

**Upcoming Events**

**Internal Medicine 2008**  
**ACP's premier scientific**  
**meeting, will be held**  
**May 15-17, 2008 in**  
**Washington, DC.**

**In This Issue**

Governor's Corner.....1  
 What is the Advanced  
 Medical Home?.....1  
 What is the Michigan  
 Primary Care Consortium? .....3  
 The Move to Kalamazoo Worked! .....3  
 SEP Module Conducted at  
 Annual Meeting .....4  
 Michigan Internists are Honored  
 in Kalamazoo .....4  
 Mary Netteman Awarded  
 a Mastership in the ACP .....5  
 Is There an Outstanding  
 Internist in Your Community?.....5  
 Associates Make an Impressive  
 Mark at Kalamazoo Meeting .....5  
 Remember to visit us at the  
 Michigan Chapter Reception.....6  
 Internal Medicine Medical  
 Student Interest Groups to Meet.....6  
 New Governor's Council Members .....6  
 Save the Dates.....7



**Governor's Corner: Are We in Danger  
 of Losing our Soul?**

Dear  
 Colleagues:

**T**hese are dif-  
 ficult times  
 in Internal

Medicine, make no mistake. General internists are facing overwhelming administrative hassles, declining revenues, and increasing costs. As one practitioner recently said to me: "I make \$45 per hour; this summer I paid a plumber \$85/hr plus travel time!" Simultaneously, there has been a precipitous decline in the number of medical students and residents choosing generalist careers because of substantial educational debt burdens, lifestyle concerns and lower income

potential. What should be the role of the ACP and particularly the Michigan Chapter in the face of all this?

It is very easy to feel paralyzed by the magnitude of the challenges and to feel a need to 'circle the wagons' while our national health care crisis gallops by. I urge all of you to resist this fully understandable impulse. There is much work to be done, and much support we can all offer each other at this very tough time. In the coming months, our health care policies will be debated at both state and national levels. The ACP is working

*Continued on page 2*

**What is the Advanced Medical Home?**

In early 2006, the ACP proposed "The Medical Home" concept, a patient-centered primary care model that is intended to change fundamentally the way primary care is organized, delivered, financed and valued. It is both a system of care and a system of reimbursement. Key attributes of the Patient Centered Medical Home (PCMH) address knotty problems such as access, variable quality of preventive and chronic care health care delivery, a dysfunctional payment system, and the impending collapse of primary care. The model is based on proven systems of care in Europe and elsewhere; demonstration projects in the US are underway. The Medical Home concept is gaining

traction on Capitol Hill, and is starting to get mentioned in the health care policy statements of the major presidential candidates.

In May, 2007 the Patient Centered Care Collaborative (PCCC) was announced with the PCMH as its core feature. The Collaborative is a coalition of major employers, consumer groups, professional societies and other stakeholders. This coalition involves over 50 million employers plus > 300,000 physicians and is growing. The set of proposals has been endorsed by the American Academy of Family Physicians (AAFP) and the American Osteopathic Association (AOA). If adopted, the Medical

*Continued on page 2*

very hard to put forward workable solutions that underscore the traditional strengths of internal medicine: patient-centered, high quality care for adults. We need to become aware of these efforts and get involved. Please read the section in this newsletter about the Patient-Centered Medical Home (PCMH) and link to the web sites noted there. Get informed about the PCMH and the emerging national collaborative that just might reach a 'tipping point' in favor of a reformed reimbursement system. These efforts still are not visible enough to our membership, but I am proud of the job the ACP is doing to focus on root causes and to pose workable solutions.

At the Chapter level, we are trying hard not to circle our wagons. Our focus has been on making the Chapter a professional "Home" for practicing internists in Michigan, MD and DO. We have changed the location, length and format of our annual meeting. We have tried to organize the CME content around clinical issues that are real, current and of interest to practitioners. We have created a Practitioner's Workshop that is practical and focused on organizing office practice for effectiveness. We have reached out to our colleagues in hospital medicine and invited them to be part of our always-strong educational programming. We have tried to raise the voices of Michigan internists by developing new strategies for proposing resolutions from Michigan internists to the MSMS and ACP nationally. We are working at the state level with a new collaborative, the Michigan Primary Care Consortium, to address some of the system barriers to achieving the health outcomes we all want for our patients. We have active task forces on Advocacy/Health Policy and on Practitioner's Needs. We are working with our medical students to showcase the diversity of career opportunities in internal medicine. You CAN make a difference by getting involved. If you are interested in working in some of these areas, please contact me ([hoppe@msu.edu](mailto:hoppe@msu.edu)).

Key to all of this is communication. I urge you to mark September 11-13, 2008 on your calendars now, as a time that we can learn together, but also meet to share stories, create focus, and preserve that which attracted all of us to internal medicine. Beyond our annual meeting, we are maintaining two web sites to facilitate connectivity and responsiveness to all of you during the year: the official one ([www.acponline.org](http://www.acponline.org)) and our state web site ([www.acp-michigan.org](http://www.acp-michigan.org)), and we are working on getting these better linked. Someone has suggested using our state site as a blog to bring our voices together in one place, and we are exploring this. We have invested in an online tool, Survey

Monkey, that allows you to provide input and make suggestions to us. This tool is linked to the ACP's Portal, another online tool that allows me as Governor to keep you updated throughout the year. This tool depends on your email address staying current with the ACP, so please make sure this happens.

Not long ago, **Steve Schroeder**, MD, former President of the Robert Wood Johnson Foundation talked\* about medicine being in danger of losing its soul (due to financial pressures, the loss of control over how medicine is practiced, erosion of medical generalism, medico-legal concerns, lack of effective medical leadership). **Schroeder** said, "at its core, medicine is a deeply personal experience; if we permit medicine to slide into a technocracy, we will be guilty of helping it lose its soul".

I urge all of you to join us at a time that may prove to be extremely key: let's not let Internal Medicine lose its soul. Thanks for listening,

**Ruth Hoppe**

\**The Pharos/Summer, 2004, pp 21-24.*

*Advanced Medical Home, from page 1*

Home would involve fundamental reform of the current Medicare physician payment and delivery systems: the model calls for paying physicians on a risk-adjusted, bundled and prospective basis for providing patient-centered care through a qualified medial home. For more information go to the ACP's web site on "ACP Roadmap for Reform" at <http://www.acponline.org/advocacy/roadmap-forreform.htm> or to the PCCC's new website: [www.pcpcc.net](http://www.pcpcc.net)

The ACP's role in these activities has been absolutely central. **Robert Doherty**, ACP Senior Vice President of Governmental Affairs and Public Policy states: "(the Medical Home is) the next big thing in system redesign". **Mr. Doherty** encountered an ACP member who attended the first summit of the Collaborative and told him how proud he was of the College's advocacy for and leadership on the PCMH: "(the ACP is) "worth every dollar they are paying in dues."

Next September, **Mr. Doherty** will be the official ACP visitor to the Michigan Chapter Scientific Meeting in Dearborn in September. He will deliver the James Hall lecture on noon on Saturday, September 8, 2008 on how the ACP is pursuing reforming payment and delivery systems. Further, our practitioner workshop that day will explore specific practice reform measures that will allow physicians to begin to adopt features of the MCH.

## WHAT IS THE MICHIGAN PRIMARY CARE CONSORTIUM?

The Michigan Primary Care Initiative Consortium (MPCC) is a statewide, broad-based group of key stakeholders and other interested parties collaborating to enhance the system of delivery of prevention services and the management of chronic disease in primary care settings throughout Michigan. The MPCC intends to implement a strategic plan intended to resolve system barriers that affect primary care in Michigan and ultimately to improve the quality of health care services delivered in primary care settings throughout the state. Core values include impact, improvability and inclusiveness. Membership in MPCC is open to any organization whose mission is consistent with the mission, vision and guiding principles of MPCC. Only organizations are eligible to become members. A Steering Committee sets priorities and guides the consortium, while several planning groups address specific barriers and challenges.

The Michigan Chapter of the ACP is a member of MPCC and **Ernie Yoder**, MD, PhD, FACP is serving as our representative to the Steering Committee. Below, **Ernie** has provided a short summary of his work with the MPCC to date, as well as outlined what lies immediately ahead. Further, we will create a space on the home page of our Chapter website to highlight updates from MPCC and their activities ([www.acpmichigan.org](http://www.acpmichigan.org)). We believe it is important that the ACP continue to be a major player in the activities of the MPCC. If you are interested in participating, please contact **Ruth Hoppe**, MD, FACP, Governor, Michigan Chapter ([hoppe@msu.edu](mailto:hoppe@msu.edu)).

From **Ernie**: *The Michigan ACP Chapter is actively engaged in the activities of the Michigan Primary Care Consortium (MIPCC). MIPCC has been awarded an Improving Performance In Practice (IPIP) Robert Wood Johnson Grant to support practice transformation. Early in 2008, 30 Michigan practices will be selected as pilot sites for practice transformation and study of the PCMH. One additional project includes creation of a Web Site to provide to interested Michigan physicians a listing of and contact information for available Practice Improvement resources and advisors.*

## THE MOVE TO KALAMAZOO WORKED!

This year, departing from our many-years tradition of meeting in Traverse City, the Michigan Chapter held its annual scientific meeting at the Radisson Hotel and Convention Center in Kalamazoo, Michigan from Thursday evening through Saturday afternoon, September 6-8, 2007. It was an unqualified success. Over 350 mem-

bers registered which included 16 medical students, 187 Associates, and 134 Members and Fellows. The meeting was preceded by an Self Evaluation Program (SEP) module involving 49 registrants (see description elsewhere in this newsletter). **Dr. Lynne Kirk**, MACP, immediate Past President of the American College of Physicians was the visiting Regent. **Dr. Kirk** presented an update of the College's efforts at redesigning delivery systems in internal medicine and reforming payment for internists. Program Co-Chairs **Ben Diaczok**, MD, FACP and **Sean Kesterson**, MD, FACP, worked hard to create program content of interest to practitioners. The most popular sessions were again the Medical Headlines a rapid-paced format for conducting updates (these sessions are very similar to Multiple Small Feedings of the Mind format at the ACP national meeting, organized around questions posed by our practitioner workforce). Early morning informal Meet-the-Professor sessions continued which afforded clinicians the opportunity to bring their 'tough problems' to discuss with the professor. **David Scrase**, MD, FACP returned to conduct the Thieve's Market program, always a meeting highlight. **NOTE: Dr. Scrase asks us to contact him with interesting cases at [dscrase@phs.org](mailto:dscrase@phs.org).**

At the Friday noon luncheon, **Scott Flanders**, MD, FACP provided the audience with an update about the current status of the hospitalist movement. On Saturday afternoon the Practitioners Workshop, organized by **Martha Gray**, MD, FACP involved physicians with experience utilizing group visits in a busy practice. **Laura Carravallah**, MD conducted a session on Advocacy, presenting five resolutions previously submitted by Chapter members for consideration by membership.

Meeting participants felt that the meeting had excellent scientific content and a sense of renewed energy with a new locale and slightly shortened format. They encouraged us to consider rotation of the meeting between east and west downstate locales, along with our up-north locale in Acme at Grand Traverse Resort. **Next year's meeting will be in Dearborn at the Hyatt Regency from Thursday evening through Saturday afternoon, September 11-13, 2008. SAVE THE DATE!**

Another new feature of next year's meeting will be concentration of CME for practitioners into Saturday, combined with the ability for one-day registration. This is one way of making our meeting more affordable for participants in private practice. Spread the word about the many possibilities coming up in Dearborn next September!

## SEP MODULE CONDUCTED AT ANNUAL MEETING - INTEREST IN THIS METHOD OF MOC CONTINUES TO GROW

In September in Kalamazoo, organized as a pre-course, chapter members from Henry Ford Health Systems conducted an ABIM Self-Evaluation of Medical Knowledge Module (SEP module) which offered 20 points toward ABIM Maintenance of Certification. The module selected by the HFHS faculty was "Internal Medicine, General". Participants completed the entire module while at the meeting, earning both MOC points and CME credit for no extra fee other than that already paid to the ABIM for enrollment in the MOC program. This year there were 18 registrants taking the module for MOC credit, along with many residents and fellows preparing for initial certification. Thank you to **Scott Kaatz, DO, FACP**, organizer, and other faculty, **Sean Drake, Ray Hobbs, Daniel Moore, Eric Scher** and **Vinay Shah** for all their hard work in preparing this module and setting a wonderful standard for the future.

Next year we will offer two partial modules, one on hospital medicine and another on geriatrics, each for 10 MOC points, this time organized within the meeting itself on Friday and Saturday, September 12 and 13.

## MICHIGAN INTERNISTS ARE HONORED IN KALAMAZOO

Two leaders in Michigan internal medicine were given the ACP Laureate Award this year, bestowed at the Kalamazoo meeting in September. These included **Leslie Rocher, MD, FACP** and **Eric Scher, MD, FACP**. The Laureate Award honors fellows or masters of the colleges who have demonstrated an abiding commitment to excel-

*Laureate Winners (Eric Scher on left, Ruth Hoppe in middle, Leslie Rocher on right)*



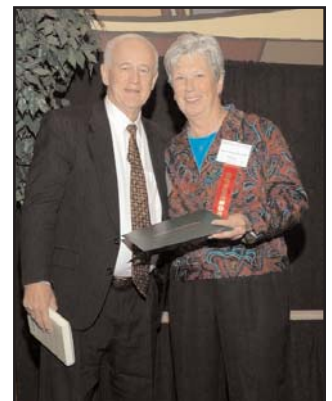
lence in medical care, research and medical education along with service to their community and to the ACP.

**Leslie Rocher, MD, FACP** pursued his formal education at the University of Michigan and Brigham and Women's Hospital in Boston, and served early in his career as assistant professor of internal medicine and director of transplantation nephrology and director of nephrology teaching clinics at the University of Michigan. In 1989, **Dr. Rocher** was named division chief of nephrology and director of transplantation programs at William Beaumont Hospital in Royal Oak, Michigan and also served as Chairman and residency program director of the department of internal medicine at Beaumont. In 1992 he was named Senior Vice President for Medical Services at Beaumont. **Dr. Rocher** has received numerous regional and national awards. He has been an active member in the Michigan ACP and was elected to fellowship in 1993.

**Eric Scher, MD, FACP** received his undergraduate and medical degrees from the University of Michigan in Ann Arbor, followed by residency and chief residency at Henry Ford Health Systems. Dr. Scher has remained at Henry Ford Hospital and has served in a variety of roles including Program Director and Vice Chair in the Department of Medicine. He is now Director of Medical Education for the Henry Ford Health System. Dr. Scher has received many teaching awards from both residents and medical students. His service to the ACP began in 1986 with fellowship granted in 1995. He has served on the Credentials, Finance, Program, and Program Director's Committees and on the Governor's Council. He currently is Associate Governor for the Michigan Chapter. **Eric** has been an extremely strong supporter of the Chapter annual scientific meeting, both as a regular attendee and as a moderator of many sessions, most significantly the very popular "Professors-in-Action" session.

*Volunteerism and Community Service Award (David Michael McCance and Ruth Hoppe)*

**David Michael McCance, DO, FACP**, was awarded the Chapter's Volunteerism and Community Service Award for his work in mentoring high school students and in establishing clinics for the underserved in southern Michigan. Following retirement from the US Naval



Reserves, **Dr. McCance**, a gastroenterologist, returned to his hometown of Addison, Michigan to begin private practice. He developed and had certified five Rural Health Clinics in the Health Professional Shortage Areas of Hillsdale and Lenawee Counties, which allowed him to provide care for the indigent and the elderly, as well as for other patients, with fair compensation. He also organized and implemented a medical mentoring program for 5th, 6th, and 7th graders at the Davis Middle School in Hillsdale for five years, and organized an annual radio telethon with the help of students from his medical mentoring program for the Hillsdale Kids Against Cancer and raised over \$10,000 in two years for the Make-A-Wish Foundation. **Dr. McCance** hosted a weekly radio medical forum for the community on various health conditions for two years. He provides gastroenterology consultations for patients from the Free Medical Clinic at St. Anthony's Church in Hillsdale and the Free Medical Clinic at St. Luke's Church in Jackson.

Three individuals were given Governor's Awards by **Governor Ruth Hoppe**: **Sean Kesterson**, MD, FACP, **Surinda Marur**, MD, FACP and **Raj Munisinghe**, MD, FACP. These individuals were recognized for their support to the governor and assumption of responsibility for significant chapter functions. **Dr. Kesterson** has served as Co-Chair of the Program Committee for the past three years. **Dr. Marur**, who recently relocated to Baltimore, Maryland, was very active in supporting associates' activities and helping with the Chapter's web site. **Dr. Munisinghe** is coordinator of the residents and fellows research presentation competition for our chapter. He has developed a statistical program to standardize scores assigned by abstract reviewers and judges at the resident research competitions of the Michigan Chapter meetings.

## MARY NETTLEMAN AWARDED A MASTERSHIP IN THE ACP

The Michigan Chapter has just been informed that **Mary Nettlesman**, MD, FACP and Chair, Department of Medicine, College of Human Medicine, Michigan State University has been awarded a Mastership in the American College of Physicians.

**Dr. Nettlesman** was very active in the ACP when she was at Virginia Commonwealth University and has con-

*New Master, Mary Nettlesman, MD*



*Jeopardy Winners (Dr. Kumar, Residents, Dr. Scher)*

tinued that support since returning to Michigan several years ago. She is the first Michigan woman internist honored as a Master and joins a list of 21 other internists in Michigan who have been so-named (**Muir Clapper, Stefan Fajans, Boy Frame, Charles Jennings, William Kelley, A. Martin Lerner, Woodrow Myers, Raymond Murray, Robert Narins, John Popovich, Ananda Prasad, Beverly Payne, H. Marvin Pollard, Edward Quinn, William Robinson, Lou Saravolatz, Cyrus Sturgis, Vainutus Vaitkevicius, Alfred Warthin, Fred Whitehouse, and Park Willis.** )

Congratulations **Mary** and thank you for your support of the ACP!

## IS THERE AN OUTSTANDING INTERNIST IN YOUR COMMUNITY WHO DESERVES RECOGNITION?

We have many wonderful internists in Michigan who are deserving of recognition, either by the Chapter or at the national ACP level and we need to identify them. The Awards Committee for the Michigan Chapter for 2007 is being chaired by past-Governor **Ernie Yoder**, MD, FACP and includes **Larry Feenstra**, MD, FACP, **Ruth Hoppe**, MD, FACP, **Jan Rival**, MD, FACP, **Louis Saravolatz**, MD, FACP, **Richard H. Wakulat**, MD, FACP, **Michael Zaroukian**, MD, PhD, FACP. Send your ideas to these folks or simply contact **Marty Muth** at [muthm@msu.edu](mailto:muthm@msu.edu).

## ASSOCIATES MAKE AN IMPRESSIVE MARK AT KALAMAZOO MEETING

The Kalamazoo meeting again saw many poster and oral abstracts submitted by our strong programs in Internal Medicine and Med-Peds. The winners were:

Research

**Vishnu Prakash** (Oral, 1st, WayneSU) and **Sandeep Grewal** (Poster, 1st, McLaren)

**Javier Aragon** (Oral, 2nd, HFHS) and **Gabe Soloman** (Poster, 2nd, UofM)

**Itishree Trivedi** (Oral, 3rd, WayneSU) and **Krithi Ramesh** (Poster, 3rd, SinaiGr)

#### Case Report

**Sarah Ali** (Oral, 1st, McLaren) and **Angela Chmielewski** (Poster, 1st, Beaumont)

**Richard Cross** (Oral, 2nd, StJohn) and **Fatima Khan** (Poster, 2nd, Beaumont)

**Joseph Chattahi** (Oral, 3rd, HFHS) and **Kristine Bernardo** (Poster, 3rd, Synergy)

#### CQI/EBM

**Manreet Kanwar** (Oral, 1st StJohn) and **Navkiranjot Brar** (Poster, 1st StJohn)

Also at the annual meeting in Kalamazoo in September, **Dileep Kumar**, MD again organized the finals of the Dr.'s Dilemma Competition. A lively session conducted in the format of the popular TV program Jeopardy involved teams from Henry Ford, McLaren, Providence and Wayne State. These teams had won in their respective divisions at the Associates meeting in May, also organized by **Dr. Kumar**. The Henry Ford team again took away the honors. **Elias Chalhoub**, **Javier Munoz** and **Chebel Khalil** will represent the Michigan Chapter at the National Dr's Dilemma Finals at the meeting in Washington DC next May.

### **REMEMBER TO VISIT US AT the MICHIGAN CHAPTER RECEPTION at INTERNAL MEDICINE '08 in WASHINGTON, DC, May 15-17**

For those of you who are heading to the national meeting in Washington, D.C., please plan to attend our Michigan Chapter reception, which is always a fun time to connect with old friends and colleagues. This year we are again doing some cost saving by sharing our reception with colleagues in Massachusetts. The reception is scheduled for Friday evening, May 16. Please join us!

### **INTERNAL MEDICINE MEDICAL STUDENT INTEREST GROUPS TO MEET**

You may not be aware that all four medical schools in Michigan have active Internal Medicine Student interest groups which meet regularly to involve students in learning more about the career opportunities that general internal medicine and its subspecialties. This winter, under the

leadership of **Dianne Levine**, MD, FACP at Wayne State University School of Medicine, we are planning a special meeting, bringing together students and faculty leaders from MSU (MD and DO schools), UofM and Wayne State for a student-only poster session. Posters may be on a broad range of topics, for example "My First Patient", "My Summer Externship", "Reflections on Professionalism", as well as case and research reports. The Chapter has received a small grant from ACP National to support the costs of this effort. If you have some ideas about this forum and/or are interested in working with Dianne on this meeting, please contact me or our Chapter office (**Marty Muth** at 1-800-2472485 or [muthm@msu.edu](mailto:muthm@msu.edu))

### **NEW GOVERNOR'S COUNCIL MEMBERS**

Each year a third of the representatives to the Governor's Council have their terms expire and an election is held to fill these seats. This year Martha Gray from District 1 (Ann Arbor), **Sandy Shoicet**, MD, **Anna Lukowski**, MD and **Jim Clinton** were elected from District 2 (Detroit), and Paul Turner from District 7 (Petoskey/Traverse City) were elected. **Drs. Shoicet and Clinton** have served on the Council previously. New Council members include **Drs. Lukowski, Marshall and Turner**.

#### Anna Lukowski, MD

**Anna** was born and raised in Toronto, Canada and completed her undergraduate degree and medical degree at McGill University in Montreal, Canada. She completed



her internal medicine residency training and chief residency at Henry Ford Hospital in Detroit, Michigan. She is currently an Academic Hospitalist at Henry Ford Hospital in the Department of Internal Medicine. **Anna** is Program Director for the Transitional-year program and Associate Program Director for the

Internal Medicine Residency Program. She enjoys spending time with her family, golfing and canoeing.

**Michael A. Marshall, MD, FACP**

Mike is general internist and member of the Providence Hospital & Medical Centers academic teaching staff. He is a 1974 graduate of the Wayne State University School of Medicine, and completed his internal medicine residency training at Providence in 1979. He has a Masters Degree in Health Services Administration (MHSA) from the University of Michigan School Public Health (1996) with focus in Health Services Management & Policy. He is also an Assoc Clinical Professor of Medicine, WSUCOM & American University of the Carribean, St. Maarten, Netherlands Antilles

**Paul Turner, MD**

Paul is a general internist and partner in Milliken Medical, PLLC in Traverse City. Paul was born in Kalamazoo, MI but grew up in the Traverse City area. He earned a B.S. degree from the University of Michigan, graduated from Wayne State School of Medicine in 1997, and did internal medicine residency at the program at Butterworth



Hospital/Spectrum Health in 2000. He is married to Jennifer and lives with her and his two dogs, Jiff and Scooby in the home they built on Old Mission Peninsula.

Welcome to your ACP leadership roles  
Anna, Mike and Paul!

In Spring, 2008 we will again be presenting a slate of nominees, this time from the Upper Peninsula, Grand Rapids, Central (Lansing), Flint/Thumb and Ann Arbor areas.

If you are interested in serving as a District Representative to the Governor's Council or have someone to suggest please contact **Ruth Hoppe** ([hoppe@msu.edu](mailto:hoppe@msu.edu) or **Marty Muth** ([muthm@msu.edu](mailto:muthm@msu.edu)). The Nominations Committee will review all candidates and present the slate for email voting in June.

**SAVE THE DATES**

**ACP National Meeting: May 15-17, 2008,  
Washington DC**

**Michigan Chapter Associates Meeting: May 2,  
2008, Grosse Pointe War Memorial, Grosse Pointe  
Farms, MI**

**Michigan Chapter 2008 Annual Scientific  
Meeting: September 11-13, 2008, Hyatt Regency  
in Dearborn, MI**

**Visit the Chapter website at**

**[www.acponline.org/chapters/mi](http://www.acponline.org/chapters/mi)**