

# Missouri Chapter GOVERNOR'S NEWSLETTER

**ACP**  
AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

Fall 2003

Anne Winkler, MD, PhD, FACP, FACR  
*Governor, Missouri Chapter*

## MEETING AT LAKE OF THE OZARKS-BIG SUCCESS

The 2003 Missouri Chapter meeting was held September 18-21 at Tan-Tar-A in Osage Beach. Although it was rainy weather, we did have excellent attendance. The Education Committee did another great job in providing a strong and varied program. Eighteen hours of CME credit were possible to be obtained at this meeting.

The meeting kicked off with a superb lecture from Dr. Faith Fitzgerald on genetics, the ethical dilemma of biomanipulation, followed by recent advances in the treatment of dementia by Dr. George Grossberg. Topics through the rest of the weekend included periodic health examinations for women, update in prostate cancer screening, emerging diagnostic techniques in heart failure, and deep venous thrombosis and peripheral vascular disease updates. Mr. Bob Doherty from ACP in Washington DC gave the legislative update. Dr. Steve Beuttel served as college rep and presented the Missouri Chapter with the Chapter Excellence Award.



**Drs Faith Fitzgerald  
& Mary Muscato**



**Dr Beuttel presenting the Chapter  
Excellence Award to Dr Winkler.**

For the first time, the meeting also included two hands-on workshops; one was joint injection techniques, and the second was skin biopsy techniques.

### **This year's feedback included:**

- Excellent meeting!
- Another great meeting.
- Very good conference.
- Speakers were generally excellent and really worthwhile.
- Very good meeting.
- Always an excellent meeting. Good location.
- Excellent meeting! I hope to be here next year.
- Truly outstanding -wonderful venue.

The Laureate Award was given to **Dr. Richard Whiting, M.D., FACP, FACC**, who has been very active in the Missouri Chapter for many years. He also served as governor from 1999 to 2003.

The Missouri Chapter also sponsored a poster presentation for associate members. We had 64 entrants. This year there were no presenters in the research category. The winners in the Clinical Vignette category are:

### **1st - Nabeela Saeed, M.D.**

(St. Mary's Health Center, St. Louis, MO)  
Adrenal Insufficiency Resulting from Adrenal  
Lymphoma in an Elderly Patient with Prior Breast Lymphoma

### **2nd - Rohit Loomba, M.D.**

(St. Luke's Hospital, Chesterfield, MO)  
Autoimmune hepatitis associated with C1q deficiency

### **Puja Chitkara, M.D.**

(St. Luke's Hospital, Chesterfield, MO)  
Kikuchi - In United States?

The Education Committee has already started developing the agenda for next year's meeting, which will be **September 9-12, 2004**. Mark your calendars and plan to be there.

Sincerely,  
Anne E. Winkler, M.D. Rheumatology

## MISSOURI CHAPTER BOOK AWARDS

Each year the ACP Book award is presented at the graduation ceremony to the graduating senior who meets the following criteria:

- (1) achieves the highest cumulative grades in all General Internal Medicine rotations and any required written examinations covering the general field of Internal Medicine in the third and fourth year of medical school;
- (2) has outstanding ethical and humanitarian qualities;
- (3) is committed to a career in General Internal Medicine or one of the subspecialties of Internal Medicine.

The award consists of a certificate, a check in the amount of \$200 and a personal letter from the Governor of the Missouri Chapter. This year's winners include:

<b>Kalena K. Hwang</b>	Saint Louis University - Sharon E. Frey, MD, FACP
<b>Emily Coberly</b>	University of Missouri, Columbia - Joseph J. Muscato, MD, FACP
<b>Ashish Mehta</b>	University of Missouri, Kansas City - Frederick G. DeFeo, MD
<b>Joel Schilling</b>	Washington University - William A. Peck, MD, FACP

## MORE STUDENT AWARDS - CLERKSHIP AWARDS

The Clerkship Award honors medical students who have recently completed the third year of training and who performed meritoriously in their junior year clinical clerkships General Internal Medicine. These students will be in the early phase of their fourth year and they are not necessarily committed to a career in Internal Medicine.

<b>Christopher Eric Bauer</b>	Saint Louis University
<b>Jason Reinberg</b>	University of Missouri, Columbia
<b>Robert Kumar</b>	University of Missouri, Kansas City
<b>Andrea Bullock</b>	Washington University

## EDUCATION COMMITTEE PLANS

The Education Committee has outlined topics for the scientific sessions at the 2004 Chapter meeting. They include:

1. Diabetes update
2. Hypertension - new information
3. Women & Heart Disease
4. HIV update
5. Antibiotic use re: upper & lower respiratory
6. What's that Skin Lesion?
7. Asthma
8. Interstitial Lung Disease
9. Osteoporosis
10. Depression
11. Sleep disorders: diagnosis & treatment including insomnia, not just apnea
12. EKG interpretations
13. Irritable bowel: new drugs
14. Stump the professor
15. Lipids - new therapies
16. End of Life Issues
17. Electronic Medical Records
18. State Legislative update: Rep & Dem perspectives

### Workshops:

1. PDAs
2. EKG interpretations

**The 2004 Missouri Chapter meeting will be September 9-12 at Tan Tar A. Save the date and join your colleagues at our 2004 Chapter meeting.**

<http://www.acp-missouri.org/>

## LOCAL REP COMMITTEE

The Missouri Chapter has instituted a new committee, the Local Representative Committee. This will allow members from all around the state to have immediate access to information about ACP activities. All members are encouraged to use the Local Reps for two-way communication in addition to using the website - [www.acp-missouri.org](http://www.acp-missouri.org).

Cape Girardeau Mike Jedlinski, MD <a href="mailto:smmjed@charter.net">smmjed@charter.net</a>	Kansas City - Board of Healing Arts Nancy Russell, M.D. <a href="mailto:nancy@drnancy.com">nancy@drnancy.com</a>	St Louis (St Joseph's West) Maimuna Baig, MD <a href="mailto:mb63367@aol.com">mb63367@aol.com</a>
Columbia (UMC) Robert Lancey, MD <a href="mailto:lanceyr@health.missouri.edu">lanceyr@health.missouri.edu</a>	Lebanon Neal Schwartzmann, MD <a href="mailto:NSchwartzman@sprg.mercy.net">NSchwartzman@sprg.mercy.net</a>	St Louis (SLU & VA) Margaret Hochreiter, MD <a href="mailto:hochrem2@slu.edu">hochrem2@slu.edu</a>
Festus Musaddeque Ahmad, MD <a href="mailto:mahmad@jeffersonmemorial.org">mahmad@jeffersonmemorial.org</a>	Ste Genevieve Briccio Cadiz, MD <a href="mailto:bcadiz3@msn.com">bcadiz3@msn.com</a>	St Louis (St Mary's) Sandeep Sen, MD <a href="mailto:sandeepsen@pol.net">sandeepsen@pol.net</a>
Joplin Sam Carter, MD <a href="mailto:samcarter@pol.net">samcarter@pol.net</a>	St Louis (Baptist) Randy Silverstein, MD <a href="mailto:Randy63108@yahoo.com">Randy63108@yahoo.com</a>	St Louis (Wash. University) Megan Wren, MD <a href="mailto:mwren@im.wustl.edu">mwren@im.wustl.edu</a>
Kansas City (North KC) Greg Schnell 816-421-4240	St Louis (St. Johns) (St Luke's) Thomas Hastings, MD <a href="mailto:thasting@essehealth.com">thasting@essehealth.com</a>	Springfield (St John's) Tom Reinbold, DO <a href="mailto:treinb@pol.net">treinb@pol.net</a>
Kansas City (St Luke's) Steve Stiles, MD <a href="mailto:sstiles@saint-lukes.org">sstiles@saint-lukes.org</a>	St Louis (DePaul & Christian) Naveed Razzaque, MD <a href="mailto:nrazzaque@aol.com">nrazzaque@aol.com</a>	Springfield (Cox) John Kaicher, MD <a href="mailto:john.kaicher@coxhealth.com">john.kaicher@coxhealth.com</a>
Kansas City (Truman) Rick Butin, MD <a href="mailto:rebutin@yahoo.com">rebutin@yahoo.com</a>	St Louis (DePaul & Christian) Tariq Nawaz, MD <a href="mailto:tnawaz@dnamail.com">tnawaz@dnamail.com</a>	Washington (St John's Mercy - Wash.) Tim Baker, MD <a href="mailto:Tnmecm@msn.com">Tnmecm@msn.com</a>

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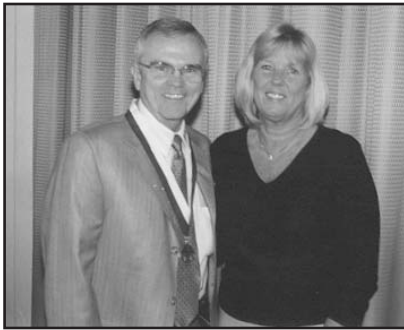
## GOVERNOR'S UPDATE FALL 2003 MEETING

Good news for everyone supporting the initiation of a PAC for ACP on a national level. The resolution to start a PAC went through with almost unanimous support from all the chapters. The resolution will now be presented to the Board of Regents for their approval and implementation. It is amazing to see, how much the organization has changed in its outlook regarding a PAC compared to the contentious discussions that occurred four or five years ago. I think we are all realizing the precarious position medicine in general, and internal medicine in particular, is in and that we now need to be much more involved and proactive if we hope to make any substantive changes.

Recertification is still an important topic. The good news is that the Board of Governors (and I think the Board of Regents) is committed to changing the present onerous, expensive, outdated process that is now in place. The Board of Governors reiterated the need for speed and adherence to a timeline for changes at this Fall BOG meeting as well as to the underlying need for change to make recertification more appropriate to today's practice of medicine and easier to accomplish, taking into consideration the different styles of learning as well as the need for an easy, less expensive process. The ABIM was represented by the incoming president Christine Cassel, MD, MACP who seemed open to change. However, the bad news is that change will not be likely to occur in the next one to two years.

The revitalization of internal medicine summit met in the beginning of November. This first step in a process to identify the problems in internal medicine and brainstorm possible solutions. These problems include lack of students choosing internal medicine as a specialty, difficulties of present internal medicine faculty members in their present practice environment as well as examining the difficulties of general internal medicine practice. Approximately 80 participants were involved at this first meeting representing different aspects of the internal medicine and it is likely that further summits will be held.

## LAUREATE AWARD PRESENTED TO RICHARD B. WHITING, MD, FACP, FACC



Sheryl and Dr Richard Whiting

**Dr Richard Whiting** of St. Louis was presented with the Missouri Chapter's Laureate Award during the Chapter meeting at Tan Tar A. Earlier this year Dr Whiting completed a four-year term as Governor of the Missouri Chapter.

Dr. Whiting graduated from Saint Louis University School of Medicine in 1965, did his internship and residency at the Brigham and Women's Hospital in Boston and then did 3 years of cardiology training (Brigham Hospital and one year at Massachusetts General Hospital in Cath Lab).

Dr Whiting has practiced at Saint Louis University, the University of Missouri - Columbia, and St Mary's in St. Louis. Earlier this year he retired as Chair of Medicine and Cardiology at St Mary's and accepted a position in private practice with the Metro Heart Group of St Louis.

### Past winners include:

2002 Joseph J. Muscato, MD, FACP and Mary S. Muscato, MD, FACP - Columbia  
2001 Alan D. Forker, MD, FACP, FACC - Kansas City  
2000 Steven D. Atwood, MD, FACP - Springfield  
1999 Warren C. Lovinger, Jr, MD, FACP - Nevada  
1998 Carl F. Strauss, MD, FACP - Kansas City  
1997 Megan E. Wren, MD, FACP - St Louis  
1996 William M. Fogarty, Jr, MD, FACP - St Louis  
1995 Sara E. Walker, MD, MACP - Columbia  
1994 Jean A. Chapman, MD, MACP - Cape Girardeau and Leo T. Neu, Jr., MD, FACP - Springfield  
1993 Coy D. Fitch, MD, MACP - St Louis  
1992 Charles Jobe, MD, FACP - Springfield and Robert Wilber, MD, FACP - Kansas City  
1991 J. Harold Morris, MD, MACP - Kansas City  
1990 Edward H. Reinhard, MD, FACP - St Louis  
1989 Paul O. Hagemann, MD, FACP - St Louis  
1988 Michael M. Karl, MD, MACP - St Louis  
1987 Thomas F. Frawley, MD, MACP - St Louis  
1986 Thomas W. Burns, MD, MACP - Columbia  
1985 Maxwell Berry, MD, FACP - Kansas City

## EXHIBITORS AT CHAPTER MEETING

Please thank representatives of the following companies for supporting your Missouri Chapter by participating in the exhibit hall at the Chapter meeting.

Abbott Laboratories

ACP

Air Force Health Professions

Andrx Laboratories

Astra Zeneca

Aventis

Boehringer Ingelheim

Bristol-Myers Squibb Medical Imaging

Eli Lilly

GlaxoSmithKline

Medical Employment Directory, Inc.

Merck

Missouri PRO

Ortho-McNeil

Otsuka America

Patient Charting Solutions

Pfizer

PRN Chart

Procter & Gamble

Purdue Pharma

Roche

Sanofi-Synthelabo

Scios

SSM Health Care

TAP

Wyeth

<http://www.acp-missouri.org/>

## HEALTH AND PUBLIC POLICY COMMITTEE UPDATE

The Missouri legislature closed out the year without overriding the governor's veto of the Tort Reform Bill. The bill contained provisions which would have offered some relief for Missouri physicians in the current medical malpractice insurance crisis but also was burdened with many provisions anathema to the governor and to Democrats in the legislature. Attempts by the Missouri State Medical Association and others meeting with the Trial Lawyers Association to draw up a bill that could pass a special session of the legislature came to naught and we are thus heading back to begin again in the upcoming legislative session. It is important for physicians to get involved if meaningful reform is to take place in Missouri. It is unlikely that anything will happen on the national level, especially in an election year.

With elections coming in the new year, physicians should get involved at the local level and support candidates for both state and national office that will support legislation that will help our patients and our profession. Tort reform is certainly an important issue but so is access to care for millions of Americans who are uninsured, prescription drug benefits for those who cannot afford to pay for necessary medications and numerous other issues. It is obvious that the current partisan, deadlocked legislatures we now have are not going to solve these problems. If we want change we will have to get involved and elect people with different motivations. The upcoming year is the time to start.

The College, through its various programs at the national and state levels can help. Become a **KEY CONTACT**. Go to the College website, [www.acponline.org](http://www.acponline.org) and learn about the issues that are before the Congress, where legislation stands and which bills are up for consideration. Get to know your local Representative and Senator or better candidates who might replace them. Attend their local functions and fund raisers, work in their campaigns, host a reception, make donations, and try to cultivate a relationship. Then, when important issues are under consideration, you can call them and expect that your viewpoint will at least receive consideration. This is the only way we will see progress toward the solution of these pressing problems.

In Missouri, if you are a member of the MSMA, you will receive a copy of the weekly "Legislative Report" published during the legislative session. It will keep you informed of the status of bills important to medicine and alert you when key votes are coming up.

The practice of medicine is a full time job and we all have many demands upon us, but what happens in the state and national legislatures is of vital importance to our patients and to our profession. If we do not voice our concerns and have input into the process, others will. If we are not involved in protecting our patients and our profession, it is likely that the results will not be to our liking.

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### Political Update - National

The key health policy issues for internal medicine for the year 2003 on the national level have been Medicare reform, tort reform and the Health Care Act of 2003. These issues have been the focus for ACP activity on the national level.

The Medicare reform bills of 2003 passed in the House and the Senate included coverage for prescription drugs, expanded choice of private sector plans, increased reimbursement to physicians, and regulatory relief. Unfortunately, some major differences exist between the House and Senate plans. These differences include how payments will be allocated, cuts in payments for physician-administered drugs, changes in coding for physician services, and mandates for electronic prescriptions. ACP has urged members of Congress to support the portions of the bill that compensate physicians appropriately for services and for physician

administered drugs and better rural reimbursement. ACP opposes mandated electronic prescriptions. ACP has also opposed replacing the present CPT coding with a new system (ICD-10) that would significantly complicate medical billing.

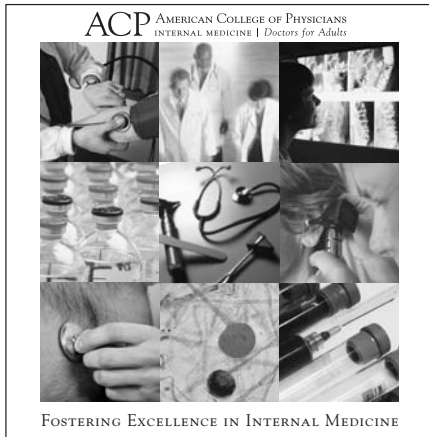
Tort reform was also on the agenda for the House and Senate. The good news is that both agree it is needed. The bad news is that although the bill passed in the House, it was blocked by a Democratic filibuster in the Senate. There are major differences regarding the cap on damages between the two and among the states. In short, tort reform will only occur with compromise, and the two sides are very far apart.

The Health Care Act of 2003 proposed by Senator Bingamon is essentially the ACP plan for coverage of the uninsured. It is widely supported by many other medical associations. However, it is unlikely to pass without wider support from both Democrats and Republicans.

**ACP**

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**Missouri Chapter Scientific Meeting  
Tan Tar A  
Osage Beach, MO  
September 9-12, 2004**

***Governor's Newsletter***

BG-3062

**MISSOURI CHAPTER COUNCIL BALLOT**

Please vote for five candidates and fax to **573-636-8552** or mail to: **ACP; PO Box 1028; Jefferson City, MO 65102**

\_\_\_ Musaddeque Ahmad, MD - Festus  
Medical School – Dhaka University; Bangladesh – 1981  
Residency Training – New York Methodist Hospital

\_\_\_ Brent Beasley, MD - Kansas City  
Medical School - University of Oklahoma - 1992  
Residency Training - University of Oklahoma - Tulsa

\_\_\_ Richard Butin, MD - Kansas City  
Medical School - University of Kansas - 1983  
Residency Training - Cleveland Clinic

\_\_\_ David Fleming, MD - Columbia  
Medical School - University of Missouri - 1976  
Residency Training - University of Missouri

\_\_\_ Margaret Hochreiter, MD - St Louis  
Medical School - Washington University 1978  
Residency Training - Barnes-Jewish Hospital

\_\_\_ Sitaraman Subramanian, MD - Carthage  
Medical School - Darbhanga; India - 1962  
Residency Training - Albert Einstein Medical  
Center