

# Illinois Chapter GOVERNORS' NEWSLETTER

ACP  
AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

Summer 2006

Patrick J. Fahey, MD, FACP and Sara Rusch, MD, FACP  
*Governor, Northern Region and Governor, Downstate Region*



Patrick J. Fahey, MD, FACP  
*Governor, Northern Illinois Region*



Sara Rusch, MD, FACP  
*Governor, Illinois Downstate Region*

## GOVERNORS' CORNER

Don't miss the fall ACP meeting scheduled for October 13-14, 2006. This is a great chance to learn while enjoying Central Illinois! The planning committee chaired by Dr. **John Rogers** has created an outstanding program that is geared towards the practicing internist. Nationally recognized key note speakers include Dr. **Samuel Dagogo-Jack**, Dr. **Clifton Meador** and Dr. **David Flockhart**. In addition, regionally known speakers will discuss a range of internal medicine topics. Dr. **Robert Gibbons** of the ACP Board to Regents will speak on Redesigning Internal Medicine and Reforming the Payment and Delivery System. You will be able to interact with students and residents while enjoying the posters, abstracts and Trivia Bowl. The meeting starts at 8:30 on Friday 10/13 and concludes at noon on Saturday. ACP members, nonmembers, and allied health professionals are all welcome.

### Keynote speakers

Dr. **Clifton Meador** is a Professor of Medicine at Vanderbilt University School of Medicine and former Dean of the University of Alabama-Birmingham School of Medicine. Dr. Meador will challenge and entertain ACP members with his presentation, "*Symptoms of Unknown Origin*." His observations and wisdom were published in a series of famous articles in the New England Journal of Medicine and JAMA.

Dr. **David A. Flockhart**, MD, PhD, is a Professor and Chief of the Division of Clinical Pharmacology at Indiana University School of Medicine. ACP members will enjoy Dr. Flockhart's straightforward and dynamic style as he lectures on the topic of "*Drug interactions not to miss*." His website, "[drug-interactions.com](http://drug-interactions.com)" is a tool to improve rational prescribing. The website has been cited by the Washington Manual of Medicine and Therapeutics, and The Medical Letter, and receives approximately 2000 visits monthly.

Dr. **Samuel Dagogo-Jack** will speak on translating diabetes research into clinical practice. He is a practicing physician and professor of medicine at the University of Tennessee. He is a leader in research on diabetic outcomes. Dr. Dagogo-Jack is the principal investigator of the Epidemiology of Diabetes Interventions and Complications (DCCT-EDIC) trial. This study is a 10-year extension to the landmark Diabetes Control and Complications Trial (DCCT). Come and learn about the future in diabetes care.

To make it convenient, practitioners can sign up for either the full 1.5 day meeting or just come for Friday or for Saturday. You may want to bring your family. Peoria is on the bluffs of the Illinois River and located about 3 hours by freeway from either Chicago or St Louis. You and your family can enjoy shopping, a river boat casino, good restaurants and a lovely riverfront. See [www.peoria.org](http://www.peoria.org), [www.peoriaparks.org](http://www.peoriaparks.org), or [www.theshoppesatgrandprairie.com](http://www.theshoppesatgrandprairie.com) to look at examples of community opportunities.

The meeting Agenda is published on page 4. To obtain a registration form, go to [www.acponline.org](http://www.acponline.org). Click under chapter websites, then click on Illinois and finally click news and meetings. Alternatively, call **Deb Scarcliff** at 309.655.7481 between 7AM and 3:30 M-F to register or obtain a brochure.

We look forward to seeing you!

Sincerely,

**Sara L. Rusch, ACP Governor Illinois Downstate Region**  
**Patrick J. Fahey, Governor Illinois Northern Region**

## ASSOCIATES CORNER

The ACP alternates its annual Illinois State meeting between the Northern and Downstate Regions. The Downstate Region is hosting this years meeting and all Associate and Student members are welcome. The Downstate Associates meeting is combined with the annual State meeting in Peoria scheduled for October 13 and 14. This is a great chance to learn while enjoying Central Illinois! Residents and students must register but there is no fee to attend the meeting. The planning committee, chaired by **John Rogers**, FACP, has created an outstanding program that is geared towards the practicing internist. In addition, there are workshops specifically for Associates, including one on being successful in resident research and another on career options after residency. Associates from both the Northern and Downstate Illinois regions are eligible to submit poster abstracts, and the guidelines are available on the ACP Illinois chapter website. The Trivia Bowl competition will be between the Downstate Region's residencies. Come enjoy the camaraderie and learning opportunities of the state ACP meeting. Nationally recognized keynote speakers include Dr. **Samuel Dagogo-Jack**, Dr. **Clifton Meader**, and Dr. **David Flockhart** (refer to related article). In addition, regionally known speakers will discuss a range of internal medicine topics. You will be able to interact with other students and residents while enjoying the posters, presentations and Trivia Bowl. Questions regarding the poster competition should be directed to Dr. Meenakshy Aiyer at [aiyer@uic.edu](mailto:aiyer@uic.edu).

Rush University Medical Center will host Associates Day for the ACP Northern Region on October 31 with the theme "*Medical Mysteries*" marking the day. The Chief Medical Resident's at Rush are preparing an exciting program not to be missed. Dr. **Carlynn Crevier**, CMR, will accept poster and vignette abstracts electronically at [carlynn\\_h\\_crevier@rush.edu](mailto:carlynn_h_crevier@rush.edu). The deadline for abstracts is Monday, October 2nd. However, participating programs must submit the names of their presenters and Jeopardy team members by Friday, September 29th. Remember that all participants must be Associate or Student members of the ACP to compete. On-site registration will begin on Tuesday, October 31st at 9:00 am in the Searle Conference Center of Rush University Medical Center. Additional information may be obtained on the ACP Illinois chapter website, or by e-mailing Dr. Carlynn Crevier at [carlynn\\_h\\_crevier@rush.edu](mailto:carlynn_h_crevier@rush.edu).

**VISIT THE ILLINOIS CHAPTER WEBSITE AT**  
**[WWW.ACPONLINE.ORG/CHAPTERS/IL/](http://WWW.ACPONLINE.ORG/CHAPTERS/IL/)**

## 2006 LEADERSHIP DAY REPORT BY GARY RULL AND SEAN O'CONNOR

The 2006 ACP Leadership Day was held on May 16th & 17th, 2006 in Washington, D.C. The Illinois Downstate ACP Chapter was represented by Gary M. Rull, M.D. (Member) and Mohammed Parvez, M.D. (Associate), both from Springfield. The Northern Illinois Chapter was represented by **Raymond Curry**, M.D. (Fellow), **Jean Luc Benoit**, M.D. (Member), **Lena Palmer**, M.D. (Associate), **Sean D. O'Connor**, M.D. (Fellow), **John F. Schneider**, M.D., Ph.D. (Fellow), Northern Illinois Governor **Patrick J. Fahey**, M.D. (Fellow), and Immediate-Past President of the ACP, **C. Anderson Hedberg**, M.D. (Master).

As part of the event, a day-long educational session was held May 16 where attendees learned more about communication skills needed to better interact with legislators, government administrators, and members of the media. Participants also listened to panel discussions and presentations by Members of Congress and staff of key Congressional committees involved in many aspects of health care legislation. The day's session was finished with the annual Key Contact Awards dinner that recognized individuals who distinguished themselves in advocacy over the last year. Dr. **Vineet Arora**, M.D. (Associate), member of the national Associates Council, was recognized for her continued advocacy work, including her recent testimony to a congressional panel regarding the changing face of internal medicine.

Key ACP issues that were emphasized during the day on the Hill include: (1) increasing the Medicare relative values for currently undervalued E&M services; (2) replacement of the outmoded SGR formula currently used to calculate Medicare payments; (3) working to develop an Advanced Medical Home; (4) working to link physician payment to quality; (4) reducing the number of uninsured/underinsured; (5) professional liability reform; (6) development of health information technology; (6) funding for health programs; and (7) student loan debt relief.

The culmination of the event was face-to-face meetings with representatives of the Illinois Congressional delegation to advocate for these issues. Physicians from the Northern region met with the Health Care Liaison for Congressman **Rahm Emanuel** (5th Congressional District) for a very detailed and thoughtful discussion on issues surrounding the Advanced Medical Home. Congressman Emanuel's position on these issues was clearly behind the college's initiatives. Drs. **Rull** and **Parvez** met with Representatives **Ray LaHood** (18th Congressional District) and **John Shimkus** (19th Congressional District). Both Congressmen seemed very supportive of the causes that the ACP is championing.



Members from the Illinois delegation, left to right: John Schneider  
Mohammed Parvez, Gary Rull, Jean luc-Benoit

Additionally, a joint meeting with members of the delegations from both Illinois ACP regions was held with the health care liaison for Senator **Durbin** where we advocated many of the issues outlined above. Senator Durbin's Health Care Aide was very candid in discussing the challenges that the Senate faced in addressing our concerns, but expressed the Senator's unconditional support for the ideas that the College represented.

Leadership Day serves as one means of advocacy for issues facing members of the ACP. Participants learn more about the workings of Congress and the Executive branch as it pertains to health care policy while championing causes pertinent to the practice of internal medicine. It is certainly a unique and enlightening experience!

Please consider participating in Leadership Day in 2007 on May 15-16. In the meantime, please support the advocacy efforts of the ACP by contacting Senators **Obama** and **Durbin** and your U.S. Representative today and urging their support for the key issues outlined above.

More information about ACP advocacy can be found on the ACP website at: <http://www.acponline.org/advocacy/>



A beautiful day on Capitol Hill



Lena Palmer, IL Associate

Photographs courtesy of Ray Curry, FACP

## ANNUAL SESSION HIGHLIGHTS

Once again, several Illinois members were honored at Annual Session in Philadelphia as recipients of national awards. Congratulations to **Whitney W. Addington** who received the *Alfred Stengel Memorial Award*, **Susan H. Hou**, who received the Richard and Hinda Rosenthal Foundation Award #1, **Warren W. Furey**, who received the *Ralph O. Claypoole Sr. Memorial Award* and **Susan Thompson Hingle** who received the *Walter J. McDonald Award for Young Physicians*. Congratulations to our new Masters, **Earl R. Ensrud**, **C. Anderson Hedberg** and **David E. Steward**. Those members who attended the Convocation ceremony also had the privilege of experiencing our own Dr. Andy Hedberg eloquently deliver the President's Address.

It was an evening of celebration that culminated at the Illinois reception at Maggiano's Little Italy where the award recipients and new Fellows were presented. One of the many benefits of ACP membership is the experience of fellowship that so many of our members remark upon. We encourage you to become an active participant in ACP activities, on both a national and local level. And remember the ACP's Recruit-a-Colleague program, which offers member incentives for recruiting your colleagues!

We hope to see you in San Diego for the 2007 Annual Session!

## 2006 ILLINOIS CHAPTER SCIENTIFIC MEETING

OCTOBER 13 AND 14, 2006  
HOLIDAY INN CITY CENTRE  
PEORIA, ILLINOIS

## SCIENTIFIC PROGRAM AND SPECIAL EVENTS

**Friday, October 13, 2006**

**7:30 a.m. Continental Breakfast and Registration**

**8:30 Welcome and Introduction**  
Sara L. Rusch, MD, FACP

**9:30 Excellence in Diabetes Management: Translating Research into Practice**  
Samuel Dagogo-Jack, MD, FACP

**10:30 Break**

**10:45 Symptoms of Unknown Origin**  
Clifton Meador, MD

**11:45 Break (Associate Poster Viewing)**

**Noon ACP Update: In Pursuit of Quality and Equity: Redesigning Internal Medicine and Reforming Payment and Delivery System**  
Robert Gibbons, MD, FACP

**1:00 p.m. Break and Poster Viewing with Dessert**

**1:30 Breakout Session I**  
**1. Arrhythmia Interpretation Challenge**  
Steve Swiryn, MD

**2. Challenging Acid-Base Disorders for Internists**  
Andrew Bland, MD

**3. Research During Residency: How to Get Started, How to Be Successful**  
Jacqueline Fincher, MD, FACP

**2:15 Breakout Session II**  
**1. Arrhythmia Interpretation Challenge**  
Steve Swiryn, MD

**2. Challenging Acid-Base Disorders for Internists**  
Andrew Bland, MD

**3. Life After Residency: What Are My Career Options?**  
Internal Medicine Physician Panel Discussion

**3:00 Break**

**3:15 Associate Oral Abstract Competition**

**4:15 Trivia Bowl**

**5:30 Cocktails**  
(Holiday Inn City Centre Hamilton Room)

**6:00 Awards Dinner**  
Holiday Inn Day City Centre Hamilton Room)

**Saturday, October 14, 2006**

**7:30 Continental Breakfast**

**8:30 Emerging Pathogens 2006 The Epidemiology and Clinical Presentation of Community-Associated MRSA Infections**  
Richard McDonnell, MD  
**Refractory Clostridium Difficile Colitis Secondary to a New Epidemic Strain**  
John Farrell, MD  
**The Next Influenza Pandemic**  
David Slagle, MD, FACP

**9:45 Break**

**10:00 Acute Treatment of Intracerebral Hemorrhage**  
David Wang, DO  
**Blood Pressure Management in Acute Stroke**  
Arun Talkad, MD

**11:00 Rheumatoid Arthritis Management for the Primary Care Physician**  
Mark Getz, MD  
**The Non-Surgical Approach to Low Back Pain**  
Clark Rians, MD

## **SUPPORT YOUR CHAPTER THROUGH CHAPTER DUES**

Chapter dues are the backbone of local activities and vital to the success of our chapter. While we are provided some financial support from the national office, the chapter dues collected provide the majority of financial support for local activities. Educational meetings, mentoring programs for medical students, local Associates' research competitions, and participation by chapter leaders in Leadership Day on Capitol Hill are just some of the activities supported by your chapter dues. These activities are orchestrated by many unpaid volunteer leaders in our chapter. However, activity at the local level requires staff support to manage the day-to-day operations of the chapter. Your chapter dues help support staff expenses and provide funding for new and existing initiatives. Please remember to include your chapter dues payment -- you will be contributing to the success of many grass roots activities happening right here at home.

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