

LOUISIANA CHAPTER GOVERNOR'S NEWSLETTER FALL 2000

GOVERNOR'S CORNER

Greetings! The Fall Board of Governors Meeting was interesting. I'd like to share some of the latest College developments with each of you.

From the perspective of the College President, Dr. Sandra Fryhofer, FACP, there are three main challenges facing the ACP—ASIM. First, is the need to advocate for universal access to healthcare. This is important, for, as Dr. Fryhofer pointed out, the number of Americans who are either un-insured or under-insured is increasing at a rate of 100,000 per month; moreover, and contrary to popular opinion, nearly 80% of the un-insured are actually from working families! The fact that both un-insured and under-insured Americans are unable to readily access key preventive services is directly linked to a proclivity for poorer health outcomes. A second priority revolves around the issue of antibiotic resistance and the need to not only help clinicians modify existing practices, but to further educate our patients and the public at large to the fact that not all infections require antibiotic therapy. The third priority involves the "Doctors for Adults" campaign, but with an increased emphasis on Women's Health. The recently launched women's health initiative specifically seeks to facilitate a more widespread understanding of the fact that women's health is more than simply good "reproductive health,"—it involves an entire spectrum of health related issues, all of which can be exceptionally well managed by an Internist.

Another topic of discussion that a significant amount of time was devoted to surrounded board recertification. Dr. Harry Kimball, President of the American Board of Internal Medicine (ABIM), led a panel discussion which reviewed the ABIM's new recertification process, a process which is outlined in detail in the August 1, 2000 issue of the *Annals of Internal Medicine*. There is considerable concern from the perspective of the ACP-ASIM's Board of Governors that the revised process still requires an excessive amount of time and may be of limited relevancy to Internists who are pursuing career tracks outside of pure clinical medicine. There is no question that the College is actively engaged in this issue.

I welcome any comments, suggestions, and/or contributions for future newsletters. Do consider contributing to our new series...*A Day in the Life*...our first article is written by Dr. Cathi Fontenot, Associate Professor of Clinical Medicine, Chief, Section of Comprehensive Medicine at LSUHSC, Director of Student Health, and President of Medical Staff for the Medical Center of Louisiana at New Orleans. As you can see, Dr. Fontenot is *extremely* involved with several aspects of patient care, medical education and administration; she is also an active member of the ACP-ASIM as well.

And finally, I encourage you to attend our LA/MS Regional ACP-ASIM Meeting to be held in New Orleans, March 1-3, 2001, at the Windsor Court Hotel. It will be one to remember! Many thanks.

Charles V. Sanders, M.D., F.A.C.P., Governor, Louisiana Chapter

2001 Louisiana and Mississippi Chapters Scientific Meeting

**March 1-3, 2001
Windsor Court Hotel
New Orleans, LA**

Meeting Highlights:

- **Hypertension update**
- **Treatment Strategies for the New Millennium: CHF, DM, Valvular Heart Disease, Pneumonia, HIV**
- **The Treatment of Menopause**
- **Literature Update: Synopsis of major papers in the last 6 months**
- **Associates' Clinical Vignette Presentations**
- **Laureate Award Presentations and Dinner**
- **Med Quiz – Come cheer the house staff in this Jeopardy Style Competition**
- **The Electronic Medical Record: Computerizing the physician**
- **Chapter Business and Town Meetings**
- **The Role of the Hospitalist in the 21st Century**
- **Workshops: Hands-on refresher course in the GYN exam; Improving your skills in End-of-Life Care;
Medical applications for PDA's (Personal Digital Assistants)**

This educational activity has been designated for up to 11.5 CME credits.

Dear Colleague,

We invite you to join your colleagues and us in internal medicine at the next scientific meeting of the Louisiana and Mississippi Chapters of the American College of Physicians-American Society of Internal Medicine, being held March 1-3, 2001 at the Windsor Court Hotel in New Orleans.

This meeting is not just for ACP-ASIM members. We particularly want to invite nonmembers to join us for this important clinical update and learn about the benefits of membership at the same time.

In addition to earning 11.5 CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine.

- Greet old friends; meet new friends; and develop a network of colleagues in your area.

Between scientific sessions, please stop by the College display for an update on new programs, products and services, and to obtain details on the upcoming Annual Session in Atlanta.

To ensure your place at this invaluable meeting, complete the registration form on page 5 and send it in today. The opportunities available at this meeting will help you not only meet your needs as a physician, but also the needs of the patients you serve.

We look forward to seeing you in New Orleans.

Insert National Graphic
LA-MS Regional ACP/ASIM Meeting
Internal Medicine for the New Millennium

THURSDAY March 1, 2001

5:00 pm **Registration**

FRIDAY March 2, 2001

7:00 am **Registration/Continental Breakfast**
7:55 am **Welcome**
Charles V. Sanders, MD, FACP, Governor LA Chapter
8:00 am Treatment Strategies for the New Millennium: CHF
Frank Smart MD, FACP, TUHSC
8:30 am Questions and Answers
8:40 am Treatment Strategies for the New Millennium:
Valvular Heart Disease for the Internist
Michael McMullan, MD, FACC, U. of MS Medical Center
9:10 am Questions and Answers
9:20 am Treatment Strategies for the New Millennium: Diabetes
Frank Svec MD, PhD, Member, LSUHSC
9:50 am Questions and Answers
10:00 am **Break**
10:15 am Treatment Strategies for the New Millennium: Community-acquired
Pneumonia
George Karam MD, Member, Earl K. Long Medical Center
10:45 am Questions and Answers
10:55 am Treatment Strategies for the New Millennium: HIV
C. Lynn Besch MD, Member, LSUHSC
11:25 am Questions and Answers
11:35 am Treatment Strategies for the New Millennium: Management of Menopause
Sandra A. Fryhofer MD, FACP President ACP/ASIM
12:05 am Questions and Answers
12:15 pm **Lunch**
1:00-4:30 pm Posters available for viewing
1:15 pm LA/MS Chapter Business Meetings
2:15 pm Update by college representative
2:45 pm Town Meeting
3:15 pm Clinical Vignettes
4:45 pm Poster session (authors present)
5:00-6:30 pm Medquiz (House staff)
6:30 - 8 pm **Cocktails, Laureate Awards, Dinner**

SATURDAY March 3, 2001

7:00 am Continental Breakfast
7:15 am LA/MS Council Meetings
8:00 am Hypertension: an Update for the New Millennium
Paul Whelton, MD TUHSC
8:40 am Questions and Answers
8:50 am The Electronic Medical Record:
Computerizing the Physician
Steve Labkoff MD, Member, Pfizer Pharmaceuticals
9:30 am Questions and Answers
9:40 am Hospitalists: Their Role in the 21st Century
Jeff Wiese MD, member, TUHSC
10:20 am Questions and Answers
10:30 am **Break**
10:45 am Literature Update
Chief Medical Residents (Tulane/LSU)
Noon Adjournment

Insert Grill Room Photo

Insert Bedroom Photo

Insert Lobby Photo

Insert Courtyard Photo

Post Course Workshops 1:00 – 3:00 pm
(Requires separate Registration)

1. Improving your skills at end-of-life care
2. Refresher Course in the GYN Exam
3. Palm Pilot User Workshop

Faculty

Ceryl Lynn Besch, MD
HIV Division Director
Associate Professor of Clinical Medicine
Infectious Diseases Section
Louisiana State University Health Sciences Center

Sandra A. Fryhofer, FACP
President, ACP-ASIM
Clinical Associate Professor of Medicine, Emory University
School of Medicine, Practicing Internist, Atlanta, GA

Marc Kahn, MD, FACP
Associate Professor of Medicine
Residency Program Director
Tulane University Health Science Center

George Karam, M.D
Professor of Medicine, Head, Department of Medicine
Earl K. Long Medical Center, Baton Rouge, LA

Steven Elliot Labkoff, MD
Senior Manager
Medical Informatics
Pfizer Pharmaceuticals

Michael R. McMullan, MD, FACC
Assistant Professor of Medicine
University of Mississippi Medical Center

Frank W. Smart, MD, FACP
Professor of Medicine
Section of Cardiology
Tulane University Health Sciences Center

Frank Svec, MD, PhD
Professor of Medicine
Chief, Section of Endocrinology
Louisiana State University Health Sciences Center

Harold M. Szerlip, MD, FACP
Professor of Medicine
Director, Program for the Teaching and Assessment of
Clinical Skills
Tulane University Health Sciences Center

Paul K. Whelton, MD, MSc
Senior Vice President for the Health Sciences
Tulane University Health Sciences Center

Jeffrey Wiese, M.D.
Assistant Professor of Medicine
Chief, Tulane Medical Service, MCLNO
Department of Medicine
Tulane University Health Sciences Center

Workshop Descriptions

End-of-Life Care: An interactive approach

Physicians are asked almost daily to deal with death and dying. Providing appropriate care at the end-of-life is an essential part of medical practice. This workshop allows you to interact with a simulated patient under the guidance of a trained facilitator. Develop your skills in breaking bad news, understand the concerns of the patient, and learn about cultural and religious differences that are important for patient care. **Registration limited. Additional \$35.00 fee.**

A Refresher course in the GYN Exam

This hands-on experience using trained gynecologic teaching assistants (GTAs) will allow participants to be walked through both the pelvic and breast exam. The GTAs teach both the communication skills and the technical skills necessary to perform these sensitive exams. You will receive immediate constructive feedback. This educational experience is designed to re-polish your skills. **Registration limited. Additional \$75.00.**

Personal Digital Assistants: Medical applications

Learn about a variety of hand-held tools appropriate for clinical use including hardware platforms and software solutions. Learn about the use of portable digital photography in the clinical environment. Hear about a variety of tips and tricks for making your clinical work more efficient.

~Mission Statement~

Our mission is to promote high-quality, cost-effective health care for our patients by preserving and strengthening the practice of internal medicine, including all specialties, by vigorously supporting high standards of professionalism, excellence in medical education and research, strong advocacy for our patients and internists, and comprehensive service to our membership.

Your Room is Waiting ...

We have reserved a special block of rooms at the following rate until January 30, 2001.

Single/Double Occupancy: \$205

Windsor Court Hotel

300 Gravier Street

New Orleans, LA 70130

Room reservations are available at the Windsor Court Hotel: guest room \$215; junior suite \$265; full suite \$275. The rooms are available on a first-come, first-served basis, so please make your reservation as early as possible. When making your reservation, be sure to mention you are with the American College of Physicians meeting. **To reserve your room, call the hotel directly at 504-523-6000 or 1-800-262-2662**

How to Register:

1. Complete the attached registration form and return it with your fee to:
ACP-ASIM Louisiana Chapter
Attention: Elise Carlson
Department Of Medicine
LSU Health Sciences Center
1542 Tulane Avenue, Room 421
New Orleans, LA 70112
(504) 568-5722
2. Requests for refunds must be made in writing before February 15 and are subject to a \$25 administration fee.
3. To take advantage of the reduced rate for hotel accommodations, call the number listed under "Your Room is Waiting."

Registration Form

American College of Physicians-American Society of Internal Medicine

Louisiana and Mississippi Chapters Scientific Meeting

March 1-3, 2001

ACP-ASIM # (found on mailing label) _____

Name _____

Address _____

City _____ State _____ ZIP _____

Daytime Phone _____ Home Phone _____

Fax _____ E-mail _____

Registration Fees

Circle one category that best applies. Registration fee includes continental breakfast on Friday and Saturday; lunch Friday and attendance for you and your guest at Friday night's Laureate Award reception and dinner; and all scientific sessions and learning materials.

ACP-ASIM Categories

Master	\$195
Fellow	\$195
Member FEE	\$195
Associate FEE	NO FEE
Medical Student	NO FEE
Workshop Registration	
PDAs: Medical applications	-- Free
GYN Exam	-- \$75.00
End-of-Life Care	-- \$35.00

Nonmember Categories

Nonmember Physician	\$250
Medical Student	NO
Other, Nonphysician (Guests/Spouses)	NO

- o ***Check if you are disabled and require assistance. Attach a written description of needs and submit to the Louisiana Chapter at least 30 days prior to the start of the meeting.***

The Black Bag ***by Cathi Fontenot, MD***

One of my most prized possessions is the black doctor's bag given to me by grandparents at my medical school graduation. It symbolized the mission of the internist of years' past, diagnosis and treatment of disease with only the tools used to perform a physical examination. The "black bag" was as mysterious to patients in days of old as the magician's black hat, holding all equipment and treatments necessary to diagnose and cure ailments.

As physician's practices became increasingly office-based and patients visited physicians rather than the reverse, the black bag became unnecessary. After all, physician tools were available at the office or hospital and technological advances tempted physicians to rely increasingly on coulter counters, radiographs and automated chemistries for accurate diagnoses. Physicians are still likely to review laboratory work when available, before examining the patient.

As I began to practice medicine, the pressures to increase volume and provide more documentation to insurance companies and regulatory agencies began to encroach on time spent with each patient and the frustrations began. It was fairly early in my career that I dusted off my black bag, restocked it with the tools of my predecessors and looked for opportunities to visit certain patients at their homes. I didn't have to look for long, as an internist's practice typically has it's fair share of increasingly disabled individuals; the elderly woman with Alzheimer's whose loving husband cares for her at home; the gentleman with end stage renal and heart disease who opts for hospice care and ultimate death in his own surroundings; the woman with metastatic lung cancer who becomes unable to tolerate trips to the doctor's office.

Only the physician who chooses to make home visits can truly appreciate the added dimension to patient care they provide. The Alzheimer's patient seldom remembers my visits, but she and her husband share memories as they reminisce over wedding portraits and children's trophies from long ago. The gentleman with end stage renal disease who chooses to spend his last weeks with

grandchildren at home rather than spending every other day in a dialysis unit. The woman with metastatic lung cancer who shares her stories about her younger years as a beauty queen.

As today's internists fight battles with managed care and lose the continuity with our patients because of constantly changing insurance plans, we must rediscover our love of medicine and reconnect with our reasons for entering such a lofty and fulfilling career.

I challenge each of us to dust off our black bags and renew our commitments to patients and the art of medicine.

...a day in the life of a general internist...

NEW SERIES

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photo of black bag of
Dr. Sanders

Louisiana ACP-ASIM Chapter Launches a Newsletter for the South

by Chris D. Duprier, MPH, LA Chapter Medical Student Representative

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he Louisiana Chapter of the ACP-ASIM will be releasing its newsletter ***Southern Medicine*** in the next several weeks. The mission of ***Southern Medicine*** is to increase student participation in the ACP-ASIM by promoting internal medicine to all sophomore and junior medical students via a highly targeted, informative newsletter distributed to students in the South. Simultaneously, ***Southern Medicine*** seeks to increase student participation in local and state medical activities by promoting awareness.

Southern Medicine is designed to further expose medical students to the realism of internal medicine, and in turn, increase the yield of these students in the field. For the past several months I have worked with internal medicine leaders throughout the South to outline the mission and content of Southern Medicine. Southern Medicine will be a valuable addition to ongoing local and statewide ACP-ASIM activities. The newsletter will be delivered to all sophomore and junior medical students (approximately 4,000 students in 6 states at 16 medical schools) in the states of AL, TN, GA, MS, LA and TX. We have received commitment and funding for three newsletters for the upcoming academic year from the ACP-ASIM Governors in AL, GA, MS, TN, and LA. We are currently working with the ACP-ASIM Governors in TX and NC for their participation.

Southern Medicine will be piloted at a regional level for one year. After the pilot phase, the project will be evaluated at the national level for effectiveness. If the project is found to be successful, we will commence development of a national format. This can be achieved through the newsletter ***IMPACT*** which currently only goes to ACP-ASIM student members. A leading student editorial

board has been assembled from the participating states. Board members will determine topics for the newsletter and submitted content will be edited and granted final approval by the Governors. The Louisiana ACP-ASIM Chapter is very excited about the upcoming launch of ***Southern Medicine*** and we are committed to the success of this project.

New ACP-ASIM Louisiana Chapter Fellows elected on July 1, 2000

Benjamin B. Close, MD, FACP
David M. Grossman, MD, FACP
Jacques L. Guillot, MD, FACP
Lotuce L. Hamm III, MD, FACP
Lynn E. Hickman, MD, FACP
Jalal Joudeh, MD, FACP

New ACP-ASIM Louisiana Chapter Members elected in July, August, and September 2000

Azhar Afaq, MBBS
Fayyaz Ahmed, MD
Mohammed H. Ahmed, MD
Nabhan Alnabhan, MD
Juan C. Armstrong, MD
Gulnar Avaz, MD
Christopher M. Blais, MD
Chester G. Boudreaux, MD
Craig Broussard, MD
David A. Brown, MD
Thomas J. Campen, MD
James M. Carroll, MD
Patrick S. Chaftari, MD

George H. Karam, MD, FACP
Lisa A. Osberg, MD, FACP
Herminio Suazo, MD, FACP
Leonard C. Thomas, MD, FACP
Ulla J. Ule , MD, FACP

Sohail A. Chaudhry, MD
Cecilier H. Chen, MD
Richard T. Cooley, MD
Tracy L. Conrad, DO
E. Kemp Coreil, MD
Brian J. Cospolich, MD
Sammi M. Dali, MD
Thao P. Dola, MD
Cherie M. Drez, MD
Eric R. Ehrensing, MD
Richard W. Fincher, MD

Adeboye A. Francis, MD
Philippe M. Gauthier, MD
Mohammed A. Hadi, MD
Gary L. Hensley, MD
Jian Huang, MD
Muhammad Khalid, MD
Asad A. Khan, MBBS
Tariq Khan, MD
Ahmad S. Jalloul, MD
Susanti R. Le, MD
Ronald M. Lewis, MD
Eric J. Melancon, MD
Jina A. Miller, MD
Paul E. Miller, MD
Kalgi A. Modi, MBBS
Pedro Morales, MD
Akhil A. Parulkar, MD
Kamran Rasul, MBBS
Walter A. Rohloff, MD
Gerard F. Sique, MD
David D. Tran, MD
Ronald D. Wilcox, MD
Nalini A. Yelamanchi, MD

***Congratulations
to all new members and new fellows!!!***

The Louisiana
Chapter
of the
ACP-ASIM

**American College of Physicians—
American Society of Internal Medicine**
190 N. Independence Mall West
Philadelphia, PA 19106-1572

Governor's Newsletter

SOME IDEAS ON YOUR MIND?
**Please share them with us by submitting articles
for our next publication to
Tami Hotard, MA, ACP-ASIM Newsletter Editor,**

**at 1542 Tulane Ave., Rm. 455
New Orleans, LA 70112
504-568-3793 ph or 568-2127 fax
OR
e-mail: thotar@lsuhsc.edu**