone or email.

The major focus of the ACP Foundation is health literacy. They have developed third grade level health tips for a variety of conditions, including diabetes, hypertension and pain which are available to us for our patients. Begun five years ago, the ACP Foundation receives a donation annually from the Missouri Chapter representing one dollar for every member of the Missouri Chapter. The Missouri Chapter donated \$2230 in 2005.

A reminder: **Leadership Day** is **May 16-17, 2006**. Our chapter has funds to send four physicians and a student and an associate to this event. Any interested in attending please notify **Bill Fogarty** (wmfogartyjr@sbcglobal.net), chair of the HPPC or me (awinkler@sprg.mercy.net).

Anne Winkler, MD, PhD, FACP

DR FLEMING ELECTED GOVERNOR-ELECT

David Fleming, MD, FACP of Columbia has been elected to serve as Governor-Elect for the Missouri Chapter beginning his one year term at the College meeting in Philadelphia. Dr Fleming will begin his four year term as Governor at the 2007 College meeting in San Diego.



The two candidates for Missouri Chapter Governor-Elect: Warren Lovinger, MD, FACP of Nevada and David Fleming, MD, FACP of Columbia

<http://www.acp-missouri.org/>

2005 MISSOURI CHAPTER MEETING

The Missouri Chapter meeting was held at Tan Tar A in Osage Beach September 15-18. Members in attendance received 19 hours of CME and heard from **Kathy Weaver**, MD, member of the Board of Regents; **Bob Doherty**, ACP Sr. Vice President in Washington DC; **Rosemary Fischer**, MD, chair of Internal Medicine at Yale; **David Gardner**, MD from UMC lectured on diabetes for the third consecutive year; and many other talented speakers.

Physicians attending continue to rate the Missouri Chapter speakers very highly. Remarks like the following are received every year, "As always - superb meeting of real value to participants," "it was a wonderful meeting, I will be back next year," "very good meeting, as always" and "workshops are excellent." High-quality CME is available annually at your Missouri Chapter meeting. Please join us for 19 hours of CME **September 28 - October 1, 2006** at the **Lodge of Four Seasons**.

HEALTH AND PUBLIC POLICY COMMITTEE

William M. Fogarty, Jr., MD, FACP - Chair

The 2006 session of the Missouri Legislature will begin in January. Numerous issues that will affect physicians and their patients will be considered, the most important of which is likely to be revision of the Medicaid laws. The Medicaid Commission held hearings throughout the state and is to present its conclusions and recommendations to the House and Senate at the beginning of the session. The ensuing deliberations and legislation will have profound consequences for healthcare of the indigent, elderly and disabled of Missouri for years to come. It is essential that physicians keep themselves informed on these matters and contact their legislators with their input.

In addition, there are numerous other issues that will require your support or opposition. Among these are insurance reform, licensing of naturopaths, prescribing privileges for nurses, psychologists and pharmacists, the regulation/restriction of abortion, the regulation of stem cell research and economic credentialing.

Please keep yourselves informed of the progress of the legislative session and contact your senator and representative with your input on bills of importance to you and your patients. The MSMA "Legislative Report" is an excellent weekly summary of the action in Jefferson City and is available to all MSMA members.

The HPPC of the Missouri Chapter will attempt to keep you informed of critical issues through your Chapter Representatives. Actions taken in Jefferson City will have profound effect on you and your patients. Stay tuned and stay involved.

MISSOURI CHAPTER AWARDS

During the 2005 Missouri Chapter meeting the Awards Banquet recognized physicians and students. **Sarah Aydt**, MD, FACP of Cape Girardeau and **Donald Gerhardt**, MD, FACP of Columbia were recognized with the Laureate Award. Students recognized for the Clerkship Award were: **Kara Driscoll** of Saint Louis University; **Jeremy Youse** of University of Missouri - Columbia; **Adam Salisbury** of University of Missouri - Kansas City; and **Cynthia Herrick** of Washington University.

The Missouri Chapter of the ACP also initiated its Volunteer Award recognizing **John D. Bentley**, MD of Springfield; **Jan Swaney**, MD of Columbia; **Richard Whiting**, MD, FACP of St Louis; and **Rick Butin**, MD - Kansas City for contributions to their communities.



WHAT'S NEW?

Over the past year, a collaborative working relationship between the American College of Physicians (ACP) and the American Board of Internal Medicine (ABIM) has resulted in ABIM's granting credit for an attractive new option for ACP's Medical Knowledge Self-Assessment Program 13 (MKSAP 13) to fulfill part of the requirement for maintenance of certification. In addition, starting in January, a modified overall framework for Maintenance of Certification will be instituted by ABIM, motivated by a desire to increase flexibility, reduce redundancy, emphasize assessment of performance in practice, and simplify the process for physicians recertifying in both internal medicine and one or more of its subspecialties. ACP and ABIM are both committed to continuing to work together for the best interests of physicians, patients, and the discipline of internal medicine. Additional information is available at www.acponline.org/moc/about.htm or www.abim.org.

2006 MISSOURI CHAPTER MEETING

Plans are already being made for the 2006 Missouri Chapter meeting. In addition to the change in topics, we are moving to the Lodge of Four Seasons. Mark your calendar now - **September 28 - October 1, 2006.**

- Chronic Renal Disease - Management Prior to the need for Dialysis
- Common Eye Problems - Update for Internists
- Diabetes
- Ethics: End of Life
- Fibromyalgia
- Humanities - On Being A Doctor
- Hypertension: Is JNC-VII out of date?
- Interesting Hematologic Cases
- Interventional Management of Peripheral Vascular Disease (including Carotid)
- Lipids: Cardiovascular Risk Reduction
- Medicare and Pay for Performance: Beyond Claims Data - College Regent
- Missouri Medicaid Director - Michael Ditmore, MD
- Non-alcoholic fatty liver disease and NASH.
- OB/Gyn - Update for Internists
- Periodic Health Exam , including Immunizations
- Prostate 2006
- Seizure Management and Problems
- Sepsis
- Spinal Frontiers: Back Surgery and Interventions Update
- Stump the Professor
- The Emerging Influenza Threat
- Therapies with and Complications of Rheumatology Biologics
- Workshop - What's that Chest Xray
- Workshop - What's that Skin Lesion

APRIL CME AT MSMA CONVENTION

The Missouri Chapter of the ACP will be adding four hours of CME to those already being offered during the MSMA annual convention April 8 in St Louis. The topics and speakers follow. Complete registration details are available online at www.msma.org.

- Osteoporosis - A Clinical Update - **Kathryn M Diemer**, MD
- New therapies in rheumatoid arthritis - **Leslie Kahl**, MD
- Hepatitis C: Outbreak - **Marc Bernstein**, MD
- Biliary tract disease - **Dave Walden**, MD

CALENDAR:



January 16 - Ballot due

April 8 - Missouri Chapter CME during MSMA meeting in St Louis

March 4 Missouri Chapter Council meeting - Columbia

August 16- Deadline for Associate Poster Entries

March 4 Cape Girardeau Medical Society / ACP Internal Medicine Review - Cape Girardeau

September 28 - October 1 - Missouri Chapter meeting at The Lodge of Four Seasons

April 6-8 - ACP meeting in Philadelphia

ACP POSTER CONTEST

More than 80 posters were submitted for the annual poster contest held during the Missouri Chapter meeting at Tan Tar A. In a departure from the previous generation of ACP Poster contests, a third category was added: Patient Safety and Quality Improvement. We expect interest to grow for this new category since the ACP Board of Governors has already agreed to add it to the ACP Poster contest at the 2007 College meeting based on a resolution from the Missouri Chapter.

The winners are listed below with an asterisk denoting those who won a \$1500 stipend to attend ACP 2006 meeting in Philadelphia. No story about the Poster contest would be complete without crediting the forty-three members who judged the posters and **Brent Beasley, MD, FACP** who has run the event for the past few years.

Clinical:

1. Asha Chemmalakuzhy * - St Mary's
2. William Gai * - St Lukes (Chesterfield)
3. Catherine Iasiello - UMC

Research:

1. Jagdish Nachnani * - UMKC
2. Venkata Reddivari - St Lukes (Chesterfield)
3. Lihua Pan - Washington University

Patient Safety and Quality Improvement:

1. Qasim Hasan - Forest Park
2. Rachel Kingree - UMC
3. Nabil Kamel - Saint Louis University



Picture of judges during Poster Contest: Walt Coyle, MD, FACP - Governor of the Navy Chapter; Larry King, MD, FACP; and Anne Winkler, MD, PhD, FACP - Missouri Chapter Governor

NATIONAL NOMINATIONS

An important role the Missouri Chapter plays in representing Missouri is ensuring that members are represented at the national level. Recently, **Anne Winkler**, MD, PhD, FACP was one of two nominated to serve as 2006 Chair of the ACP Board of Governors. Unfortunately, she was defeated in the election.

This fall two Missouri Chapter members have been nominated for College committee service. **Joe Muscato**, MD, FACP of Columbia for the Health and Public Policy Committee and **Alan Forker**, MD, FACP of Kansas City for the Nominations Committee. Additionally, **Ken Ludmerer**, MD, MACP has been nominated to run for the Board of Regents.

Dan Goodenberger, MD, FACP of St Louis has been nominated by the ACP to serve on the Residency Review Committee for Internal Medicine. The committee is part of the Accreditation Council for Graduate Medical Education, which is responsible for accreditation of post-M.D. medical training in the United States.

The status of these nominations remains open. We will keep you informed of these and others as news becomes available.

MEDICARE PART D

Your patients are likely to be confused by Medicare Part D and the 42 drug plan options in Missouri. The enrollment deadline is May 15. Please have your staff keep the following contact info available for patients:

- ❖ Missouri CLAIM insurance counseling at 800-390-3330
- ❖ Missouri CLAIM at www.missouriclaim.org
- ❖ Medicare at www.medicare.gov
- ❖ Medicare at 800-MEDICARE
- ❖ ACP Online at www.acponline.org/PMC/partd.htm

POSTER AD HOC COMMITTEE MEETS

A special committee has been created to address the Associates Poster Contest held during the chapter meeting. Representatives of the residency programs around the state have begun meeting to discuss how to continue to improve the event for all concerned.

The number of posters has increased to average 80 over the past few years. Our maximum allowable is 92 due to facility constraints. In the event we exceed 92 entrants, the first 92 poster entries will be allowed into the event on a first-come, first-serve basis without regard to the category (Research; Clinical Vignette; and Patient Safety & Quality Improvement). The entry deadline is **August 16, 2006 by 1:00 p.m.**

The committee will next address changes which are being implemented by the College poster contest applying statistics to the scores to ensure the best posters are recognized as winners. Further information will be on the website at www.acp-missouri.org.

THANKS!!

The Missouri Chapter of the ACP appreciates those who supported our CME by exhibiting at the annual meeting. Please thank representatives of the following for their role in keeping your CME affordable.

- ◆ Abbott Laboratories
- ◆ AstraZeneca Pharmaceuticals
- ◆ Blue Cross Blue Shield of Kansas
- ◆ Boehringer Ingelheim
- ◆ Centocor
- ◆ Laboratory Corporation of America
- ◆ Linde Healthcare
- ◆ Medical Employment Directory
- ◆ Merck & Co.
- ◆ Missouri National Guard
- ◆ MSMA Insurance Agency
- ◆ Ortho-McNeil Pharmaceutical
- ◆ Primaris
- ◆ Procter and Gamble Pharmaceuticals
- ◆ Professional Data Services, Inc.
- ◆ Sanofi-Aventis
- ◆ Santarus, Inc.
- ◆ St. Johns
- ◆ Takeda Pharmaceuticals North America, Inc.
- ◆ Wyeth Ayerst

OVER 2,800 HOSPITALS HAVE JOINED THE 100,000 LIVES CAMPAIGN

The 100,000 Lives Campaign is an initiative to engage U.S. hospitals in a commitment to implement changes in care proven to improve patient care and prevent avoidable deaths. The Campaign is the first national effort to promote saving a specified number of lives by a certain date (June 14, 2006). Since it was first announced in December 2004, the Campaign has enlisted 2800 of the approximately 5700 hospitals in the U.S. Canada has launched its own version of the Campaign called Safer Healthcare Now. The Campaign is built around six changes that have been proven to prevent avoidable deaths. They are:

- ◆ Deploy Rapid Response Teams...at the first sign of patient decline
- ◆ Deliver Reliable, Evidence-Based Care for Acute Myocardial Infarction... to prevent deaths from heart attack
- ◆ Prevent Adverse Drug Events (ADEs)... by implementing medication reconciliation
- ◆ Prevent Central Line Infections... by implementing a series of interdependent, scientifically grounded steps called the “Central Line Bundle”
- ◆ Prevent Surgical Site Infections... by reliably delivering the correct perioperative care
- ◆ Prevent Ventilator-Associated Pneumonia... by implementing a series of interdependent, scientifically grounded steps called the “Ventilator Bundle”

Organizations outside the U.S. are encouraged to enroll in the Campaign. There is no cost to joining the 100,000 Lives Campaign. Detailed information on the six interventions is available on IHI's website at <http://www.ihl.org/IHI/Programs/Campaign/>.

FOUNDATION HEALTH TIPS

HEALTH TiPS are tools created to assist your patients in managing their chronic conditions. These two sided 4'x 6' cards contain clinical content developed through PIER, ACP's electronic, Web-based, decision-support tool designed for rapid point-of-care delivery. Content for HEALTH TiPS is created at or below a fifth-grade reading level. Currently, HEALTH TiPS pads are available for pain and hypertension in both English and Spanish. Pads for other chronic conditions are under development.

The Foundation created a Medicare Part D HEALTH TiPS in response to the upcoming opportunity for people with Medicare to enroll in a Medicare approved plan. The Medicare Part D HEALTH TiPS describe the two basic plans Medicare will be offering as well as important dates to participate in the insurance plan. This tool will prepare physicians to speak with patients about what they can expect from the Medicare Part D plan. Pointers on financial assistance and precautions to take during enrollment are outlined in the HEALTH TiPS. The Medicare Part D HEALTH TiPS are available on the Foundation website and will be available on the College website by November 21, 2005.

HEALTH TiPS for Pain, Hypertension and Healthy Shelter Living are free resources for all ACP members. Pain and Hypertension pads can be ordered on the Foundation's web site: http://foundation.acponline.org/healthcom/ht_order.htm. Shelter Living HEALTH TiPS can be downloaded from <http://foundation.acponline.org/shelvertips/>.

HEALTH TiPS are also available at Chapter meetings. Stop by the American College of Physicians table and look for the brightly colored pads.

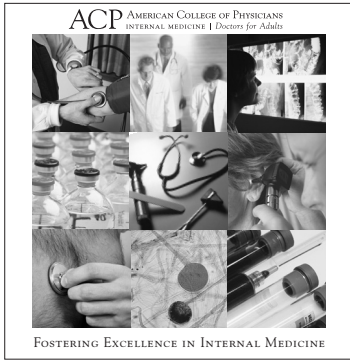
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**Missouri Chapter Scientific Meeting
Tan Tar A Resort
Osage Beach, MO
September 28- October 1, 2006
Governor's Newsletter**

BG-5053

ACP COUNCIL - ELECTION BALLOT

The Nominations Committee for the Council of the Missouri Chapter recommends:

Nominated for a second three-year term (vote for two):

- Peggy Barjenbruch, MD, FACP - Mexico and
- Steve Keithahn, MD, FACP - Columbia.

Nominated for a first three-year term (vote for four):

- Pradeep Kapoor, MD, FACP - St. Louis
- Bob Lancey, MD - Columbia
- Louis Lim, MD - Springfield and
- Joe Muscato, MD, FACP - Columbia

Please vote by **fax 573-636-8552** or **mail to: ACP; PO Box 1028; Jefferson City, MO 65102.**

Ballot deadline **January 16.**