

# Michigan Chapter GOVERNOR'S NEWSLETTER

ACCP  
AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

January 2007

Ruth B. Hoppe, MD, FACP  
*Governor, Michigan Chapter*

## GOVERNOR'S CORNER



In June, as a new Governor, I asked the Advisory Council to participate in a retreat aimed at reviewing and re-calibrating goals and objectives for the Chapter. We had a lively day in Brighton with many Council members participating. Three themes emerged from the discussions:

- we should continue to build on our history of excellence in education, seeking new ways to enhance our annual scientific meeting with particular focus on making the meeting more attractive to practitioners
- we should develop processes that make it easier for our members to be informed about and to raise their voices around the myriad of issues that affect patients and internists.
- we should continue to concern ourselves with revitalizing our chapter through promoting membership, particularly of our younger members

The retreat has stimulated much activity. The most important is to experiment with a new meeting time and location. **If you haven't yet heard it, in 2007 we will be meeting in Kalamazoo at the Radisson Plaza Hotel and Suites from September 6-8.** We are also going to experiment with a compacted meeting format, aimed at our practitioners who find the longer meeting format difficult. This decision has stimulated more discussion about the Traverse City venue. It is clear to me that we have some who strongly value the Grand Traverse Resort setting and then some who wish to have the meeting more

conveniently located to the larger population of internists in the State. We have not yet committed to a venue for 2008 or 2009, but must do so soon. One strategy would be to alternate 'upstate' and 'downstate' sites. We plan a survey of our membership on this point in the next month. But, for 2007, **PLEASE MARK YOUR CALENDARS FOR SEPTEMBER 6-8** and come and see what the excitement about Kalamazoo is all about.

The retreat also stimulated a new Task Force on Advocacy, chaired by **Laura Caravallah, MD, FACP**. Other members include **James Clinton, DO, Joseph Weiss, MD, FACP, Ernest Yoder, MD, FACP, John Maurer, MD, FACP, Remington Sprague, MD, FACP, Dileep Kumar, MD, FACP, Carl Hammerstrom, MD, FACP, Jeff Greenblatt, MD, FACP, Curtis Hunt, MD, FACP, and Michael McCance, MD**. Laura's intention is to not re-invent the wheel, but rather, optimize linkages between Michigan internists and a variety of advocacy-oriented organizations in the state, including MSMS. The Task Force will be making a first set of recommendations to the Council in mid-June, 2007.

Our advocacy efforts and communication in general will be aided by a new tool developed by the ACP called the Governors' Portal. It is a very user-friendly, web-based tool that will allow us to quickly reach our membership to alert them to upcoming issues and activities. We will be careful not to overload you all with email, but I am optimistic that this will seriously assist our long-term difficulties in reaching our membership quickly and efficiently.

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**Cathy Upton, MD, FACP and Dileep Kumar, MD, FACP** have agreed to serve as Co-Chairs of the Membership Committee and are making plans to encourage new members. **If you would like to work with them to grow membership in the Chapter, please contact Marty Muth at [muthm@msu.edu](mailto:muthm@msu.edu).** I am meeting with Internal Medicine Club faculty leaders at all four medical schools to make sure we are doing all we can to keep the ACP and the practice of medicine in front of our students.

As I write this newsletter, it appears that the Medicare cuts planned for January 2007 may be halted by the new Congress. I am convinced this would not have happened without the strong advocacy efforts by the ACP in Washington. If you question the value of your membership in ACP, please consider the work on Capitol Hill by the ACP on behalf of internists as something to be valued.

In all, I am excited about the new things happening in the Chapter. You are all very busy, and we must focus our energies carefully in order to be productive. I am grateful for everyone's willingness to try change and look forward to our achieving meaningful difference, growth and excellence. Best wishes for the new year!

### **NEW GOVERNOR'S COUNCIL MEMBERS**

A new slate of Council member candidates were elected at the September meeting in Traverse City. These include **Mark Loehrke, MD** and **Elizabeth Warner, MD** from the Southwest Michigan district; **John Maurer, MD** from the Grand Rapids area district; and **Ray Hilu, MD, FACP** as a Detroit district representative. **Mimi Imig** has been appointed to the Council by Dr. Hoppe as an additional representative from the Grand Rapids area.

Each year we will replace approximately one third of our 12 district representatives. In 2007, we will have vacancies in District 2 (Detroit area), District 5 (Southwest) and District 7 (Traverse City/Petosky area). **If you are interested in serving as a District Representative to the Governor's Council, please contact Ruth Hoppe ([hoppe@msu.edu](mailto:hoppe@msu.edu) or Marty Muth ([muthm@msu.edu](mailto:muthm@msu.edu))).**

### **SUCCESSFUL ANNUAL SCIENTIFIC MEETING IN TRAVERSE CITY**

The Chapter held its annual scientific meeting at the Grand Traverse Resort from Thursday evening September 21 through Sunday morning September 24. Over 340 members registered which included 25 medical students, 173 Associates, and 131 members and fellows. **Dr. C. A. Hedberg, MD, MACP** and immediate Past President of the American College of Physicians was the visiting Regent from Philadelphia who presented an update of the College's advocacy efforts at redesigning delivery systems in internal medicine and reforming payment for internists. **Dr. Hoppe** conducted a Town Meeting and business meeting (see description elsewhere in this newsletter).



**Drs. Hoppe and Hedberg**

**Marty Muth**, our Chapter Assistant, and Program Co-Chairs **Ben Diaczok, MD, FACP** and **Sean Kesterson, MD** led the way in making this a very successful chapter meeting with some new program components this year. One new feature was Medical Headlines a rapid-paced update in Cardiology, Rheumatology, Hypertension, and Diabetes Mellitus presented by doctors **Claire Duvernoy, MD, Mark McQuillan, MD, FACP, John Zimmerman, MD** and **Ved Gossain MD, FACP**. Early morning informal Meet-the-Professor sessions were re-introduced and very well received. They afforded clinicians the opportunity to bring their 'tough problems' to discuss with the professor.

A highlight of the meeting were the finals of the Doctors' Dilemma competition (see description elsewhere in this newsletter). Another important activity involving residents were the poster sessions and oral abstract presentations. Two hundred abstracts were presented by residents involving 17 training programs and 49 faculties who

Scientific Meeting, continued from page 2

served as judges for the abstracts. Winners were announced at the Saturday night banquet (see awards elsewhere in this newsletter).

Our traditional named lectures were particularly strong this year. **John Rowe, MD**, Executive Chairman of Aetna Corporation, gave the payers' perspective on "*Pay for Performance*". **Michael Zaroukian, MD, FACP** delivered the **Park Willis III** lecture on *Redesigning Care with Information Technology*. **Vincent Young, MD, PhD** gave the Boy Frame Lecture on the "*Second Human Genome Project*".

On Sunday morning **Martha Gray, MD, FACP** and colleagues **Jim Clinton, MD** and **Ted Coy, MD** conducted a workshop directed at practitioners involving office practice enhancements with focus on how to set up and bill for office procedures. We hope to continue these practice-enhancing workshops in future years, led by our colleagues in full time practice. If internal medicine practice needs re-designing, we will need to work together to share good ideas and solve common challenges. Send us your ideas and suggestions!

We were thrilled that 25 medical students attended the meeting from all four Michigan medical schools. Students' name badges sported a '*blue star*' that helped attendees recognize, welcome, and engage these important guests. These young people are the future of internal medicine, and we continue to sponsor their attendance at our annual Chapter meeting. The student program involved some separate sessions mixed in with our regular programming. Students particularly enjoyed the Professors-in-Action session organized by **Eric Scher, MD, FACP**, which of course showcases internal medicine as the diagnostic specialty that is its hallmark. We are grateful to **Daniel Legault, MD**, **Anita Patel, MD** and **Louis Saravolatz, MD, FACP** for their participation as professors in action.

Meeting participants felt that the meeting had excellent scientific content and wonderful energy with regard to efforts at advocacy and excellence in practice. Visiting ACP Regent Dr. Hedberg commented: "This was an excellent meeting with pertinent scientific subjects expertly presented by top speakers. This is a historically excellent chapter and its excellence was displayed."

## SEP MODULE CONDUCTED AT ANNUAL MEETING - CAN WE KEEP THIS STRONG EFFORT GOING?

Chapter members from Henry Ford Health Systems organized and conducted an ABIM Self-Evaluation of Medical Knowledge Module (SEP module) that offered 20 points toward ABIM Maintenance of Certification. The module selected by the HFHS faculty was "Internal Medicine, General". Participants completed the entire module while at the meeting, earning both MOC points and CME credit for no extra fee other than that already paid to the ABIM for enrollment in the MOC program.

Unfortunately, there were very few participants in the SEP module, causing program planners to wonder whether Michigan internists value this opportunity. We are planning to offer another module for next year's meeting in September in Kalamazoo, but will set enrollment targets which, if not met, will force us to cancel the session. So, all you members out there who are needing to re-certify, let us hear from you about your potential interest in completing a SEP module in 2007. We really need your input and suggestions. Please send **Marty Muth** an email denoting your interest: [muthm@msu.edu](mailto:muthm@msu.edu).

Thank you to **Scott Kaatz, MD, FACP**, organizer, and other faculty, **Kimberly Baker-Genaw, MD, FACP**, **Sean Drake, MD**, **Ray Hobbs, MD, FACP**, **Betty Prihar, MD, FACP**, **Eric Scher, MD, FACP**, and **Vinay Shah, MD** for all their hard work in preparing this module and setting a wonderful standard for the future.

## DOCTORS' DILEMMA COMPETITION WON BY HENRY FORD WHO ARE NOW SAN DIEGO-BOUND

At the annual meeting in Traverse City, Council Member **Dileep Kumar, MD, FACP** organized the finals of the Doctors' Dilemma Competition. A lively session conducted in the format of a popular TV program involved four teams from Providence Hospital, William Beaumont Hospital, Henry Ford Hospital and Wayne State/Sinai Grace Hospital. These teams had won in their respective divisions at the Associates meeting in May, also organized by Dr. Kumar.



The winning team from Henry Ford Hospital team includes Drs. Zeina Habib, Ahmad Al-Shoha, Shatha Farhan, and alternate **Enrique Garcia-Sayan**.. They will

represent the Michigan Chapter at the National Doctors' Dilemma Finals at the meeting in San Diego next April.

### MICHIGAN INTERNISTS ARE HONORED IN TRAVERSE CITY

Four leaders in Michigan internal medicine were given the ACP Laureate Award this year, bestowed at the Saturday banquet at the Traverse City meeting in September. These included **Larry Feenstra, MD, FACP**; **Carl Hammerstrom, Jr., MD, FACP**; **Frederick Michael, MD, FACP** and **Ernie Yoder, MD, FACP**. The Laureate Award honors fellows or masters of the College who have demonstrated an abiding commitment to excellence in medical care, research and medical education along with service to their community and to the ACP. Congratulations new Laureates!



Dr. Jan Rival and Family

**Jan Rival, MD, FACP**, former Michigan ACP Governor was given a Lifetime Achievement Award in recognition of his long commitment and service to the Michigan Chapter as a participant, leader, advisor, and mentor to so many in the Chapter. Drs. **Eric Scher, MD, FACP** and **Raymond Murray, MD, MACP** made presentations attesting to Dr. Rival's stewardship of the ACP and the Michigan Chapter, as well as his warm and supportive mentorship and friendship. Thank you Jan!



Two individuals were given Governor's Awards by immediate past-Governor, **Ernie Yoder**. **Mark McQuillan, MD, FACP** and **Martha Gray, MD, FACP** were recognized for their support to the Governor and assumption of responsibility for significant chapter functions.

Finally, residents who had submitted award-winning abstracts to the 2006 fall meeting were recognized. These included: **Melhelm Solh**, Wayne State University (Sinai Grace); **Ayad Jazrawi**, Providence Hospital; **Javier Aguilar Aragon**, Henry Ford Hospital; **Rebecca Daniel**, St. Joseph Ann Arbor; **Amarbir Mattewal**; Michigan State University East Lansing; **Mareet Kanwar**, St. John Hospital; **Cynthia Vakhariya**, Providence Hospital; **Rachel Puttnam**, Oakwood Hospital; **John J. Frank**, St. John Hospital; **M. Reddy**, Wayne State University (Sinai Grace); **Jeffrey Tang**, Henry Ford Hospital; **Steven Dowdy**, Synergy Medical Education; **Sujana Movva**, McLaren Regional Medical Center (MSU); **Ana M. Capatina-Rata**, Providence Hospital.

### TOWN MEETING FOCUSES ON ELECTORAL PROCESS, ADVOCACY AND NURSE PRESCRIBING ISSUES

Dr. **Hoppe** sought input as to how best to conduct Chapter elections, given that voting 'turnout' has been fairly low in recent years. It was suggested that elections should be conducted via email. Dr. **Laura Carravallah** outlined her plans for getting started with the Advocacy Task Force which emerged following the June retreat of the Council. The Town Meeting included considerable discussion of the recent proposal for independent nurse prescribing authority. There was discussion on both sides of this issue, which has since become inactive at the State level, at least for the present. The discussion highlighted the challenges of generating a single 'voice' for the Michigan ACP Chapter. We plan to develop process for facilitating good

dialogue and providing input on important matters from Michigan internists.

### **MICHIGAN CHAPTER AWARDS COMMITTEE NEEDS YOUR HELP**

The Awards Committee for the Michigan Chapter for 2007 is being chaired by past-Governor **Ernie Yoder**, MD, FACP and includes **Larry Feenstra**, MD, FACP, **Ruth Hoppe**, MD, FACP, **Jan Rival**, MD, FACP, **Louis Saravolatz**, MD, FACP, **Richard H. Wakulat**, MD, FACP, **Michael Zaroukian**, MD, PhD, FACP.

The Awards Committee needs your help! We need to identify those worthy members of our Chapter who are deserving of Chapter and National ACP Awards. Below are listed award categories. Criteria for national awards are available on the National ACP Home Page. Please send your nominations to **Marty Muth** at the Chapter Office ([muthm@msu.edu](mailto:muthm@msu.edu)) or by e-mail to **Ernie Yoder**, MD, FACP at ([ernest.yoder@stjohn.org](mailto:ernest.yoder@stjohn.org)).

#### Michigan Chapter awards:

- Master of the American College of Physicians
- Laureate of the Michigan Chapter, ACP
- Governor's Award, Michigan Chapter, ACP
- Lifetime Achievement Award, MI Chapter, ACP

#### National Awards:

- John Phillips Memorial Award for Outstanding Work in Clinical Medicine
- James D. Bruce Memorial Award for Distinguished Contributions in Preventive Medicine
- Alfred Stengel Memorial Award for Outstanding Service to the ACP
- ACP Award for Outstanding Work in Science as Related to Medicine
- Edward R. Loveland Memorial Award for Distinguished Contribution in the Health Field
- William C. Menninger Memorial Award for Distinguished Contributions to the Science of Mental Health
- The ACP Distinguished Teacher Award
- The Richard and Hinda Rosenthal Foundation Awards
- The Ralph O. Claypoole Sr. Memorial Award for Devotion of a Career in Internal Medicine to the Care of Patients

- The Nicholas E. Davies Memorial Scholar Award for Scholarly Activities in the Humanities and History of Medicine
- The Outstanding Volunteer Clinical Teacher Award of the ACP

### **ANANDA PRASAD, MBBS, MACP WINS PRESTIGIOUS NATIONAL ACP AWARD**



We recently learned that **Ananda S. Prasad**, MBBS, PhD, MACP has been selected to receive the 2007 ACP Award for Outstanding Work in Science as Related to Medicine. To our knowledge, this is the first time a Michigan Chapter internist has been selected for a national ACP award. Dr. Prasad, a Professor of Medicine at Wayne State University School of Medicine and former Chief of the Division of Hematology and Oncology has devoted his life to science and its application to human health and disease. He is "*Mr. Zinc*", having made landmark contributions to the understanding of the role of zinc in human health and disease, work that has international scope. He has served as President of the American College of Clinical Nutrition, President of the International Society for Trace Element Research in Humans, and a member of the NIH Council for the NHLBI. He has served on many editorial boards and was founding editor of both the American Journal of Hematology and the Journal of Trace Elements in experimental Medicine.

**We are proud of you, Dr. Prasad!**

### **VISIT US AT THE SAN DIEGO MICHIGAN CHAPTER RECEPTION**

For those of you who are heading to the national meeting in San Diego please plan to attend our Michigan Chapter reception, which is always a fun time to connect with old friends and colleagues. This year we are trying something new: we are sharing our reception with colleagues in Massachusetts. **Barry Einstein**, MD, FACP is the new Governor of the ACP Chapter in Massachusetts and is a former residency pal of **Ruth Hoppe's** from University of Maryland days. So the two Governors decided to share reception costs and collaborate in this fun social event. Please join us!

## WORKSHOPS FOR NATIONAL MEETING SOUGHT FOR SPRING 2008

The Clinical Skills Subcommittee (CSSC) is now accepting proposals for Internal Medicine 2008, April 3-5, 2008. The CSSC welcomes all proposals but places a priority on interactive workshops that focus on the acquisition or improvement of physical examination skills, communication skills, and procedural skills. The CSSC is most interested in workshops that have a high likelihood of changing physician behavior using proven teaching techniques or new and innovative teaching strategies that have yet to be tested. Deadline for submissions is May 1, 2007. The Medical Informatics Subcommittee (MISC) is now accepting proposals for Internal Medicine 2008, April 3-5, 2008. The MISC welcomes all proposals but places a priority on interactive workshops that focus on the use of technology and computer applications in the care of patients and the management of medical practice. The MISC is most interested in workshops that have a high likelihood of encouraging use of technology and computer applications shown to improve quality of care, patient safety, and practice management efficiency. Deadline for submissions is May 1, 2007.

### NEW CHAPTER LEADERS

Our Chapter is blessed with many younger individuals who, despite their very busy schedules, have volunteered to contribute to the work of our ACP Chapter. We would like to recognize their efforts and achievements and as well, introduce them to the wider membership. This newsletter features **Raj Munasinghe, MD, FACP** and **Elizabeth Warner, MD**. Thank you all for your contributions to the Chapter!

#### Raj Munasinghe, MBBS, MS, FACP



Dr. Munasinghe completed his medical degree from the University of Colombo, Sri Lanka in 1990 and obtained his Masters Degree in Epidemiology and Biostatistics from the Medical College of Wisconsin in Milwaukee. "Raj" as we call him, completed his internal medicine residency

from Wayne State University, Detroit, Michigan, followed by a stint as Chief Medical Resident at Sinai-Grace Hospital. He then joined the Department of Medicine at Wayne State University as an Assistant Professor in Medicine and presently functions as one of the Associate Program Directors of the internal medicine residency program at Sinai-Grace Hospital/Wayne State University. Raj is a member of the ACP, Michigan Chapter Governor's Advisory Committee and coordinates resident research competitions for the Chapter. Raj has developed an online scoring/equating system that has immeasurably helped the process of judging resident abstracts. His research interests include the application of information technology to health care and medical education, cardiovascular disease epidemiology, environmental health and osteoporosis.

#### Elizabeth Jean Warner, MD



Dr. Warner is a newly-elected district representative to the Governor's Council. She is a 1998 graduate of Michigan State University's College of Human Medicine and completed her internal medicine residency training at the Kalamazoo Center for Medical Studies in 2001. While a medical student, Elizabeth served on the College's Professionalism Task Force and developed an orientation program for entering medical students that introduced them to the College's "Virtuous Student Physician Program."

Elizabeth is in part-time, office based, primary care internal medicine in Kalamazoo, MI. She is married to **Julia** with two boys, **Roe** (8) and **Tatem** (3), and is deeply committed to the Kalamazoo community. Her medical passion is professionalism across one's medical career, patient education about obesity and American cultural barriers to wellness and health. She is a busy parent who also finds time to knit, run and enjoy camping.

## PHOTO GALLERY



Dr. Carl Hammerstrom and his wife



Dr. Frederick Michael with Drs. Hoppe  
and Saravolatz



Dr. Ernie Yoder with Drs. Hoppe and Saravolatz



Dr. Larry Feenstra with Dr. Saravolatz

### SAVE THE DATES

**ACP NATIONAL MEETING: APRIL 19-21 SAN DIEGO, CA**

**MICHIGAN CHAPTER ASSOCIATES MEETING AND GOVERNOR'S COUNCIL MEETING  
MAY 11, EAST LANSING MARRIOTT AT UNIVERSITY PLACE IN EAST LANSING, MI**

**GOVERNOR'S COUNCIL MEETING, JUNE 23, LOCATION TBA**

**MICHIGAN CHAPTER 2007 ANNUAL SCIENTIFIC MEETING: SEPTEMBER 6-8,  
RADISSON PLAZA HOTEL AND SUITES, KALAMAZOO MICHIGAN**

**NEW DATE, NEW LOCATION**



**Visit the Chapter Website at:  
[www.acponline.org/chapters/mi](http://www.acponline.org/chapters/mi)**