

September 7, 2009

**ACP AZ Chapter  
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# Transitions

An ACP Associate Newsletter

Check out the ACP Website for Resident & Medical Student resources!

[www.acponline.org/chapters/az](http://www.acponline.org/chapters/az)

## Upcoming Events

### ACP ARIZONA CHAPTER MEETING :

- September 25-27, 2009
- At the Doubletree Hotel Reid Park in Tucson, AZ
- Poster presentations for Clinical Vignette and Original Research  
Over 130 poster abstracts have been accepted!
- Oral presentations for clinical vignettes and original research
- Doctor's Dilemma medical jeopardy
- Cash awards for some categories, plus winners can go to the  
2010 National Meeting in Toronto
- Associates Special Meeting: Financial Planning— Sat. Sept. 26, 3:00- 3:45  
by Michael Abbate, a financial planner who specializes in  
helping physicians
- Register [online](#) now!!

### FUTURE JOURNAL CLUB DATES :

- January 13, 2010; Host & Location: Maricopa County Hospital
- May 12, 2010; Host & Location: St. Joseph's Hospital

### FUTURE JOURNAL CLUB DATES *EXCLUSIVELY*FOR MEDICAL STUDENTS:

- October 15, 2009; Host & Location: UACOM Phoenix Campus  
UACOM Tucson Attending Via Teleconference

Want to know what's going on in the healthcare debate?

**Become A Key Contact Today!**

see page 3 for details

*Help the underserved by donating your non-expired medications and supplies at the Journal Club*



## Community Service and Outreach Opportunities

ACP AZ Chapter is involved in bringing healthcare to the underserved in both our local communities and in places around the world.

**Please Donate! Bring your medications / supplies to the Journal Club, the Chapter Meeting, or to your ACP Associate's Council Member**

Our Beneficiary:

**University of Arizona's Commitment to Underserved Peoples (C.U.P.) program** to benefit the poor, refugees and victims of domestic violence in the Tucson and Phoenix areas.

### Commonly used medications & supplies:

- \*Advil (adult, children, and infant)
- \*Alcohol wipes
- Albuterol inhalers
- \*Analgesic medications
- Antacids/H<sub>2</sub> blockers
- Antibiotics
- Antidepressants
- Anti-hypertensives
- Anti-parasite medications
- Anti-diarrhea medications
- \*Band-Aids (all sizes)
- \*Bandage and tape
- \*Benadryl
- Beta Blockers
- \*Children's cold and cough medications
- \*Children's liquid Tylenol and Advil
- Cipro
- \*Gloves
- Pregnancy tests
- \*Hydrocortisone cream
- Inhalers
- Keflex
- Lipid lowering medications
- \*Lice Medication
- Miconazole 2% cream
- \*Moisturizing cream
- \*Multivitamins (adult & children)
- \*Neosporin cream (antibiotic)
- Oral diabetes medications
- Serevent
- \*Sudafed
- Thrush medication
- \*Toothbrushes & Toothpaste
- \*Tylenol (adult, children, and infant)
- \*Writing pens, pencils and paper
- Zithromax

*\* Items that can be purchased without a prescription*

We will be collecting these medications at all ACP Journal Clubs. Also, you can contact your chief to find out if there is a local donation collection at your hospital.

We, and the poor that it will benefit, look forward to your donation. If you have any questions please feel free to contact us at [donnasewards@hughes.net](mailto:donnasewards@hughes.net).

**ACP Arizona Chapter Meeting** September 26 -27, 2009

At the Doubletree Hotel Reid Park in Tucson, AZ

Register today [online!](#)

**Saturday, 9/26**

- 1:30 p.m. Doctor's Dilemma™
- 5:00 p.m. Poster Judging and Ice Cream Social
- 6:00 p.m. Social Event for Associates

**Sunday, 9/27**

- 7:00 a.m. Mentoring Breakfast
- 9:15 a.m. Oral Vignettes presented by seven Residency Programs
- 11:30 a.m. Doctor's Dilemma™ Final Round
- 12:00 p.m. Awards Presentation

**Advocacy**

Become a Key Contact!

Want to have a say in the decisions that affect the way you practice medicine?

Want to get updates on the issues?

Want to know what's going on in the healthcare debate?

Key Contacts communicate with their members of Congress on issues of importance to medical students, internists and their patients. They form a [grassroots movement](#) for the ACP to help pass legislature important to its members.

As [key issues](#) approach the decision-making stage on Capitol Hill, the College emails [legislative alerts](#) to Key Contacts. Legislative alerts include all of the necessary information (including sample messages that can be easily personalized) to make informative contacts with members of Congress.

Once enrolled as a Key Contact you can use the College's [Legislative Action Center](#) to respond easily to current ACP legislative alerts, identify your federal legislators, monitor important legislation, and e-mail or call your members of Congress.

How can you become a Key Contact?

ACP members can sign up online at [www.acponline.org/advocacy/key\\_contacts/enroll/](http://www.acponline.org/advocacy/key_contacts/enroll/).

Want to know where ACP stands on the issues?

ACP has a site called [Where We Stand](#), that outlines the issues and what we think about them. Topics include:

- Access to care
- Medical liability
- Health Plans and Insurance
- Healthcare technology
- Medicare issues
- Public Option Health Plan



*This is a big time in medicine for change. There are a lot of issues at hand, and we as physicians should be at the forefront of the debate. Become informed, become active, become a Key Contact today!*



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Get your message in the next newsletter:  
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[www.acponline.org/chapters/az](http://www.acponline.org/chapters/az)

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## ACP AZ Chapter Associate Council

The ACP Council Members are your resources for getting in touch with the ACP.

### RESIDENT COUNCIL MEMBERS

#### U of A THIMRP

Edna Wong McKinstry, MD  
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#### Banner Good Samaritan Medical Center

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#### Mayo Clinic Arizona

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#### St. Joseph's Hospital & Medical Center

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