

Colorado Chapter GOVERNOR'S NEWSLETTER

ACP
AMERICAN COLLEGE OF PHYSICIANS
INTERNAL MEDICINE | *Doctors for Adults*

Summer 2005

Frederic B. Walker, IV, MD, FACP
Governor, Colorado Chapter

GOVERNOR'S CORNER

As of the Annual Session, I am now officially in office, no more honeymoon. As many of you know I have practiced general internal medicine in Grand Junction since 1992. My practice is busy, but with the children grown, three understanding partners, and a supportive spouse, I should have time and energy to devote to the Chapter as Governor.



My areas of concern include:

- Bringing Colorado's internists' concerns to the Board of Governors.
- Encouraging ACP initiatives to help us maintain skills, knowledge, and job satisfaction in the face of changing practice patterns and reimbursement.
- Being sure our voice is heard in the Colorado legislature.
- Maintaining the quality and spirit of our annual chapter meeting.
- Increasing membership from the present 1700 to at least 2000.
- Encouraging candidates for Fellowship.
- Being sure all our members are aware of opportunities and assistance available from the ACP.

This is my first newsletter, and I hope you find it informative and useful. If you have any reports or insights pertinent to our work, pictures, or creative writing of interest to internists please send them to me and I will try to find a home for them

Governorship is a four year tour, and I will need lots of help. Please take time to nurture our Chapter, be it attending our state meetings, volunteering for committees, or recruiting more members from your peers.

Jim Regan jregan@du.edu has volunteered to chair our Membership Committee and is currently going through the Colorado Medical Society membership rolls looking for internists who are not ACP members. We all need to help him identify potential new members. When I went to ACPOnline and reviewed ACP members in my community I was surprised to find many of my fellow internists I see on a daily basis are not members. The College is presently offering a \$100 credit on your dues for each member you recruit. In addition the College plans a mail campaign in July to non-member internists. If you would be willing to join the membership committee please contact Jim or the Chapter Office.

Dave Downs has volunteered to head our Health and Public Policy Committee. Current circumstances regarding access to care, the cost and quality of care, and the current and potential impact of state legislative activity on healthcare provide good reasons for the chapter to become more active in public policy discussions. Activities of the committee might include education and advocacy for TABOR reform, position development for policy and legislation affecting Internal Medicine and our patients, quality initiatives, primary care revitalization, etc. Those interested in becoming active and in defining the mission and goals of a revived Health and Public Policy Committee should contact **Dave Downs** at dave.downs@uchsc.edu in the next week or two. Once a critical mass of members can be reached, a sit-down meeting (probably in Denver) will be set up to get the ball rolling.

Heather Shull is chairing the Program Committee and plans are underway for another stimulating scientific program for our Chapter meeting at the Broadmoor, February 2-4, 2006. Please be sure to keep your schedule clear so you can attend. If you have any suggestions about new areas you would like addressed, please send them to Heather at Heather.A.Shull@kp.org

CHAPTER SCIENTIFIC MEETING

Our Chapter Scientific Meeting, held at the Broadmoor February 3-5 was a great success, thanks to the hard work of the program committee, chaired by **Marianne Novelli, MD**. A total of 126 physicians attended. The theme was “Ins and Outs: From Outpatient to Inpatient And Back Again” and speakers addressed diverse topics including metabolic syndrome, obesity, chronic kidney disease, immunology, end-of-life care, osteoporosis, and bridge therapy for patients on warfarin. Workshops on ventilator care, pressure ulcers, and recertification were offered as well. **Bob Doherty** from the ACP Washington office reviewed the political climate for internal medicine. Our College Representative, Board of Regents member **Barbara Shuster MD MACP** updated us on College activities and programs, including recertification, PIER, and the revitalization of internal medicine. **Dr. O'Brien** acknowledged our loss of **Dr. Lewis Barbato**, who passed away December 15, 2004 at the age of 96. Dr. Barbato belonged to the ACP for over 40 years and was a regular participant at our Chapter meetings.

As usual, the amenities of the Broadmoor were enjoyed by all, from the opening reception in the Gaylord Suite, to our meeting at the Golf Club, the Spa, and the many restaurants. Our banquet marked Dr. O'Brien's last meeting as Governor and the presentation of the Laureate Award to **Dr. Deb Parsons**.

Fees for the meeting do not begin to cover the expenses of meals, meeting rooms, and speakers' honoraria and travel. The exhibitors listed below helped us have a successful meeting at such a refined venue. If you encounter their representatives please express thanks for their support and encourage them to join us again in 2006.

Adventis Pharmaceuticals Inc
Boehringer-Ingelheim Pharmaceuticals
Center for Medicare and Medicaid Services
Colorado Permanente Medical Group
Lilly
Ortho-McNeil Pharmaceuticals
Pfizer Labs

THANKS KELLY!

The Annual Session in April marked the end of **Dr. Kelly O'Brien's** four year term as Chapter Governor. We all appreciate her hard work on our behalf. Under her direction the Chapter received the Chapter Excellence Award in 2001, 2002, and 2003. Over the last four years, she has assured the success of our annual Chapter Scientific meeting (including standing in for after dinner speakers who no-showed), and has encouraged Chapter participation from both Associates and Students. During her term she has helped many of us advance to Fellowship in the College and has joined us at Annual Session Convocation to mark our advancement.



At the national level as a member of the Board of Governors, Kelly represented us with a combination of flair and thoughtfulness. In addition to her comments on the floor regarding specific issues and resolutions she served on the Postgraduate and Chapter Education committee from 2001-03. The committee reviews and approves all CME applications for chapter meetings. She also served on the national Education committee from July 2002-June 2004.

The Chapter presented Dr. O'Brien a plaque and a copy of “Creative Healers” by **Edward Harris, Jr., MD, FACP** at the Chapter meeting in recognition of her contributions. She will continue to serve on the Council and will be helping our new governor with the details of the office.

CHAPTER LAUREATE AWARD



A highlight of the Chapter Annual Meeting was the presentation of the Chapter Laureate award to **Dr. Deb Parsons** by **Dr. Kelly O'Brien**. For those members not at the meeting, the following is the text of the Laureate Award Brochure.

Dr. Deb Parsons is a Colorado native through and through. She was raised in unincorporated Golden and attended Wheatridge high school where she excelled academically, was a gymnast, swam competitively and was head cheerleader. She continued to swim competitively at CSU, studying biology including a term at Coos bay, Oregon in Marine Biology. After college, she entered the Masters Program in exercise physiology at the University of Wisconsin at LaCrosse. While there, she worked as a phlebotomist and found herself frequently having difficulty leaving patients, especially when caregivers were there. She had been exposed to the life work that captured her imagination and has sustained a career of learning, teaching and giving.

After finishing medical school at UCHSC and an Internal Medicine Residency at Presbyterian/St. Lukes Medical Center in Denver, Dr. Parsons' life as a teacher began. She served as Chief Medical Resident in the 1987-88 academic year and transformed that position by defining a curriculum for medical students that continues in its essential form to this day. She continued teaching as part-time faculty at P/SL after going into private practice until 1992, when she joined the faculty of the Internal Medicine Residency Program at St. Joseph Hospital in Denver where she now serves as the Associate Program Director and President-Elect of the medical staff.

One of the great joys in Dr. Parsons' life has been teaching and mentoring medical students. She teaches by example in the clinic, through lectures, on physical findings rounds and using case studies that require students to interpret real life data and generate their own diagnoses. She is an Associate Clinical Professor of Medicine at UCHSC where she teaches students in the communications curriculum and the Foundations of Doctoring Course. In 1996, the same year she became a fellow of the College, Dr. Parsons was selected to receive the Outstanding Clinical Faculty Medical Student Teaching Award. Her involvement at the University includes participation on the Primary Care Curriculum Steering Committee and as a member of the Needs Assessment Committee for the University's annual Internal Medicine Conference in Estes Park.

She founded the medical student committee of the Colorado ACP and chaired it from 1994-2001. She has been very active in other ACP activities, particularly those related to students and residents. In 2001-2002 she chaired the program committee for this meeting.

In addition to her contributions to the College, the University, her training program and to the many fortunate medical students that have had the privilege to learn with her, Dr. Parsons has given generously of her time, talent and treasure to the physician community and the community at large. She has been active with the Denver and Colorado Medical Societies and serves as a volunteer in a variety of roles from board member of the St. Joseph Hospital Foundation to volunteer scuba diver at Colorado's Ocean Journey.

Dr. Deb Parsons is a renaissance woman, exceptional in her grace, compassion, intelligence and generosity. She is truly deserving of the Colorado ACP Laureate Award.

---VISIT OUR CHAPTER WEBSITE---

<http://www.acponline.org/chapters/co>

ANNUAL SESSION NEWS

Sixty-seven Colorado ACP members pre-registered for the Annual Session in San Francisco. The educational program was stimulating, pertinent, and varied. The College continues to offer innovative sessions to best address our needs. This year the Multiple Small Feedings of the Mind sessions were especially good. Five of our members were inducted as new Fellows at the 2005 Convocation ceremony. The new fellows are:

Werner Baumgartner, MD, FACP, Lakewood
Aaron Caleron, MD, FACP, Denver
Katherine Fitting, MD, FACP, Fairplay
Kelly Foley MD, FACP, Arvada
Steven Freeman, MD, FACP, Aurora

The Colorado Chapter joined several neighboring states in hosting a regional reception on Friday night at the Grand Hyatt on Union Square. Approximately 60 members and guests joined us to talk over old times and make some new friends. Try to join us next April, when the Annual Session will be in Philadelphia.

RECERTIFICATION NEWS

Over the past year, a collaborative working relationship between the American College of Physicians (ACP) and the American Board of Internal Medicine (ABIM) has resulted in ABIM's granting credit for ACP's Medical Knowledge Self-Assessment Program 13 (MKSAP 13) to fulfill part of the requirement for maintenance of certification.

The MKSAP substitution option was designed to offer recertifying physicians an alternative method to the ABIM Self-Evaluation Process (SEP) modules for fulfilling the maintenance of certification requirement for self-assessment of medical knowledge. By using MKSAP, candidates can simultaneously fulfill this requirement while studying for the closed book examination. In addition, the MKSAP substitution option has been designed to incorporate immediate feedback as well as education (and links to educational resources) into the self-evaluation process.

How does the MKSAP substitution option work?

The MKSAP substitution option is available to MKSAP 13 subscribers (either print or CD-ROM subscribers) as a no-cost benefit. The entire process is completed electronically. Candidates use their MKSAP subscriber privileges to access up to four question modules via the Internet, download them to their computer, answer the MKSAP question sets, and, using their ABIM candidate number, submit their responses via the Internet for ABIM recertification credit. MKSAP 13 subscribers who have registered with ABIM for maintenance of certification can initiate the process by accessing the following: <http://www.acponline.org/mksaprecert/>

SAVE THE DATE

Scientific Meeting
February 2-4, 2006
Broadmoor Hotel
Colordao Springs

ODDS AND ENDS

We have been asked by CFMC to support their DOQ-IT initiative to provide expertise on electronic medical records to individual physicians and practices. Support from local state physician organizations is required by DOQ-IT regulations and a letter of support from our Chapter has been provided. In addition we will be adding a link to DOQ-IT on our Chapter website, <http://www.acponline.org/chapters/co/>. For additional information, contact CFMC Informatics Quality Improvement Advisor **Cynthia King**, RN, BSN, MSCIT, at cking@coqio.sdps.org or 303-306-4483.

ACP was well represented at the Colorado Medical Society Leadership Conference in Vail last month. Attendees included **Rick Walker, Chris Unrein, Dave Downs, Deb Parsons, Mark Levine, Bob McCartney, Bronwen Magraw, Melvin Stjernholm, and Ellen Burkett**. Physician support for Referendum C was a major topic, as well as potential legislative remedies for the reimbursement problems for medical care in Colorado.

The Foundations of Doctoring Curriculum at CU has requested support from our membership in serving as preceptors for their course. Physicians invite medical students to join them in their office one afternoon a week. Mentoring students is one of the best ways we can encourage young physicians to embrace our specialty, and our Council has voted to endorse this activity. Members are encouraged to contact **Dr. Brian G. Dwinnell, MD** at (303) 315-1546 if they would like to participate.

Lela Mansoori, MD received the Chapter Medical Student Award for exemplary performance in Internal Medicine at the UC Medical School Graduation ceremony. Lisa Schilling, M.D., ACP Student Liaison presented the award on behalf of the Chapter.

ASSOCIATE MEETING WINNERS

**CONGRATULATIONS TO
OUR WINNERS!!!**

Presentation:

1st place: Getting Drunk Without a Drink: Cassandra Pagano, MD, Associate, UCHSC

2nd place: Painless Jaundice Secondary to Autoimmune Sclerosing Pancreatitis:
Michelle Kohara, MD, Associate, Exempla Saint Joseph Hospital

3rd place: Ornithine Transcarbamylase Deficiency (OTD) in a 49-year-old woman with Hyperammonemia:
Molly Colque, MD, Associate, Exempla Saint Joseph Hospital

4th place: Pure Red Cell Aplasia Due to Parvovirus B 19 Infection in a Renal Trans-plant Patient:
Howard Li, MD, Associate, UCHSC

Posters:

1st Place: Sulindac Metabolites Induce Apoptosis in Colon Cancer Cells by Selectively Downregulating the
Map Kinase Arm of EGF Recepto Signaling
Hanna Kraus, MD, Associate, UCHSC

2nd place: Chest Pain, ST Elevation, and Positive Cardiac Enzymes in Patients with
Normal Coronary Arteries: 2 Cases of Tako-Tsubo Cardiomyopathy:
Tahl, Humes, MD, Associate, Exempla Saint Joseph Hospital

3rd place: Availability of Controlled Substances in the Information Age: Timothy
Bresnahan, MD, Associate, UCHSC

4th place: Use of the Early Invasive Strategy in Older Patients with Acute Coronary Syndromes: Insights from the Premier Registry
Marvin Eng, MD, Associate

**ACP - ARIZONA CHAPTER
SEP-BASED LEARNING SESSIONS FOR RECERTIFICATION**

Date: September 30, 2005 **Location:** Hilton El Conquistador, Tucson, Arizona

Agenda: 8 a.m - 12:30 p.m. Outpatient Internal Medicine Module 87-F
12:30 - 1:30 p.m. Lunch
1:30 - 6:00 p.m. Internal Medicine Recent Advances Module 20-R
7:00 - 9:00 p.m. Governor's Reception (Optional)

CME: 4.5 Hours of Category 1 for each module

Cost: Registration fees to ACP - Arizona Chapter, \$100 per module
ABIM charges an additional \$125 per module for course materials

Register: Registration forms will be available on-line soon!

Hotel: Reservations can be made at the discounted rate of \$129 single/double prior to August 30, 2005.
Call the hotel directly at 520-544-5000. When making your reservation, please mention the ACP - Arizona Chapter to receive the discounted rate.

Attendees may consider participating in the ACP - Arizona Chapter Meeting on October 1 and 2, 2005 for an additional fee of \$100. Eleven category 1 CME credits will be earned.

Questions?

Please contact Donna Seawards at
623-551-9518 or dlseawards@cox.net