

Missouri Chapter GOVERNOR'S NEWSLETTER



American College
of Physicians

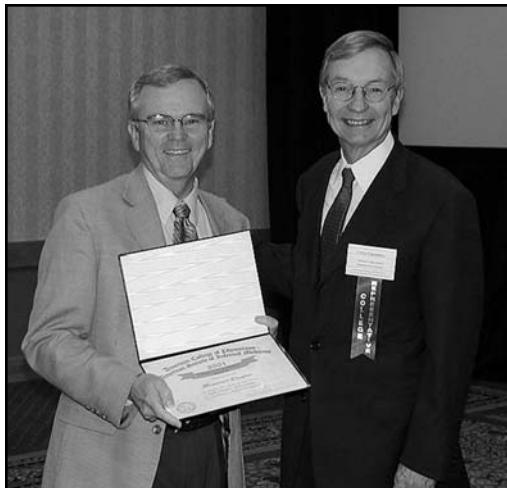
American Society
of Internal Medicine

Fall 2002

Richard B. Whiting, MD, FACP
Governor, Michigan Chapter

CHAPTER MEETING

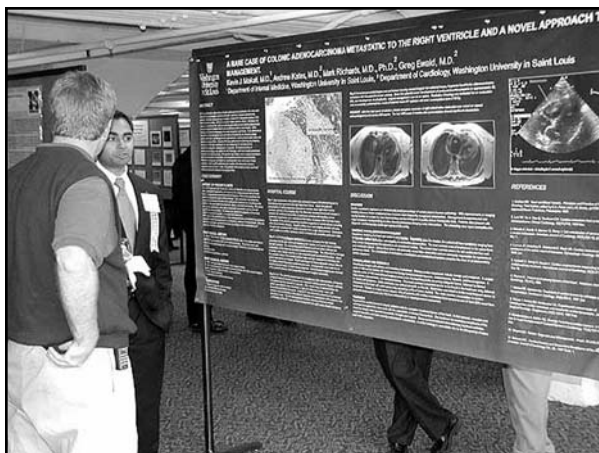
The Annual Meeting of the Missouri Chapter was held at Tan Tar A in Osage Beach, MO on September 19, 20, 21, and 22, 2002. Internists from all parts of Missouri earned up to 14.5 hours of CME from lectures on genetics, diabetes, GERD and recognition of biological warfare casualties. Presentations on non-medicine specialties are a recent addition to program. This year lectures on ophthalmology and orthopedics (knee) were again very well received.



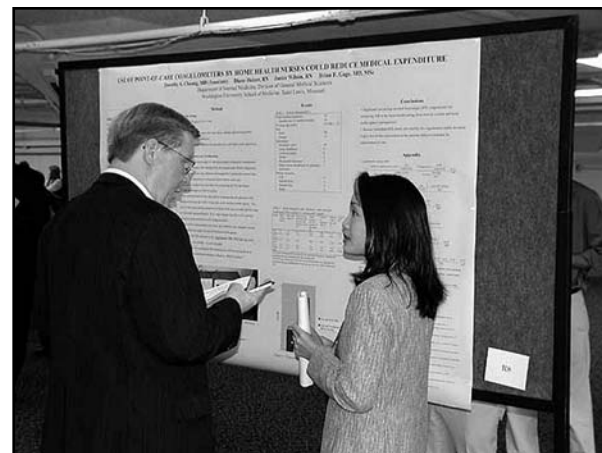
Missouri Chapter ACP-ASIM Governor Richard B. Whiting, MD, FACP (pictured at left) accepts the Chapter Excellence Award from ACP-ASIM College Representative William J. Hall, MD, MACP.



Major Jon Woods, MD, USAF from Ft Detrick, MD discussed recognition and management of biological warfare agents.



Kevin J. Makati, MD won 1st place in the Clinical Vignette division.



Dorothy Cheung, MD won 1st place in the Research division of the Associates Poster Contest.

MISSOURI CHAPTER PREPARES FOR 2003

The **2003 Missouri Chapter Meeting** will return to **Tan Tar A** and begin with two hours of CME on **Thursday night September 18, 2003**. The other new addition planned for next year will be hands-on small group sessions scheduled for Saturday afternoon much like the College meeting has made available for the last few years. The preliminary schedule calls for sessions on Cardiology, Hematology/Oncology, Periodic Health Exams, Neurology—Dementia, Obesity—Atkins diet & exercise, NSAIDs—side effects of new arthritis drugs, Alternative/Complimentary Medicine and Patient Safety. Non-medicine topics are ENT for the Internist and Lower Back for the Internist.



Laureate Awardees Drs Mary (left) and Joe Muscato (center) with Dr Whiting (right).

CHAPTER MEETING SURVEY

The Missouri Chapter of the ACP-ASIM is the largest medical specialty society in the state. We need to hear from those who do not attend the Annual Meeting in an effort to make this meeting more attractive. Please take a few minutes and let us know why you don't attend. You may respond by Fax to: (573)636-8552 or by email to: <pmills@msma.org>.

MISSOURI CONTINUES TO BLAZE TRAIL FOR ACP-ASIM FOUNDATION

Your Missouri Chapter has again donated one dollar per member for a total of \$2,118 to the ACP-ASIM Foundation. The Foundation is only a few years old, but is already involved in a national Health Communication Conference, co-sponsored by the Institute of Medicine, and the Health Information Referral Project, in partnership with the National Library of Medicine. For additional information about the Foundation go to <<http://foundation.acponline.org>>.

MISSOURI ASSOCIATES COMPETE AT ANNUAL POSTER CONTEST

Residents in Missouri Internal Medicine programs were on hand for the annual poster contest at the Missouri Chapter Meeting. Fifty-five Research and Clinical Vignette posters were presented and judged on Friday, September 20, 2002. The first place winners are entered in the College meeting poster contest in April. Second prize winners received checks for \$250 and third place winners received \$100 each.

Research:

1st Place, **Dorothy Cheung, MD** of Barnes-Jewish Hospital/Washington University School of Medicine—“Use of point-of-care coagulometers by home health nurses could reduce medical expenditure.”

2nd Place, **Srilata Gundala, MD** of Saint Louis University School of Medicine—“Hepatotoxicity caused by the mushroom poison a-amanitin is an unabated cause of death and liver transplantation.”

3rd Place, **Abroo Nawaz, MD** of Forest Park Hospital, St. Louis—“Effect of a New Selective Estrogen Receptor Modulator, CHF 4227, on Bone Density of Mature Rats.”

Clinical Vignette:

1st Place, **Kevin J. Makati, MD** of Barnes-Jewish Hospital/Washington University School of Medicine—“A rare case of colon adenocarcinoma metastatic to the right ventricular free wall and a novel approach to management.”

2nd Place, **Madhukar Chelamcharla, MD** of St. Luke's Hospital, St Louis—“Primary Amyloidosis of Gallbladder Presenting as Acute Cholecystitis: First Case Report.”

3rd Place (tie), **Eugene F. Yen, MD** of Barnes-Jewish Hospital/Washington University School of Medicine—“Primary Central Nervous System Lymphoma Associated with Idiopathic CD4+ T lymphocytopenia.”

3rd Place (tie), **Krish Manchandia** of St. John's Mercy Medical Center—“Spell' bound with Pheochromocytoma.”

MISSOURI CHAPTER CONTINUES TO LEAD IN FELLOWSHIP

The September issue of the ACP-ASIM Observer published all the candidates recently elected to Fellowship. Missouri continues to be a leader in this area with twenty new Fellows. This disproportionately large number ties Missouri with California and is one behind New York and Florida. **If you are interested in learning more about Fellowship contact Pat Mills, Missouri Chapter Executive Director**, at (800)318-6746 or <pmills@msma.org>.

UPDATE ON RECERTIFICATION

Anne Winkler, MD, PhD, FACP, Governor-Elect

ACP-ASIM has been negotiating with ABIM for some time regarding the burdensome process of recertification. Some substantial progress has been made which will affect all undergoing recertification for internal medicine and medical subspecialties. Although negotiations are far from finished and the final pathway (or pathways) for recertification have yet to be decided, the following significant changes have been made. These include: optional patient and peer evaluation module, substitution of 2 MKSAP modules for the ABIM self-evaluation modules and a mutual understanding that the present process needs significant revision. There will be ongoing negotiations with ABIM, specifically addressing the possibility of multiple pathways to recertification, which would take into consideration time, effort, cost and different learning styles. This may include a pathway similar to that done by OB/GYN, which would involve a number of key articles in the literature in the area of internal medicine (or medical subspecialty) followed by questions based on those articles. Another area of importance in negotiations will be to address recertification for the medical subspecialist to make the process feasible and appropriate but not burdensome.

EXPANSION OF INVOLVEMENT IN THE MISSOURI CHAPTER

Anne Winkler, MD, PhD, FACP, Governor-Elect

Dr. Whiting and I have discussed expanding the involvement of members in MO ACP-ASIM, which would allow more members to participate in a meaningful way. We have decided to try the concept of "local representation". This would involve members who are interested in becoming more involved volunteering to act as the source of information and news regarding issues of the ACP-ASIM

in their local area. For instance, in smaller communities where there are a limited number of members, one person would act as the local rep for that area and relay information or questions to either the Governor, Council members or the MO ACP-ASIM Web site. Any important information (such as recertification or Medicare reimbursement issues) could be sent back to the members via the Web site or Fax or other appropriate methods or communication to the local rep who could then disseminate the information to the members in his or her area. In larger areas such as St. Louis or Kansas City, we would expect the need for "local reps" in at least each hospital and/or large clinic.

This should not be a time-consuming job but would increase awareness of the College activities. We are already recruiting some members in several areas of the state, but would be interested in hearing from anyone who would have a special interest in joining the "local reps" group. To volunteer as a "local rep" in your area please send an email to: <pmills@msma.org>.



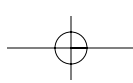
MISSOURI CHAPTER PARTNERS WITH MISSOURI PRO ON PATIENT SAFETY

ACP-ASIM received a grant from the Agency for Healthcare Research & Quality (AHRQ) to help physicians understand patient safety concerns and to help incorporate safety techniques into their daily practice. As part of this grant, ACP-ASIM has sponsored several national train-the-trainer courses for members. In July 2002, the Missouri chapter partnered with the MissouriPRO in this endeavor and sent two representatives, **Drs. Carl Bynum & Gregg Laiben**, to the summer course.

ACP-ASIM has seven different modules to be used by physician audiences. Each addresses an area with great potential for risk to patients and physicians alike. As part of MissouriPRO's ongoing quality improvement and patient safety efforts, Drs. Bynum and Laiben are offering presentations throughout the state.

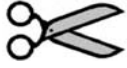
Presentation topics include:

- 1) Systems' Influence on the Delivery of Ambulatory Care
- 2) Preventing Medication Errors Related to Prescribing
- 3) Safety as a Component of Medical Practice Design
- 4) Cognitive Capacity
- 5) Communication
- 6) The Role of the Patient



7) Computers and the Prevention of Error

Modules are designed to be used individually or in combination; each topic presentation lasts about 1 hour with time allowed for discussion and questions. If you, your hospital staff or group are interested in arranging a presentation or a series of sessions, please contact **Gregg Laiben, MD**, by phone at (800)735-6776 ext. 170.



MISSOURI CHAPTER OF THE ACP-ASIM BALLOT

ELECT 3 FOR SECOND THREE-YEAR TERM:

- Sarah Aydt, MD, FACP** - Cape Girardeau
- Anne Goldberg, MD, FACP** - St Louis
- Larry King, MD, FACP** - St Louis

ELECT 3 FOR FIRST THREE-YEAR TERM:

- Tom Allen, MD** - Kansas City
- Peggy Barjenbruch, MD** - Mexico
- Lehman Godwin, MD** - Springfield
- Steve Keithahn, MD** - Columbia
- Tom Reinbold, DO** - Springfield



Please Fax to:
573-636-8552

OR

Mail to:
ACP-ASIM, PO Box 1028, Jefferson City, MO 65102

Bio info for first term councilors:

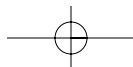
Tom Allen, MD - Kansas City
Tufts University School of Medicine - Boston, MA - 1978
Residency Training - University of Kansas
Board certified in Internal Medicine

Peggy Barjenbruch, MD - Mexico
UMKC School of Medicine - Kansas City - 1982
Residency Training - University of Missouri
Board certified in Internal Medicine

Lehman Godwin, MD - Springfield
Saint Louis University School of Medicine - St Louis - 1988
Residency Training - University of Kansas
Board certified in Internal Medicine

Steve Keithahn, MD - Columbia
Duke University School of Medicine - Durham, NC - 1989
Residency Training - University of Minnesota
Board certified in Internal Medicine

Tom Reinbold, DO - Springfield
University of Osteopathic Medicine and Health Sciences - Des Moines - 1993
Residency Training - University of Iowa
Board certified Internal Medicine





GOVERNOR'S COMMENTS MATRIX OF ACTIVITY

Richard Whiting, MD, FACP

At the Missouri Chapter Meeting, September 2002, I described what was termed a “matrix of activity” for the Missouri Chapter. A matrix much like a skeleton forms a frame that allows various parts of an organism or, in this case, an organization to work together. We are very interested in building up the size of our Chapter at all membership levels. However, it is very important to build up the level of activity among our members and that also must occur at all membership levels. The matrix offers a possible communication system and hopefully an incentive to increase the level of activity by making all members feel more and more a part of an entity that is working for them.

At the medical student level there will be an attempt to increase student members and organize student-based groups. I should point out some of this kind of activity has already been underway for a number of years, but not in each school and not well coordinated from one location in Missouri to another. There also will be a concerted effort to increase the number of residents in Internal Medicine programs within the State of Missouri into Associate membership of the College. I believe the percentage of Internal Medicine residents in Missouri who are actually Associates of the College has been approximately 60% with a recent surge possibly as high as 80 or 90%. Here, again, numbers are not as important as activity. It is likely because of our geography and the fact that we have residency programs centered in Kansas City, Columbia and St. Louis obviously separated by some distance, it may be advantageous to have an active core group of Associates in each one of those locales. This concept also would involve medical students for the same reasons. Then we should have an active recruitment process at the Membership level.

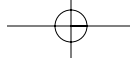
Missouri has approximately 2100 members but there are at least 300 to 400 internists that are not members and many of these could probably be recruited possibly through the **Peer-to-Peer program**. We intend to initiate the Peer-to-Peer program and other methods to increase membership but, once again, we will make a concerted effort to increase activity and, therefore, a sense of belonging amongst this group. Doctor Winkler has an excellent plan that will help in this regard by establishing many local representatives who can serve as a communicative conduit from the College and the Chapter to small groups of local members and then from members back through the representative to the Council or the Governor and possibly directly to the College.

All of this will require a tremendous amount of effort and everyone who reads this can quickly recognize it will also require a certain degree of commitment on all of our parts. All we need to do is examine what is involved and what is at stake in Internal Medicine to recognize there are a lot of needs and none of them can be accomplished without all of us working together. One can quickly imagine how this matrix, by drawing together multiple levels, could focus on a given problem or issue. I encourage everyone to make a conscious decision to help us in this project.



CHECK OUT OUR CHAPTER WEB SITE –

<http://www.acp-asim-missouri.org/>



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**Missouri Chapter Scientific Meeting
Tan Tar A
Osage Beach, MO
September 18, 2003**

Governor's Newsletter

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